Saturday, June 15, 2019 — 3rd Annual Thyroid Cancer Survivors' Manhasset Workshop

Program Schedule

8:30 – 9:00 a.m.

Registration, displays, informal conversation. *Lobby, Conference Rooms*

9:00 – 9:15 a.m.

Welcome and get acquainted.

Abby & Miguel Melendez, ThyCa Long Island Support Group Facilitators

9:15 - 10:15 a.m.

Thyroid cancer 101.

Deirdre Cocks Eschler, MD., Endocrinologist

10:15 – 10:30 a.m. Break

10:30 - 11:00 a.m.

Thyroid Cancer Care Collaborative Online Thyroid Registry. Martha Griffin, Outreach Coordinator at Thyroid Cancer Care Collaborative, and Quinn O'Malley, Research Associate at Thyroid Cancer Care Collaborative

11:00 – 11:15 a.m. Break

11:15 a.m. - 12:15 p.m.

I-131 (radioactive iodine) therapy in thyroid cancer management. When is I-131 used/not used in treatment, dose decisions, preparation, and follow-up, and monitoring.

Gene Tronco, M.D., Nuclear Medicine Physician

12:15 – 12:45 p.m. Lunch Break

(Get your lunch anytime in the morning and bring it to a session. There is an Au Bon Pain Café located in the main lobby.)

12:45 - 1:45 p.m.

Thyroid cancer diagnosis and treatment: A retrospective. Donald Margouleff, M.D., Nuclear Medicine Physician Emeritus

1:45 - 2:00 p.m. Break

2:00 – 3:00 p.m.

How much surgery is enough? David Myssiorek, M.D., Head & Neck Surgical Oncologist-Otolaryngologist/ENT

3:00 - 3:15 p.m. Break

3:15 – 4:15 p.m.

Stretch and relaxation.

Nina Triolo, E-RYT Yoga Instructor

4:15 – 5:00 p.m.

Closing remarks, raffle, workshop feedback and evaluations. Abby & Miguel Melendez

Thanks for attending!

Thank You to our Speakers...

Deirdre Cocks Eschler, MD., Endocrinologist, Stony Brook University Hospital, Stony Brook, NY

Martha Griffin, Thyroid Cancer Care Collaborative, www.thyroidccc.org, New York, NY

Donald Margouleff, M.D., Nuclear Medicine Physician Emeritus, North Shore University Hospital, Manhasset, NY; ThyCa Medical Advisor

David Myssiorek, M.D., Head and Neck Surgical Oncologist-Otolaryngologist/ENT, Bronxcare Health System, Bronx, NY; ThyCa Medical Advisor

Quinn O'Malley, Thyroid Cancer Care Collaborative, www.thyroidccc.org, New York, NY

Tina Triolo., E-RYT Yoga Instructor, Lovingbalanceyoga.com **Gene Tronco, M.D.,** Nuclear Medicine Physician, North Shore University Hospital, Manhasset, NY and Long Jewish Medical Center, New Hyde Park, NY

Thank You to our Workshop Organizers and Volunteers

- ThyCa Long Island Support Group, Manhasset, NY, Gary Bloom (ThyCa Executive Director), Theresa Wickerham, Cherry Wunderlich, and other support group members who offered their assistance
- Plus numerous "unseen" ThyCa Volunteers around the country who helped: Toll-Free Number Team, Email Team, and more

Special Thanks to...

- Northwell at North Shore University Hospital Miguel Parada & Phillip Drew for their technical assistance AbbVie American Cancer Society Costco Mist Pharmaceuticals Panera Bread Sanofi Genzyme Target Trader Joe's
- Donald Margouleff, M.D., who has sponsored us and secured a location for our monthly ThyCa Long Island support group meetings for 17 years.

How To Help — Visit <u>www.thyca.org</u> for details

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer New volunteers welcome at any time
- Become a ThyCa Member One year \$25, 2 years \$45, Lifetime \$225
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support Thyroid Cancer Awareness Month each September, worldwide.
 Sponsored by ThyCa

Come to the 22nd International Thyroid Cancer Survivors' Conference • October 18-20, 2019 • Denver, Colorado

Welcome to the

Thyroid Cancer Survivors' 3rd Manhasset Workshop

Saturday, June 15, 2019 FREE

8:30 a.m. - 5:00 p.m.

Northwell at North Shore University Hospital Tower Pavilion, 1st Floor, Tower Conference Rooms 1-3 300 Community Drive Manhasset, NY



Sponsored by

ThyCa: Thyroid Cancer Survivors' Association, Inc.sm www.thyca.org

A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

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