## Saturday, June 9, 2018 — 2nd Annual Thyroid Cancer Survivors' Manhasset Workshop

## Program Schedule

8:30 – 9:00 a.m. Registration, Displays, Informal Conversation Lobby, Conference Room

Welcome & Get Acquainted, Abby & Miguel Melendez, ThyCa Long Island Support Group Facilitators

There will be a 5-minute break between each session.

9:00 - 9:25 a.m.

**Thyroid Cancer Care Collaborative Online Thyroid Registry.**Craig Bickford

9:30 - 10:25 a.m.

Current Trends in the Surgical Management of Thyroid Cancer.
Justin Yozawitz, M.D., Endocrine Surgeon

10:30 - 11:25 a.m.

Ask a Nuclear Medicine Doctor.

Gene Tronco, M.D., Nuclear Medicine Physician

11:25 - 11:45 a.m. Lunch Break

Get your lunch anytime in the morning and bring it to a session. There is an Au Bon Pain Café located in the main lobby.

11:45 a.m. – 12:40 p.m.

Pain Management and Palliative Care: Managing Chronic or Severe Pain.

Donald Margouleff, M.D., Nuclear Medicine Physician Emeritus

12:45 – 1:40 p.m.

**Voice Issues Following Thyroid Cancer Treatment.** 

David Myssiorek, M.D., Head & Neck Surgical Oncologist-Otolaryngologist/ENT

1:45 – 2:40 p.m.

Preliminary Results of the Thyroid Cancer Intimacy Survey.

David Myssiorek, M.D., Head & Neck Surgical Oncologist-Otolaryngologist/ENT

2:45 – 3:40 p.m.

Hypothyroidism After Surgery: Medication, Blood Tests, and Feeling Your Best Self.

Carolyn Maxwell, M.D., Endocrinologist

3:45 – 4:40 p.m.

**Mindfulness for Stress Reduction.** 

Amanda Salazar, Ph.D.

4:45 – 5:00 p.m.

Raffle, Closing Remarks, Workshop Feedback and Evaluations.
Abby & Miguel Melendez

#### Thanks for attending!

Thank You to our Speakers...

**Craig Bickford,** Thyroid Cancer Care Collaborative, www.thyroidccc.org, New York, NY

**Donald Margouleff, M.D.,** Nuclear Medicine Physician Emeritus, North Shore University Hospital, Manhasset, NY; ThyCa Medical Advisor

**Carolyn Maxwell, M.D.,** Endocrinologist, Stony Brook University, Family Psychology of Long Island, Oakdale, NY

**David Myssiorek, M.D.,** Head and Neck Surgical Oncologist-Otolaryngologist/ENT, Jacobi Medical Center, Bronx, NY; ThyCa Medical Advisor

**Amanda Salazar, Ph.D.,** Creator of Mindful Mothering, Family Psychology of Long Island, Oakdale, NY

**Gene Tronco, M.D.,** Nuclear Medicine Physician, North Shore University Hospital, Manhasset, NY and Long Jewish Medical Center, New Hyde Park, NY

**Justin Yozawitz, M.D.,** Endocrine Surgeon, North Shore University Hospital, Manhasset, NY and Long Island Jewish Medical Center, New Hyde Park, NY

#### Thank You to our Workshop Organizers and Volunteers

- ThyCa Long Island Support Group, Manhasset, NY, Gary Bloom (ThyCa Executive Director), Theresa Wickerham, Cherry Wunderlich, and other support group members who offered their assistance
- Plus numerous "unseen" ThyCa Volunteers around the country who helped including the Toll-Free Number Team, E-Mail Team, and more

### Special Thanks to...

Northwell at North Shore University Hospital • Miguel Parada & Phillip Drew for their technical assistance • AbbVie • American Cancer Society • Costco • Mist Pharmaceuticals • Panera Bread • Sanofi Genzyme • Target • Trader Joe's

• Donald Margouleff, M.D., who has sponsored us and secured a location for our monthly ThyCa Long Island support group meetings for 16 years.



#### How To Help — Visit <u>www.thyca.org</u> for details

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer New volunteers welcome at any time
- Become a ThyCa Member One year \$25, 2 years \$45, Lifetime \$225
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support **Thyroid Cancer Awareness Month** each September, worldwide. Sponsored by ThyCa

Come to the 21st International Thyroid Cancer Survivors' Conference • October 19-21, 2018 • Chicago, Illinois

Welcome to the

# Thyroid Cancer Survivors' 2nd Manhasset Workshop

Saturday, June 9, 2018

FREE

8:30 a.m. - 5:00 p.m.

Northwell at North Shore University Hospital Tower Pavilion, 1st Floor, Tower Conference Rooms 1-3 300 Community Drive Manhasset, NY



Sponsored by

ThyCa: Thyroid Cancer Survivors' Association, Inc.sm www.thyca.org

A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

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