

Saturday, May 12, 2012 – 11th Annual Thyroid Cancer Survivors' Mid-Atlantic Workshop

Program Schedule

8:00 - 8:45 a.m. Registration, Resource Tables, & Roundtables Open

Auditorium AC. Roundtable: Survivors & Caregivers.

Edu 4. Roundtable: Survivors & Caregivers.

Edu 1. Roundtable: Survivors & Caregivers.

8:45 - 9:00 a.m. Welcome. Sara Brenner

9:00 - 9:30 a.m.

Auditorium AC. Roundtable: Questions To Ask When First Diagnosed, Sharing Experiences. ThyCa Volunteers

Edu 4. Roundtable: Questions To Ask When First Diagnosed, Sharing Experiences. ThyCa Volunteers

Edu 1. Roundtable: Doctor-Patient Communications.

9:30 - 9:40 a.m. Break

9:40 - 10:45 a.m.

Auditorium AC. If You're New to Papillary or Follicular Thyroid Cancer: After Surgery and During the First Year, Understanding How Treatment and Follow-Up Is Tailored to Different Risk Levels. Jacqueline Jonklaas, M.D., Endocrinologist

Edu 4. Pediatric Thyroid Cancer: How is the Disease Different for Young People? Andrew Bauer, M.D., Endocrinologist

Edu 1. Roundtable: Exploring Clinical Trials. Cherry Wunderlich

10:45 - 10:55 a.m. Break

10:55 a.m. - 12 Noon

Auditorium AC. I-131 Therapy and Different Types of Follow-up Imaging: Questions and Answers.

Vijay M. Varma, M.D., Nuclear Medicine Physician

Edu 4. Thyroid Hormone Management (Levothyroxine) & Medication Interaction-Related Topics.

Kathleen Pincus, Pharm.D., B.C.P.S., Pharmacist

Edu 1. Roundtable: Living and Thriving With a Thyroid Cancer Diagnosis. ThyCa Volunteers

12 Noon - 12:50 p.m. Break, plus Lunch and Learn Sessions

(Get your lunch anytime during the morning and bring it to the session)

Auditorium AC. The Utility of Ultrasound in the Management of Thyroid Cancer Patients, and the Use of Salivary Endoscopy in the Management of RAI-Induced Sialadenitis (inflammation of a salivary gland). Arjun Joshi, M.D., Otolaryngologist

Edu 4. Introduction into Pediatric versus Adult Thyroid Cancer Care: A Discussion on Best Approaches to Quality of Life Issues.

Andrew J. Bauer, M.D., Endocrinologist

Edu 1. Ask About ThyCa: Thyroid Cancer Survivors' Association and Getting Involved. Gary Bloom

12:50 – 1 p.m. Break

1:00 - 2:05 p.m.

Auditorium AC. Ask a Thyroid Surgeon: Partial vs. Total Thyroidectomy, Neck Dissection and When It's Recommended, Repeat Surgery, and Voice Issues.

Ralph P. Tufano, M.D., Otolaryngologist

Edu 4. Complementary Approaches and Integrative Health Care: Sharing Our Experiences. ThyCa Volunteers

Edu 1. Roundtable: TBA

2:05 - 2:15 p.m. Break

2:15 - 3:20 p.m.

Auditorium AC. Dentist's Perspective: Overview of Dental Care Before and After Thyroid Cancer Treatment, Including Salivary Issues and Dysfunction. Gigi Meinecke, D.M.D., Dentist

Edu 4. Roundtable: Sharing Experiences About How We Cope Constructively With Stress and Fears Around a Cancer Diagnosis, Treatment, and Testing. Ronni Emden, L.C.S.W.-C

3:30 - 3:40 p.m. Break

3:40 - 4:40 p.m.

Auditorium AC. Thyroid Hormone Therapy for Thyroid Cancer Patients: What is a Good TSH Goal for Different Situations, Risk/Benefits of a Low TSH, Generic vs. Name Brand.

Jason A. Wexler, M.D., Endocrinologist

Edu 4. Survivors and Caregivers Roundtable: Coping Skills.

4:40 - 5:00 p.m. Workshop Discussion & Feedback. Vanda White

One-to-One anytime during the day, near the Registration Area
Ask About ThyCa: Thyroid Cancer Survivors' Association and Ways You Can Get Involved. Gary Bloom or Cherry Wunderlich

Thank You to our Speakers...

Andrew J. Bauer, M.D., COL MC USA, Endocrinologist, Uniformed Services University, Bethesda, MD, and The Thyroid Center, Children's Hospital of Philadelphia, Philadelphia, PA

Jacqueline Jonklaas, M.D., Endocrinologist, Georgetown University Medical Center, Washington, D.C.

Arjun Joshi, M.D., Otolaryngologist, George Washington University Medical Center, Washington, D.C.

Gigi Meinecke, D.M.D., F.A.G.D., Dentist, University of Maryland School of Dentistry, Baltimore, MD

Kathleen Pincus, Pharm.D., B.C.P.S., Pharmacist, University of Maryland School of Pharmacy, Baltimore, MD

Ralph P. Tufano, M.D., Otolaryngologist, The Johns Hopkins Medical Institutions, Baltimore, MD

Vijay M. Varma, M.D., Nuclear Medicine Physician, Shady Grove Adventist Hospital, Rockville, MD

Jason Wexler, M.D., Endocrinologist, Washington Hospital Center, Washington, D.C.

Thank You to our Workshop Organizers and Volunteers

• *ThyCa Support Groups in Baltimore, Northern Virginia, Rockville, and Washington, DC (Silver Spring):* Gary Bloom (ThyCa Executive Director), Simone Bloom, Sara Brenner, Ronni Emden, Gloria Keller, Sheldon Lehner, Cal Pierce, Katherine Silkin, Barbara Statas, Vanda White, and Cherry Wunderlich.

• Plus numerous "unseen" ThyCa Volunteers around the country who helped: Toll-Free Number Team, E-Mail Team, and more

Special Thanks to...

Holy Cross Hospital • American Thyroid Association • Genzyme Therapeutics

How To Help — Visit www.thyca.org for details

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer — New volunteers welcome at any time
- Become a ThyCa Member — One year \$25, 2 years \$45, Lifetime \$225
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support **Thyroid Cancer Awareness Month** — each September, worldwide. Sponsored by ThyCa
- Come to the **15th International Thyroid Cancer Survivors' Conference • October 19-21, 2012 • Chicago, Illinois**

Welcome to the

Thyroid Cancer Survivors' 11th Mid-Atlantic Workshop

Saturday, May 12, 2012

FREE

8 a.m. - 5 p.m.

Holy Cross Hospital, Education Center off Main Lobby

1500 Forest Glen Road, Silver Spring, MD



Sponsored by

**ThyCa: Thyroid Cancer
Survivors' Association, Inc.SM**

www.thyca.org

A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

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