Welcome to the

Thyroid Cancer Survivors' Arizona Workshop

Saturday, March 3, 2007 8 a.m. - 4:30 p.m.

Conference Center at Scottsdale Healthcare, Shea Campus 9003 East Shea Boulevard, Scottsdale, Arizona



Organized by the ThyCa Phoenix Support Group in cooperation with the Virginia G. Piper Cancer Center at Scottsdale Healthcare

Sponsored by:

ThyCa: Thyroid Cancer Survivors' Association, Inc._{sm}

www.thyca.org

A national nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals. P.O. Box 1545, New York, NY 10159-1545 Toll-Free: 1-877-588-7904 E-mail: thyca@thyca.org

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Program

- 8:00 a.m-9:00 a.m. Registration
- 9:00 a.m.-9:15 a.m. **Welcome.** Gail Gundling and Joan Hedman, ThyCa Phoenix Support Group Facilitators
- 9:15 a.m.-10:15 a.m. Guidelines for Diagnosing Thyroid Cancer and Thyroid Nodules. Kristina B. Rudgear, M.D., Endocrinologist, Medical Director, Scottsdale Thyroid Institute, Scottsdale
- 10:15 a.m.-11:15 a.m. Ask the Surgeon About Thyroid and Neck Surgery. Peter H. Nutley, M.D., F.A.C.S., Head and Neck Surgeon, Phoenix
- 11:15 a.m.-11:45 a.m. **Roundtable: Using the Low-Iodine Diet.** Gail Gundling and Joan Hedman, ThyCa Phoenix Support Group Facilitators.
- 11:45 a.m.-1:00 p.m. Lunch in the hospital cafeteria or bring your own
- 1:00 p.m.-2:00 p.m. Recurring Disease Treatment for Papillary, Follicular, and Their Variants; Medullary; and Anaplastic

Carcinoma. Daniel S. Duick, M.D., F.A.C.P., F.A.C.E., Endocrinologist, Endocrinology Associates, Phoenix; Vice President, American Association of Clinical Endocrinologists; President, Academy of Clinical Thyroidologists; American College of Endocrinology; Director, Basic and Advanced Courses in Endocrine Neck Ultrasound

- 2:00 p.m.-3:00 p.m. Radioactive Iodine Treatment for the Thyroid Cancer Patient; Learn About the Scans. Calvin L. Lutrin, M.D., Medical Director, Nuclear Medicine Service, Banner Good Samaritan Medical Center, Phoenix
- 3:00 p.m.-3:45 p.m. **Community and Financial Resources for the Cancer Patient.** Suzanne Hyde, L.M.S.W., Medical Social Worker, Virginia G. Piper Cancer Center, Scottsdale
- 3:45 p.m.-4:30 p.m. **Physical Therapy After Your Surgery.** Tresha Baldwin, P.T., Physical Therapist, Owner, 360° Physical Therapy & Aquatic Centers, Tempe/Scottsdale and valley-wide

Thank you to

- Our Speakers
- The ThyCa Phoenix Support Group Volunteers
- The "Unseen" ThyCa Volunteers around the country who helped
- The Virginia G. Piper Cancer Center at Scottsdale Healthcare

For more information, visit www.thyca.org

- Visit our web site for more information about thyroid cancer treatment, research, and ThyCa's free support services, special events, and publications.
- ThyCa's web site has more than 600 pages, as well as links to more than 100 related medical web sites, organizations, and publications.
- More than 50 distinguished physician specialists, plus many other specialists, provide ongoing input and review for the web site's medical information.
- Numerous free downloadable publications are available on ThyCa's web site. These include the *Low-Iodine Cookbook*, thyroid cancer awareness flyers, fact sheets about thyroid cancer, materials in Spanish, and more.

How To Help

- Give Thyroid Cancer Awareness brochures to your friends and relatives. Tell them about ThyCa's free support services, educational events, and web site.
- Become a ThyCa volunteer
- Become a ThyCa member
- Donate to our Rally for Research 2007
- Spread the word about the

10th International Thyroid Cancer Survivors' Conference October 19-21, 2007 • San Francisco, California

• To find out more, visit the "How To Help" section of our web site **www.thyca.org**



Closing Remarks