Saturday, April 26, 2014 — 10th Annual Thyroid Cancer Survivors' Midwest Workshop

Program Schedule

7:00 - 8:00 a.m.

Registration, Resource Tables, *Lobby* **Slide Show Presentation,** *Conference Room*

8:00 - 8:15 a.m.

Welcome, Theresa Wickerham & Tom Engle,

ThyCa St Louis Support Group Facilitators

8:15 - 8:40 a.m.

Support Group Roundtables - Getting acquainted.

Roundtable: Sharing Our Experiences. Roundtable: Informal Discussion. Caregivers

8:40 - 8:50 a.m. Break

8:50 - 10:20 a.m.

Follow-Up of Patients with Well-Differentiated Thyroid Cancer.

Irini Veronikis, M.D., Endocrinologist. Mercy Medical Center, St. Louis

10:20 - 10:30 a.m. Break

10:30 – 11:40 a.m.

The Affordable Care Act and What it Means to You.

Cora Walker, J.D., M.P.H. Attorney Missouri Foundation for Health *Cafe*

What a Patient Should Know about Their Thyroid Surgery.

Brendan C. Stack Jr., M.D., Head and Neck Surgeon, University of Arkansas for Medical Sciences *Conference Room*

11:40 - 11:50 a.m Break

Note: In addition to our speakers, we are pleased to announce these special guests and resources, available during the day.

- * Genzyme provided us with their materials for display.
- * Personal Health Manager Packets from American Cancer Society
- * Sandy Rausch Aromatherapy Coach Aroma Yoga
- * Verna Hopkins Licensed Massage Therapist & EFT Practitioner

11:50 a.m.- 1:00 p.m. Lunch and Learn

Moving Beyond Cancer: A Prescription for Health.

Richard Thompson, M.A., D.C., C.C.W.P., Vibrant Living Chiropractic, Frontenac, MO

1:00 - 1:10 p.m. Break

1:10 - 2:10 p.m.

The Power of Touch and Our Senses.

Verna Hopkins, Licensed Massage Therapist and EFT Practitioner

2:10 - 2:20 p.m. Break

2:20 - 3:30 p.m.

I-131 Treatment and Follow Up.

Perry Grigsby, M.D., Radiation Oncologist, Washington University School of Medicine, St Louis

3:30 - 3:40 p.m. Break

3:40 - 4:30 p.m.

Roundtable Discussion, Closing Remarks, Workshop Feedback and Evaluation

Thanks for attending!

Thank You to our Speakers...

Irini Veronikis, M.D., Endocrinologist. Mercy Medical Center, St. Louis

Cora Walker, J.D., M.P.H., Missouri Foundation for Health, St. Louis Brendan C. Stack Jr., M.D., Head and Neck Surgeon,

University of Arkansas for Medical Sciences

Richard Thompson, M.A., D.C., C.C.W.P., Frontenac, MO

Verna Hopkins, Licensed Massage Therapist and EFT Practitioner, Waterloo, IL

Perry Grigsby, M.D., Radiation Oncologist, Washington University School of Medicine, St. Louis

Thank You to our Workshop Organizers and Volunteers

- ThyCa Support Group in St Louis, MO, and Belleville, IL Gary Bloom (ThyCa Executive Director), Cherry Wunderlich, Tom Engle, Ginny Kramer, Theresa Wickerham, Dan Wickerham, and other support group members who offered their assistance
- Plus numerous "unseen" ThyCa Volunteers around the country who helped: Toll-Free Number Team, E-Mail Team, and more

Special Thanks to...

David C Pratt Cancer Center • Katie Wrenn at American Cancer Society • Edie Dodson at Genzyme Therapeutics • Sandy Rausch • Verna Hopkins • Mercy Medical Center



How To Help — Visit www.thyca.org for details

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer New volunteers welcome at any time
- Become a ThyCa Member One year \$25, 2 years \$45, Lifetime \$225
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support **Thyroid Cancer Awareness Month** each September, worldwide. Sponsored by ThyCa

Come to the 17th International Thyroid Cancer Survivors'
Conference • October 17-19, 2014 • Denver, Colorado

Welcome to the 10th Annual

Thyroid Cancer Survivors' Midwest Workshop – St Louis

Saturday, April 26, 2014

FREE

8 a.m. – 4:30 p.m.

David C. Pratt Cancer Center (located at Mercy Medical Center) 607 South New Ballas Road, St. Louis, MO 63141



Sponsored by

ThyCa: Thyroid Cancer Survivors' Association, Inc.

www.thyca.org

A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

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