



27th International Thyroid Cancer Survivors' Virtual Conference

September 20-22, 2024

Attendance in-person: Houston, Texas or Virtually

Support • Education • Communication • Research • Hope



Sponsored by

ThyCa: Thyroid Cancer Survivors' Association, Inc. P.O. Box 1102, Olney, MD 20830-1102 thyca@thyca.org • (877) 588-7904

www.thyca.org

27th International Thyroid Cancer Survivors' Conference September 20-22, 2024







Welcome!

Dear Friends,

We are honored to welcome you to Houston for the 27th International Thyroid Cancer Survivors' Conference. Thank you very much for coming.

These three days offer you terrific opportunities to learn and ask questions of numerous experts from a wide array of leading thyroid cancer treatment and research centers.

We invite you to also take part in the many informal roundtable discussions and the other special events during the weekend. These are great places to give and receive support from people who understand what you are going through, who want to hear your stories, and who will offer encouragement and support.

We want to express our deep appreciation to all our speakers, session leaders, and roundtable facilitators. You are donating your time because of your deep commitment to the well-being of everyone with thyroid cancer, and their families and friends. We thank you and everyone who has contributed to this weekend.

The conference is the result of more than a year of dedicated work by volunteers coast to coast. You will meet many of them here this weekend. Many others who gave long hours are unable to be here with us.

This event is also made possible through the generosity of numerous individuals and organizations who support our cause through generous financial donations as well as contributions of goods and services.

We invite you to experience all this conference has to offer. Stay in touch with each other and get information through our many free support services in the future. We look forward to getting to know you.

- The Conference Planning Team and Conference Volunteers

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ThyCa: Thyroid Cancer Survivors' Association, Inc.

Thank you to Our Members

No one should have to face a diagnosis of thyroid cancer alone. By joining one of our online support groups, or face-to-face support groups, you are a member of the thyroid cancer community.

We invite you to become a dues-paying member as well, and help ThyCa sustain, strengthen, and extend our services and support to survivors, families, and friends around the world, as well as contribute to our research grants.

Your support also makes possible our outreach and awareness campaigns to the public.

- We have members with each type of thyroid cancer— papillary, follicular, oncocytic, medullary, poorly differentiated, anaplastic, and variants.
- Our members range in age from teens to 80s.
- Our members also include caregivers, health care professionals, and friends supporting our mission.
- Members live all over the world.
- We welcome new members at any time.
- Members may join for 1 year, 2 years, or as lifetime members.
- Membership forms are available online, or mail-in on our website's Membership page.
- Thank you very much for your wonderful support!

Conference Information

CONFERENCE HOTEL

Hilton Houston Post Oak by the Galleria 2001 Post Oak Blvd. Houston, TX 77056 (713) 961-9300

AIRPORT TRANSPORTATION

Cab/Lyft/Uber

REGISTRATION - CONFERENCE CENTRAL

Forum Room

The registration table is in "Conference Central." Hours are 6 p.m.-9 p.m. on Thursday, 7:45 a.m.-5 p.m. on Friday and Saturday, and 8:15 a.m.-3 p.m. on Sunday. If you have questions about registrations, meeting rooms, dinner/auction tickets, or signs, please ask in Conference Central.

NAMETAGS AND RIBBONS

Please wear your conference nametag to help us get to know each other. Please add the appropriate ribbon as a caregiver or for your type(s) of thyroid cancer. If you have been diagnosed with a variant, you can write the variant on a blank white ribbon available next to the other ribbons.

LUNCH, OTHER MEALS

Beverages, snacks, and other onsite meal options are available at the hotel. We suggest that you pick up your lunch early or late, to avoid long lines during the lunch period. You may bring your lunch or snacks to sessions at any time.

DAILY UPDATE BULLETIN and SIGNS

Our Daily Update Bulletin provides details about any changes in the schedule, rooms, or presenters, plus other announcements. To suggest an item to include in the Bulletin, please leave a note in Conference Central. Signs in or near Conference Central will also post program updates.

SESSION CHOICES

Choose whatever sessions you would like to attend. It's not necessary to sign in. There are several choices during each time slot. You are welcome to move quietly between sessions. Please respect others' needs to hear the speaker.

NOTE-TAKERS NEEDED

Please share your session notes with us in the box in Conference Central. We will photocopy them and return the originals to you. Or email them to conference@thyca.org.

ThyCa INFORMATION TABLES

Visit our tables for thyroid cancer publications, plus information about ThyCa local support groups, online groups, the Person-to-Person Network, volunteer opportunities, ThyCa Membership, and the ThyCa Rally for Research and Research Grants.

LOST and FOUND

Check in at the hotel's registration desk or post a note in Conference Central.

CONFERENCE VOLUNTEER TEAM

When you see one of the many volunteers who made this event possible, please take a moment to say thank you! And our thanks to their families for sharing their loved ones with the conference.

QUESTIONS and SUGGESTIONS

If you have questions about the Program or ThyCa, please go to Conference Central *(Forum Room)* or ask a volunteer. If you have a suggestion, please leave a note in the Suggestion Box in Conference Central. For information or questions about the hotel and nearby attractions, ask at the hotel's front desk.

IMPORTANT NOTE about Privacy and Confidentiality

- ThyCa: Thyroid Cancer Survivors' Association, Inc., is not necessarily in agreement with or responsible for the statements made by any of the presenters at this conference. The speakers will reflect a variety of perspectives.
- Circumstances may require the cancellation of a session, the substitution of a presenter, or a change in a session time.
- Respect Privacy.
 People are sharing their personal experiences and sensitive information, and we can all benefit from this. Feel free to take notes for your personal use, but please respect people's privacy. What's said in the room stays in the room.
- No Solicitations. Please, no solicitations, promotions, recruiting, direct or indirect marketing, fundraising for other organizations, or distribution of materials for yourself, your projects or services, your organization, or other organizations' or individuals' services, projects, fundraisers, or products, whether nonprofit or for-profit. This conference is a nonprofit thyroid cancer support and education event sponsored by ThyCa and run by dozens of volunteers. We want to keep our focus on learning, sharing our experiences, hearing others' experiences, and supporting each other.

PRESS, PROGRAM, MATERIALS for DISPLAY

Please contact Gary Bloom by leaving word in Conference Central if you have questions or interview requests, suggestions for the program, or about materials for display or distribution.

BOOKLET MESSAGES

The messages in this booklet are sponsored by friends and members of ThyCa. We thank you for your support.

FRIDAY AT 6:00 p.m. - FREE SPECIAL EVENT Ballroom A

Refreshments and more. Our gathering is a great opportunity to chat with others before your evening dinner plans, and to meet new friends to join you for dinner.

6:00 - 7:00 p.m. Refreshments and informal socializing

6:45 p.m. Volunteer Appreciation, Door Prize and 50/50 Drawing

see page 8 for more information

FUNDRAISER DINNER/AUCTION TICKETS FOR SATURDAY EVENING

Ballroom A & B

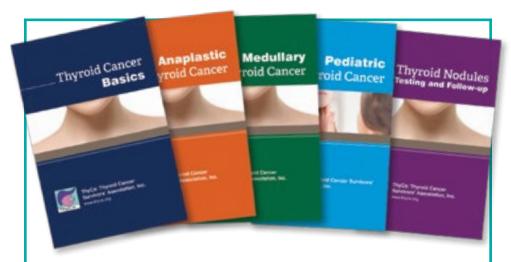
A limited number of tickets are available at the Registration Table in Conference Central for Saturday evening's Dinner/Auction. Tickets are \$85 each. We invite added donations for our Research Funds.

Numerous exciting auction items have been donated. Proceeds will benefit ThyCa's Research Funds and Grants for Thyroid Cancer Research. Even if you don't attend, you can support this event. To join the Auction and Raffle go to ThyCa.pub/ Auction2024 or text ThyCa2024 to 76278. Please review the list of exciting auction items in Conference Central. Before the dinner on Saturday evening, give your payment information with your bid to a friend who is attending or to one of our auction volunteers. Help us reach our goal of a future without thyroid cancer! see page 12 for more information



ThyCa AWARENESS and SPIRIT ITEMS

We have Thyroid Cancer Awareness and Spirit items for sale in Conference Central – wristbands, pins, ribbon magnets, and more with the ThyCa logo. Proceeds from these unique items benefit our free support services, outreach, and research funding. Shop for ThyCa Spirit Items online at https://thyca.org/how-to-help/spirit_items/



Visit ThyCa's Information Tables

Talk with our volunteers to learn about...

- Local support groups coast to coast in the U.S., Greece, Honduras, and Ireland
- One-to-one support from a ThyCa volunteer, matched by type of thyroid cancer, through our Person-to-Person Network
- FREE downloadable Low-lodine Cookbook, 9th Edition
- FREE downloadable handbooks: Thyroid Cancer Basics, Anaplastic Thyroid Cancer, Medullary Thyroid Cancer, Pediatric Thyroid Cancer, and Thyroid Nodules: Testing and Follow-Up
- Thyroid Cancer Awareness Month
- Volunteer opportunities
- ThyCa membership form



The ThyCa Memorial Quilts and Video

The ThyCa memorial quilts and video slide show were created by two longtime ThyCa volunteers – Leah Guljord of Florida created the quilts and Cheri Lindle of Oklahoma developed the video slide show. Through these tributes, we honor and remember our loved ones who have lost their lives to thyroid cancer. We will show the video at different times during the Conference.

If you would like for your loved one to be remembered in future tributes, please contact thyca@thyca.org.

FRIDAY, SEPTEMBER 20, 2024 | All times listed as Central Daylight Time

All program times are CDT (Houston, TX USA time)

Session Key by Suggested Audience

You are welcome to attend any session. The key indicates sessions of interest to a particular audience.

ADV: Advanced Disease **ALL**: All Attendees

AYA: Adolescent/Young Adult H: Hurthle Cell N: Newly Diagnosed

M: Medullarv **PED**: Pediatric PF: Papillary/Follicular

Session Type

IP: In-person Only

SR: Session to be Recorded **VO**: Virtual Only

VP: Virtual Presenter(s)

7:45 a.m.

In-person registration opens in Conference Central. Forum Room

8:00 - 8:50 a.m.

EARLY BIRD SESSIONS

101

Roundtable: How to navigate the conference in-person

ThyCa Volunteer Ballroom C ALL, IP

102

Roundtable: How to navigate the conference in-person

> ThyCa Volunteer San Felipe A ALL, IP

103

Get "schooled": Educational accommodations and advocacy for children diagnosed with thyroid cancer.

Pam Mendenhall, LISW, ThyCa Pediatric Support Moderator

BLVD Ballroom & Zoom PED, SR, VP

104

Roundtable: How to navigate the conference virtually

ThyCa Volunteer Zoom ALL, VO

106

Morning run, walk, and chat

ThyCa Volunteer

Meet in lobby by Front Desk ALL, IP

9:15 - 10:15 a.m.

Roundtable: If you're new to thyroid cancer - things to know and questions to ask Michele Rayes, ThyCa Volunteer

Ballroom C & Zoom N

Roundtable: If this is your first conference - things to know and questions to ask

> ThyCa Volunteer San Felipe A & Zoom ALL

113

Join Smitha Mallaiah to explore the role of integrative oncology in cancer care and discover how yoga can support patients and families navigating cancer. The presentation will be followed by a chair yoga session. Don't miss this opportunity to learn and practice!

> Smitha G. Mallaiah, MSc, C-IAYT, Senior Mind-Body Intervention Specialist BLVD Ballroom & Zoom ALL, SR

114

Caregivers roundtable

Michael Johnson, ThyCa Volunteer San Felipe B & Zoom ALL

115

Life after thyroid cancer: **Embracing your new normal**

Catherine R. Powers-James, PhD, Licensed Clinical **Psychologist**

Concorde B & Zoom ALL, SR

10:25 – 10:35 a.m.

121

Welcome and announcements

Gary Bloom, ThyCa Executive Director Ballroom C & Zoom ALL

10:45 - 11:45 a.m.

131

Open-microphone roundtable: Getting to know each other

ThyCa Volunteers Ballroom C ALL, IP

134

Anaplastic thyroid cancer openmicrophone roundtable: Getting to know each other

Patti Turner, ThyCa Volunteer San Felipe B & Zoom A

Poorly differentiated thyroid cancer open-microphone roundtable: Getting to know each other

Julie Martwick, ThyCa Volunteer San Felipe A & Zoom ADV, PF

135

Open-microphone roundtable: Getting to know each other

Michele Rayes, ThyCa Volunteer Concorde B ALL, IP

133

Medullary thyroid cancer roundtable: Getting to know each other - Part 1

Bill Nelson and Kelley Pratt, ThyCa Volunteers

BLVD Ballroom & Zoom M

136

Pediatric thyroid cancer open-microphone roundtable: Getting to know each other

Pam Mendenhall, ThyCa Volunteer Concorde A & Zoom PED, VP

Open-microphone roundtable for our virtual audience: Getting to know each other

ThyCa Volunteers Zoom ALL, VO

138

Medullary thyroid cancer open-microphone roundtable for our virtual audience: Getting to know each other

ThyCa Volunteers Zoom M, VO

12:15 – 1:15 p.m.

141

Developing a new targeted therapy combination for RAI-refractory thyroid cancers and anaplastic thyroid cancers: A clinical trial

Alan L. Ho, MD, Oncologist Ballroom C & Zoom ADV, AYA, H, N, PED, PF, SR

Medullary thyroid cancer roundtable: Getting to know each other - Part 2

Bill Nelson and Kelley Pratt, ThyCa Volunteers BLVD Ballroom & Zoom M

142

Navigating the noise - how to find credible thyroid cancer information

Becky Johnson ThyCa Volunteer San Felipe A & Zoom ALL, SR

144

Roundtable: Disparities in Cancer Care: What's race and ethnicity got to do with it?

Anjali Kapoor-Davis [VP] and Valronica Scales, PhD, ThyCa Volunteers San Felipe B & Zoom ALL

1:45 - 2:45 p.m.

151

Molecular portrait of thyroid nodules: Comparison of clinical assays from a medical and scientific point of view

Paolo Cotzia, MD, FCAP, FASCP, Pathologist

Ballroom C & Zoom ALL, SR

152

Surgery for advanced thyroid cancers

Jennifer R. Wang, MD, PhD, Otolaryngologist San Felipe A & Zoom ALL, SR 153

Medullary thyroid cancer:
What every patient and caregiver should know about it

Mimi I. Hu, MD, Endocrinologist BLVD Ballroom & Zoom M, SR

154

Hereditary non-medullary thyroid cancer, and family communication about hereditary conditions

Catherine M. Skefos, MA, MS, Genetic Counselor San Felipe B & Zoom ADV, AYA, PF, SR 155

Updates on the management of anaplastic thyroid cancer

Ramona Dadu, MD, Endocrinologist Concorde B & Zoom A, SR

3:15 – 4:15 p.m.

161

Your mouth, salivary glands, and teeth: Preventing and solving issues caused by treatments, including radioactive iodine and/or external beam radiation

Ruth A. Aponte-Wesson, DDS, MS, FACP, FAAMP; and Mark S Chambers, DMD, MS, Oral Medicine Specialist

Ballroom C & Zoom ALL, SR

4.13 P.II

162

Managing side effects of targeted therapy

Sarah Hamidi, MD, Oncologic Endocrinologist

San Felipe A & Zoom ALL, SR

163

Medullary thyroid cancer: The spectrum of treatments

Mimi I. Hu, MD, Endocrinologist BLVD Ballroom & Zoom M, SR

164

A presentation on clinical trials, what they are, all the way to Trials at the National Institutes of Health Joanna Klubo-Gwiezdzinska, MD, PhD, Endocrinologist

San Felipe B & Zoom ALL, SR, VP

165

Hurthle cell thyroid cancersthese are NOT papillary or follicular thyroid cancers.

Where is the research going in this disease and what has been done so far?

David G. McFadden, MD,

Endocrinologist

Concorde B & Zoom ADV, AYA, H, N, PED, SR, VP

166

Discussion about thyroid cancer surgery and calcium management in children

Ioanna D. Athanassaki, MD, Pediatric Endocrinologist

Concorde A & Zoom PED, SR

4:45 – 5:45 p.m.

171

Roundtable: Discussion on healthy activities and challenges during survivorship including diet, exercise and nutrition

Aime T. Franco, PhD, Researcher Ballroom C & Zoom ALL, VP

Long-term effects of radioactive iodine and external beam radiation on oral health.

A discussion with people who have teeth that fracture, the pain that comes with that, short-term remedies while waiting for professional intervention, and long-term remedies to prevent subsequent oral severe complications. Ruth A. Aponte-Wesson, DDS, MS. FACP, FAAMP; and Mark S. Chambers, DMD, MS, Oral

> Medicine Specialist San Felipe A & Zoom ALL, SR

173

Hereditary conditions related to medullary thyroid cancer, and family communication about hereditary conditions including **MEN syndrome**

Catherine M. Skefos, MA, MS, Genetic Counselor BLVD Ballroom & Zoom M, SR

174

Nonsurgical treatment options for primary papillary thyroid cancer: Patients share their experience with thermal ablation

Moderator: Jennifer Holkem, SYT Founder Panelists: Dipan D. Desai, MD, Otolaryngologist, and Julieta Gomez, Patient Advocate

San Felipe B & Zoom ADV, AYA, H, M, N, PED, PF, SR, VP

175

Living with hypoparathyroidism which sometimes is a side effect of thyroid cancer treatment

> Nancy D. Perrier, MD, FACS, Surgeon, and Michele Rayes, ThyCa Volunteer Concorde B & Zoom ALL, SR

Friday Evening Events & Get Togethers

6:00 - 7:00 p.m.

Reception: Informal social time with refreshments

Door prizes and raffle drawing to raise funds for thyroid cancer research In-Person only. Ballroom A

7:00 – 10:00 p.m.

Your Choice for Dinner and Socializing, both in-person or virtually

181

Dinner on your own or with groups

Look for the sign-up lists for various groups on the message board in Conference Central.

Forum Room ALL, IP

182

Anaplastic thyroid cancer meet-up

Host: Patti Turner, ThyCa Volunteer Meet in the hotel lobby A, IP

183

"Meddie" (medullary thyroid cancer) meet-up

Join in the fun. Ballroom A M

184

Young adults meet-up

Conversation and games for people ages 18-39. Host: TBD Post Oak Room AYA

185

Anaplastic thyroid cancer virtual meet-up

Zoom Host: ThyCa Volunteer Zoom A, VO

SATURDAY, SEPTEMBER 21, 2024 | All times listed as Central Daylight Time

All program times are CDT (Houston, TX USA time)

7:45 a.m. In-person registration opens in Conference Central Forum Room

Session Key by Suggested Audience

You are welcome to attend any session. The key indicates sessions of interest to a particular audience. AYA: Adolescent/Young Adult

A: Anaplastic

ADV: Advanced Disease **ALL**: All Attendees

H: Hurthle Cell N: Newly Diagnosed PED: Pediatric PF: Papillary/Follicular

M: Medullary

Session Type

IP: In-person Only

SR: Session to be Recorded

VO: Virtual Only

VP: Virtual Presenter(s)

7:45 - 9:00 a.m.

Fuel up with a light breakfast and attend an engaging, early session to get your day started right. Stay for the keynote at 9:15 a.m. Help us create an inspiring atmosphere by filling the room for our incredible speakers! Ballroom Foyer ALL

8:00 – 8:50 a.m.

201

De-escalation strategies for low-risk thyroid cancer including decreasing extent of surgery or non-surgical options such as ablation

Victoria E. Banuchi, MD, MPH, Otolaryngologist Ballroom A & Zoom AYA, H, N, PED, PF, SR

203

Medullary thyroid cancer roundtable: Welcoming people who weren't able to join us yesterday, and clarifying any confusion from day 1

Bill Nelson and Kelley Pratt, ThyCa Volunteers BLVD Ballroom & Zoom M

202

Your questions about papillary, follicular and oncocytic (formerly Hurthle Cell) thyroid cancers and variants answered by a doctor

Valentina D. Tarasova, MD, Endocrinologist San Felipe A & Zoom ADV, AYA, H, N, PED, PF, SR

204

Use of thyroglobulin in patient management after thyroid surgery

Trevor E. Angell, MD, Endocrinologist San Felipe B & Zoom ADV, AYA, H, N, PED, PF, SR, VP

9:00 – 9:10 a.m.

211

Welcome and announcements

Gary Bloom, ThyCa Executive Director Ballroom A & Zoom ALL

9:15 – 10:15 a.m.

226

Keynote - Managing PTSD and anxiety following a cancer diagnosis: Effective strategies to navigate.

Studies show more than 35 percent of cancer survivors experience feelings of Post-Traumatic Stress (PTS). PTS is similar to post-traumatic stress disorder (PTSD) experienced by military veterans and survivors of natural disasters or life-threatening events. When someone in a family is diagnosed with cancer, it affects everyone. This creates a continuous cycle of fear and anxiety, which can lead to Post-Traumatic Stress or a diagnosis of PTSD. In this one-hour presentation, psychologist Dr. Ann Friedman and trauma-survivor Shawn Alex Nemeth shine a light on this complex issue and equip participants with evidencedbased tools to relieve fear and anxiety.

Ann Friedman, PhD, Psychologist, and Shawn Alex Nemeth, CEO & Founder, Chester Street Foundation Ballroom C & Zoom ALL

10:45 - 11:45 a.m.

23

A preview of the next iteration of the American Thyroid Association guidelines for differentiated thyroid cancer (papillary, follicular, and oncocytic thyroid cancer)

Julie Ann Sosa, MD, MA, Surgeon
Ballroom A & Zoom ADV, AYA, H, N, PED, PF, SR

232

Papillary thyroid cancer, a panel discussion - symptoms to surveillance. Part 1

Christina Bui, MSN, APRN, FNP-C, Nurse Practitioner, Savannah Cheatham, MPAS, PA-C, Physician Assistant, Julia Diersing, MS, PA-C, Physician Assistant, Barbara Ebersole, MA, CCC-SLP, Speech-Language Pathologist, Soo-Hyun Lee-Kim, MS, APRN, FNP-C, Nurse Practitioner, Rachna Patel, MPH, BSN, MSN, FNP-BC, Nurse Practitioner, and Johnny L. Rollins, MSN, APRN, ANP-C, Advanced Practice Provider

San Felipe A & Zoom ADV, AYA, H, N, PED, PF, SR

233

Medullary thyroid cancer: Considerations before, during, and after surgery

Mark E. Zafereo, MD, Head and Neck Surgeon

BLVD Ballroom & Zoom M, SR

234

Anti-obesity drugs and thyroid cancer

Sonya Khan, MD, Endocrinologist San Felipe B & Zoom ALL, SR 235

The ABCs of papillary and follicular thyroid cancer and variants: Understanding key terms, concepts, and initial diagnostic and treatment steps

Priyanka C. Iyer, MD, Oncologic Endocrinologist

Concorde B & Zoom ALL. SR

12:15 - 1:15 p.m.

241

Recognizing and managing advanced papillary and follicular thyroid cancer, including discussion about BRAF and RAS mutations

Priyanka C. Iyer, MD, Oncologic Endocrinologist Ballroom A & Zoom ADV, AYA, H, N, PED, PF, SR

242

Papillary thyroid cancer, a panel discussion - symptoms to surveillance. Part 2

Christina Bui, MSN, APRN, FNP-C, Nurse Practitioner, Savannah Cheatham, MPAS, PA-C, Physician Assistant, Julia Diersing, MS, PA-C, Physician Assistant, Barbara Ebersole, MA, CCC-SLP, Speech-Language Pathologist, Soo-Hyun Lee-Kim, MS, APRN, FNP-C, Nurse Practitioner, Rachna Patel, MPH, BSN, MSN, FNP-BC, Nurse Practitioner, and Johnny L. Rollins, MSN, APRN, ANP-C, Advanced Practice Provider

San Felipe A & Zoom ADV, AYA, H, N, PED, PF, SR

243

Update in medullary thyroid cancer clinical trials

Mark E. Zafereo, MD, Head and Neck Surgeon

BLVD Ballroom & Zoom M, SR

244

The use of Thyrogen® versus T4 withdrawal to prepare for radioactive iodine treatment or scans and/or for stimulated thyroglobulin testing, with or without scans

Whitney S. Goldner, MD, Endocrinologist San Felipe B & Zoom

ADV, AYA, H, N, PED, PF, SR, VP

245

Am I a candidate for a non-surgical treatment option? A discussion about thermal ablation procedures

Moderator: Jennifer Holkem, SYT Founder

Panelists: Jules Aljammal, MD, ECNU, Endocrinologist, Juan C. Camacho, MD, Vascular and Interventional Radiologist, and Jonathon O. Russell, MD, Thyroid Surgeon

> Concorde B & Zoom ADV, AYA, H, M, N, PED, PF, SR, VP

1:45-2:45 p.m.

251

The team approach to thyroid cancer management

Michelle S. Mullin, RN, Nurse Navigator, Brenna Newfell, NP, Nurse Practitioner, and Theodora Pappa, MD, PhD, Onco-Endocrinologist Ballroom C & Zoom ALL, SR

254

Discussion about the low-iodine diet

Daria Jerauld and Becky Johnson, ThyCa Volunteers San Felipe B & Zoom ADV, AYA, H, N, PED, PF, SR

Extent of surgery for primary thyroid cancer and recurrent thyroid cancer

Allen S. Ho, MD, Surgeon

Ballroom C & Zoom

ADV, AYA, H, N, PED, PF, SR

264

Update on treatment of anaplastic thyroid cancer

Maria E. Cabanillas, MD, Oncologic Endocrinologist San Felipe B & Zoom A, SR 252

Systemic therapies in advanced radioactive iodine refractory (non-avid, RAI-R) differentiated thyroid cancer

Whitney S. Goldner, MD, Endocrinologist San Felipe A & Zoom ADV, AYA, H, PED, PF, SR, VP

255

Roundtable: Empowering adolescent and young adult (AYA) thyroid cancer survivors in your medical appointments.

For people ages 18 to 35.

Amanda L. Silver Karcioglu, MD,
Thyroid Surgeon

Concorde B & Zoom AYA, VP

253

Roundtable: Discussion about rare fusions (ALK, nTRK, PTC-RET) in thyroid cancer

Julie Martwick, and Susan Spinosa, ThyCa Volunteers, and Lori J. Wirth, MD, Medical Oncologist [VP] BLVD Ballroom & Zoom ALL, SR

256

Haga sus preguntas a el médico en español

Maria E. Cabanillas, MD, Endocrinólogo Oncológico Concorde A & Zoom ALL

3:15 - 4:15 p.m.

262

Pre-operative evaluation of thyroid cancer including the importance of having an accurate ultrasound before surgery and cross-sectional imaging in patients with aggressive thyroid cancer or bulky lymphadenopathy

Sara Ahmadi, MD, Endocrinologist San Felipe A & Zoom ALL, SR, VP

263

CAR T-cell therapy for medullary thyroid cancer: The personal story and the science

Roger B. Cohen, MD, Medical Oncologist BLVD Ballroom & Zoom M, SR, VP

265

Roundtable: Tips and tricks for managing anxiety and distress for adolescent and young adult (AYA) thyroid cancer survivors.

For people ages 18 to 35.
Sara Lampert-Okin
Concorde B & Zoom AYA, VP

266

How we approach thyroid cancer management in pediatric thyroid cancer

Luz E. Castellanos, MD, Pediatric Endocrinologist

Concorde A & Zoom PED, SR

4:45-5:45 p.m.

271

Repeat neck surgeries: What
to expect. A joint session with the
American Head and Neck Society.
Moderators: Allen S. Ho, MD, Surgeon,
and Daria Jerauld, ThyCa Volunteer.
Panelists: Theodora Pappa, MD, PhD,
Onco-Endocrinologist, Amanda L. Silver
Karcioglu, MD, Thyroid Surgeon, and
Mark E. Zafereo, MD, Head and Neck
Surgeon

Ballroom C & Zoom ADV, AYA, H, N, PED, PF, SR 272

Immunotherapy and immunotherapy combinations with targeted therapy in follicular cell-derived thyroid cancers Jochen J. Lorch, MD, MSc, Medical

Oncologist
San Feline A & Zoom

San Felipe A & Zoom A, ADV, AYA, H, M, PED, PF, SR 273

Neoadjuvant therapy followed by surgery in all types of thyroid cancer

Anastasios Maniakas, MD, PhD, FRCSC, Otolaryngologist

BLVD Ballroom & Zoom ALL, SR

274

Modeling center of excellence practices to improve the care of patients with biomarker driven thyroid cancer or non-small-cell lung cancer. "Provided by The University of Chicago Pritzker School of Medicine and the Academy for Continued Healthcare Learning (ACHL) and supported by an educational grant from Lilly. This activity is approved for AMA PRA Category 1 Credit."

Lori J. Wirth, MD, Medical Oncologist

San Felipe B & Zoom

A, ADV, AYA, H, M, PED, PF, SR, VP

275

Considerations in treatment of advanced pediatric thyroid cancer, including clinical trials

Steven G. Waguespack, MD, Oncologic Endocrinologist Concorde B & Zoom PED, SR

5:45-9:00 p.m.

ThyCa Dinner/Auction to Raise Funds for Thyroid Cancer Research

Dinner in Ballroom A and Silent Auction in Ballroom B IP

- Come for the dinner/auction to support thyroid cancer research from 5:45 9:00 p.m. (tickets required)
 - Cash bar 5:45 p.m. midnight
 - Seating for dinner begins at 7:00 p.m.
 - Auction check-out. Pick up your auction items from 9:30 10:00 p.m.

Even if you don't attend the dinner/auction, please join in the free music and dancing beginning at 9:00 p.m.

To join the Auction and Raffle go to ThyCa.pub/Auction2024 or text ThyCa2024 to 76278 www.ThyCa.org

SUNDAY, SEPTEMBER 22, 2024 | All times listed as Central Daylight Time

All program times are CDT (Houston, TX USA time)

8:15 a.m. In-person registration opens in Conference Central *Forum Room*

Session Key by Suggested Audience

You are welcome to attend any session. The key indicates sessions of interest to a particular audience.

A: Anaplastic

ADV: Advanced Disease
ALL: All Attendees

Session Type

IP: In-person Only

AYA: Adolescent/Young Adult

H: Hurthle Cell
N: Newly Diagnosed

SR: Session to be Recorded

V0: Virtual Only

M: Medullary PED: Pediatric

PF: Papillary/Follicular

VP: Virtual Presenter(s)

8:30 - 9:30 a.m.

EARLY BIRD SESSIONS

301

Living with thyroid cancer
K. Elaine Thrift, APRN, FNP-BC, CDE,
BC-ADM, Nurse Practitioner
Ballroom A & Zoom ALL

302

Roundtable: Discussion for radioactive iodine resistant thyroid cancer survivors. How do we manage our care?

Anjali Kapoor-Davis [VP] and Valronica Scales, PhD, ThyCa Volunteers San Felipe A & Zoom ADV, AYA, H, PED, PF 303

Medullary thyroid cancer roundtable: Questions as we begin day 3

Karen Geisenberger, ThyCa Volunteer

BLVD Ballroom & Zoom M

304

Why should I attend a support group?

Theresa Wickerham, ThyCa Volunteer San Felipe B & Zoom ALL

305

Roundtable: Pediatric thyroid cancer survivor stories including ThyCa's sport pack project

Pam Mendenhall, LISW, ThyCa Pediatric Support Moderator Concorde B & Zoom PED, VP

9:40 – 9:50 a.m.

311

Welcome and announcements

Gary Bloom, ThyCa Executive Director

Ballroom A & Zoom ALL

10:00 – 11:00 a.m.

321

Long term management of papillary and follicular thyroid cancer after surgery and radioactive iodine – how should I be followed and for how long?

Mabel Ryder, MD, Endocrinologist Ballroom A & Zoom ALL, SR, VP 322

Management of initial, persistent, or recurrent thyroid cancer: Benefits of a multidisciplinary team

Who might be on a multidisciplinary team and their roles. A joint session with the American Association of Endocrine Surgeons.

Moderator: Sarah C. Oltmann, MD, Endocrine Surgeon, Panelists: Nancy D. Perrier, MD, Endocrine Surgeon, and James Suliburk, MD, Endocrine Surgeon San Felipe A & Zoom ADV, AYA, H, N, PED, PF, SR

323

Re-engineering the immune system to treat cancer

Samer A. Srour, MB, ChB, MS, Stem Cell Transplantation and Cellular Therapy Specialist

BLVD Ballroom & Zoom ALL, SR

324

Overview and discussion about thyroid cancer, fertility, and pregnancy

Kaniksha Desai, MD, ECNU, Endocrinologist, and Caroline T. Nguyen, MD, Endocrinologist San Felipe B & Zoom ADV, H, M, N, PF, SR, VP 325

Roundtable: Learn about volunteering with ThyCa. This

session will answer your questions about becoming a support group facilitator, a toll-free number volunteer, ThyCa Person-to-Person volunteer, or a social media volunteer Daria Jerauld, Anjali Kapoor-Davis [VP], and Valronica Scales, PhD, ThyCa

Board Members

Concorde B & Zoom ALL

Drugs in development for RAIrefractory differentiated thyroid cancer. New Molecular Targets

331

Mabel Ryder, MD, Endocrinologist Ballroom A & Zoom

ADV, AYA, H, N, PED, PF, SR, VP

11:30 a.m. - 12:30 p.m.

332

Extent of surgery for low-risk thyroid cancer. For example, lobectomy and/or limited neck dissections for low-risk disease, in the spirit "doing less is more". Anastasios Maniakas, MD, PhD, FRCSC, Otolaryngologist

San Felipe A & Zoom ALL, SR

333

Long term management of medullary thyroid cancer after surgery - how should I be followed and for how long?

Naifa L. Busaidy, MD, Endocrinologist BLVD Ballroom & Zoom M, N, SR

334

An individualized approach to thyroid hormone replacement for thyroid cancer patients

Kaniksha Desai, MD, ECNU, Endocrinologist San Felipe B & Zoom ALL, SR

335

Partners in healing – 10 helpful strategies for thyroid cancer caregivers

Michael Johnson Concorde B ALL. SR

339

Patient & Family Roundtable: Living with Graves' disease, thyroid eye disease, and Hashimoto's thyroiditis. Share your personal experience or stop by to get resources for a loved one!

Satellite discussion hosted by the Graves' Disease & Thyroid Foundation. Kimberly Dorris, Executive Director, Graves' Disease & Thyroid Foundation Zoom ALL, VO

1:00 - 2:00 p.m.

341

Ask a doctor your questions about papillary and follicular thyroid cancer: Creating clarity before you go home

> Steven I. Sherman, MD, Endocrinologist Ballroom A & Zoom ADV, AYA, H, N,PED, PF, SR

342

Being your own patient advocate. Do I have the right medical team for my situation? Should I consider getting a second opinion? Do I need an oncologist for my care?

Naifa L. Busaidy, MD, Endocrinologist San Felipe A & Zoom ALL, SR

343

Understanding tumor complexity in medullary thyroid cancer

Priya H. Dedhia, MD, PhD, FACS, Endocrine Surgeon BLVD Ballroom & Zoom M, SR, VP

Exploring the mixed messages of the "good cancer."

Alaina Carr, PhD, Clinical Psychologist, and Cynthia McDonald, PhD, Transpersonal Psychologist San Felipe B & Zoom ALL, SR, VP

349

Patient & Family Roundtable: Living with Graves' disease, thyroid eye disease, and Hashimoto's thyroiditis. Share your personal experience or stop by to get resources for a loved one!

Satellite discussion hosted by the Graves' Disease & Thyroid Foundation. Kimberly Dorris, Executive Director, Graves' Disease & Thyroid Foundation Zoom ALL, VO

2:30 - 3:30 p.m.

351

Telehealth medicine: Not available across state lines

Shannon MacDonald, MD, Radiation Oncologist, and Caleb R. Trotter, JD, Attorney

Ballroom A & Zoom ALL, SR, VP

352

Genetic/Molecular Testing: What it tells us and more importantly what it doesn't! Aime T. Franco, PhD, Researcher San Felipe A & Zoom ALL, SR, VP 353

Medullary thyroid cancer roundtable: Continuing to share and care, and reflecting on the conference

ThyCa Volunteer BLVD Ballroom M

354

Ethanol ablation roundtable: Patients share their experiences

Daria Jerauld, and
Valronica Scales, PhD, ThyCa Volunteers
San Felipe B & Zoom ADV, AYA, H, PED, PF

355

Poorly differentiated thyroid cancer roundtable: What have we learned this weekend

Julie Martwick, ThyCa Volunteer Concorde B & Zoom ADV, PF

3:40 - 4:00 p.m.

361

Conference wrap-up: Resources and next steps after the conference, your feedback on the conference, and suggestions for next year.

Gary Bloom, ThyCa Executive Director; and Colleen Dolinish, ThyCa Program Coordinator

Ballroom A & Zoom ALL

Thank you for attending! We hope to see you again next year!

ThyCa's Research Fundraising and Grants

ThyCa: Thyroid Cancer Survivors' Association, Inc., and our community have joined together to raise funds for thyroid cancer research. Together, we are able to make a tremendous difference!

Our goal is cures for all thyroid cancer. We support research on all types of thyroid cancer — papillary, follicular, medullary, and anaplastic. Our Research Funds welcome all contributions, of any size.

Our Research Grants are open to all researchers and institutions, worldwide. Independent expert panels of the American Association of Endocrine Surgeons (AAES), American Head & Neck Society (AHNS), and the American Thyroid Association (ATA) evaluate the grant proposals and select projects to be funded.

In 2003, ThyCa proudly awarded our first thyroid cancer research grant. We award grants each year. In 2024 we awarded 8 grants. Our grant recipients are from these institutions:

- Albert Einstein College of Medicine, Bronx, New York
- Cancer Center Karolinska, Sweden
- Children's Hospital of Philadelphia, Pennsylvania
- Cleveland Clinic Foundation, Ohio
- · Cochin Institut, France
- · Columbia University, New York, New York
- · Dana-Farber Cancer Institute, Massachusetts
- Duesseldorf University Hospital, Germany
- · Duke University, North Carolina
- Gustave Roussy, France
- Harvard Medical School & Beth Israel Deaconess Medical Center, Massachusetts
- Harvard Medical School & Brigham and Women's Hospital, Boston, Massachusetts
- Johns Hopkins Medical School, Maryland
- · Massachusetts General Hospital/Harvard Medical School, Massachusetts
- MedStar Georgetown University Hospital, District of Columbia
- · Medstar Washington Hospital Center, District of Columbia
- MedStar Washington Hospital Center/MedStar Georgetown University, District of Columbia
- Memorial Sloan-Kettering Cancer Center, New York
- National Cancer Institute/National Institutes of Health, Maryland
- National University of Cordoba, Argentina
- New York University Langone Medical Center, New York
- · Ohio State University, Columbus, Ohio
- · Ohio State University, Ohio, and Medical University of Gdansk, Poland
- Penn State Hershey Cancer Institute, Pennsylvania
- · Phoenix VA Health Care System, Arizona
- Providence Portland Cancer Center, Oregon
- Rush-Presbyterian-St. Luke's Medical Cancer, Illinois
- Stanford University School of Medicine, Stanford, California
- Tulane University School of Medicine, Louisiana
- University Hospital Basel, Basel, Switzerland
- University of Arkansas for Medical Sciences, Arkansas
- University of California, Los Angeles, and Veterans Affairs West Los Angeles Health Care System, California
- University of Birmingham, United Kingdom
- · University of Cincinatti, Cincinnati, Ohio
- University of Colorado, Aurora, Colorado
- University of Texas Southwestern, Texas
- Vanderbilt University Medical Center, Tennessee
- Washington University School of Medicine, St. Louis, Missouri
- Weill Medical College of Cornell University, New York, New York

Realizing that every mighty tree begins with a single seed, and that every seed planted by human hands begins with elements of both hope and faith, ThyCa planted this seed in the hope that it will grow strong and tall, and with the faith that others will answer the call and help nurture its growth.

We invite you to join us in our quest to find cures for Thyroid Cancer. Our heartfelt thanks!

Speakers & Presenters – Thank You!

Sara Ahmadi, MD is an associate physician in the Division of Endocrinology, Diabetes, and Hypertension at Brigham and Women's Hospital (BWH), Harvard Medical School in Cambridge, MA. Her area of excellence is clinical expertise in thyroid disease, with her remaining time devoted to teaching, clinical research, and peer review. Previously, she was an Assistant Professor of Medicine at Duke University in Durham, NC and a member of the Duke Endocrine Neoplasia Team and the Duke Cancer Institute from 2016 to 2019. Her main area of research interest is thyroid nodules and thyroid cancer, and she has worked on different research projects with the BWH thyroid team since joining BWH/HMS in September 2019. She has served on several committees and task forces at the American Thyroid Association and Endocrine Society.

Jules Aljammal, MD, ECNU is an American board-certified endocrinologist. He completed fellowship training in endocrinology at the University of Pittsburgh Medical Center in 2014. Thereafter, he started a medical practice in Salt Lake City, Utah, that specializes in the management of thyroid disorders. He introduced RFA to Salt Lake City in 2018 and has performed more than 600 cases of RFA. Dr. Aljammal has published his work in several leading journals, including the Journal of the Endocrine Society, and has been an invited international speaker. His passion for RFA and drive to advance the field of interventional endocrinology led him to create the North American Society of Interventional Endocrinologists (NASOIE). Dr. Aljammal continues to work on increasing patient access to RFA and plans to open an office in Washington state to support patients in the area.

Trevor E. Angell, MD is an endocrinologist and assistant professor of Clinical Medicine in the Department of Medicine's Division of Endocrinology, Diabetes and Metabolism at the University of Southern California Keck School of Medicine in Los Angeles, CA. Dr. Angell is board certified in internal medicine and diabetes, endocrinology and metabolism and his clinical and research interests are related to the diagnosis and treatment of thyroid diseases. He has published articles in *JAMA Surgery, Thyroid, The Journal of Clinical Endocrinology and Metabolism*, and *Current Opinion in Endocrinology and Diabetes*, including original research and invited reviews. Dr. Angell is recognized for clinical expertise in thyroid nodules, thyroid cancer, thyroid hormone dysfunction, and thyroid disorders during pregnancy.

Ruth A. Aponte-Wesson, DDS, MS, FACP, FAAMP is a professor in the section of Oral Oncology and Maxillofacial Prosthodontics of the Department of Head and Neck Surgery at the University of Texas MD Anderson Cancer Center in Houston, TX. Dr. Aponte Wesson is a member of a large multidisciplinary practice at MDACC. She works very closely with colleagues in head and neck surgery, radiation oncology, plastics, speech pathology, lymphoma / myeloma, leukemia / breast medical oncology among other disciplines. Her focus has always been on improving quality of life of the patient after cancer treatment. Some of the areas explored are related to materials used in the rehabilitation of intra and extraoral defects as well as reported outcome assessment, specifically oral morbidities related to cancer therapies.

Ioanna D. Athanassaki, MD is an associate professor of Pediatric Endocrinology in the Thyroid Program at Texas Children's Hospital in Houston, TX. Dr. Athanassaski earned her MD from Ioannina University School of Medicine. She completed her internship, residency and fellowship at Baylor College of Medicine. Her clinical research interests focus on pediatric thyroid disease and the genetic factors which are associated with cancer, hyperthyroidism, and congenital hypothyroidism in infants and children.

Victoria E. Banuchi, MD, MPH is an associate professor at the University of Texas MD Anderson Cancer Center in Houston, TX in the Department of Head and Neck Surgery. She obtained her MD from Columbia University in New York, NY in 2008, along with a Master's in public health from Columbia Mailman School of Public Health. After completing her medical residency in otolaryngology – head and neck surgery, she pursued a Fellowship in Head and Neck Surgery and Skull Base Surgery at the New York Head and Neck Institute. Dr. Banuchi previously served as an assistant professor of head and neck surgery at Weill Cornell in New York, where she also directed Head and Neck Surgery at Lincoln Hospital from 2016 to 2023. She specializes in head and neck surgical oncology, particularly in the management of thyroid cancer and parathyroid disease. She is known for her expertise in thyroid diagnostic ultrasounds, fine-needle aspiration biopsies, sublabial endoscopic thyroid surgery, and radiofrequency ablation as a non-surgical option for thyroid nodules.

Christina Bui, MSN, APRN, FNP-C is a nurse practitioner who has been with the University of Texas MD Anderson Cancer Center in Houston, TX for five years. She currently works alongside Dr. Maria Cabanillas, predominantly managing thyroid cancer patients. She has worked in general endocrinology and diabetes since 2017. She graduated with her MSN, FNP in 2016 from the University of Texas Medical Branch. She has been an RN since 2010 after graduating from Lone Star College with her ADN and later University of Houston-Victoria with her BSN. Christina is passionate about endocrinology and patient care, prioritizing patient education to achieve better outcomes.

Naifa L. Busaidy, MD is an endocrinologist and associate professor in the Department of Endocrine Neoplasia and Hormonal Disorders at the University of Texas MD Anderson Cancer Center in Houston, TX. Dr. Busaidy, the director of the Thyroid Nodule Clinic, specializes in thyroid cancer and has authored numerous peer-reviewed research articles and book chapters. Dr. Busaidy has spoken at many ThyCa conferences. Dr. Busaidy is a 2011 ThyCa Research Grant recipient. She is a ThyCa Medical Advisor.

Maria E. Cabanillas, MD is an oncologic endocrinologist, professor, and the Faculty Director of Clinical Research in the Department of Endocrine Neoplasia at the University of Texas MD Anderson Cancer Center in Houston, TX. As a clinician and clinical researcher, Dr. Cabanillas treats both early and advanced thyroid cancers, including medullary, differentiated, and anaplastic. Her research focus is in advanced and aggressive thyroid cancer and molecular targeted therapies and immunotherapy. She is a principal investigator on several clinical trials for treating advanced disease and has been a member of and currently serves on the board of directors of the International Thyroid Oncology Group (ITOG). She is a ThyCa Medical Advisor.

Juan C. Camacho, MD is a practicing interventional radiologist at Radiology Associates of Florida/Sarasota Memorial Healthcare System in Sarasota, FL. He trained at Emory University and has worked in renowned academic institutions for the last 10 years. Dr. Camacho has a clinical and research focus in locoregional therapies for the treatment of benign and malignant tumors and has developed the IR ENT service line in collaboration with endocrinology and surgical services. During his prior appointment at Memorial Sloan Kettering Cancer Center, he designed a translational model to ablate thyroid microcarcinomas and was part of the first ablate/resect trial on the subject in the U.S.

Alaina L. Carr, PhD is a clinical health psychologist at Georgetown University and the National Center for Health Psychology in Washington, DC. Dr. Carr specializes in working with adults with thyroid cancer and their families to cope with the challenges of cancer diagnosis, treatment, and survivorship. She received federal funding to help patients with thyroid cancer make an informed decision about whether to undergo radioactive iodine treatment and provide informational support to manage symptoms from radioactive iodine treatment.

Luz E. Castellanos, MD is a board-certified pediatric endocrinologist and recent graduate of the Oncologic Endocrinology Fellowship at MD Anderson Cancer Center in Houston, Texas. She will be joining their Department of Endocrine Neoplasia and Hormonal Disorders as faculty this fall. After completing her MD at McGovern Medical School, she did her pediatric residency at University of Texas at Austin Dell Children's and pediatric endocrinology fellowship at Massachusetts General Hospital. After fellowship, she coupled her clinical practice with clinical trial research on artificial pancreas technologies for diabetes. Dr. Castellanos plans to pursue an academic career specializing in the care of children with cancer-related endocrinopathies and endocrine neoplasia.

Mark S. Chambers, DMD, MS is a tenured professor and clinical investigator in the Department of Head and Neck Surgery, Division of Surgery, and in the Department of Radiation Oncology, Division of Radiation Oncology, at the University of Texas MD Anderson Cancer Center in Houston, TX. He is the Susan and Christopher Damico Chair in Viral Associated Malignancies. He also serves as Deputy Chair for the Department of Head and Neck Surgery and Chief of the Section of Oral Oncology. Dr. Chambers is recognized nationally and internationally as an oral oncologist and clinical investigator with a focus on developing novel therapeutic approaches to the oral sequelae of cancer therapy. Research interests include biomarker analyses and the oral microbiome influence on cancer development. Hence, research focuses to develop strategies in reducing cancer treatment-related oral morbidity and protocols to prevent or reduce such complications. Dr. Chambers serves as a ThyCa Medical Advisor.

Savannah Cheatham, MPAS, PA-C is a physicians assistant at the University of Texas MD Anderson Cancer Center in Houston, TX. She completed an undergraduate degree in economics from Texas A&M University in College Station, TX in 2015 and a Master's in Physician Assistant Studies from the University of Texas Medical Branch (UTMB) in 2019. She has been a part of the MD Anderson Surgical Oncology team since October 2019 and works in the operating room and clinical setting in the areas of Endocrine Surgery and Melanoma and Skin Surgery. Her primary focus is education of the next generation of physician assistants. She has completed lectures in Endocrine surgery for the UTMB Physician Assistant program, Texas Academy of Physician Assistants, and locally at MD Anderson. She also provides clinical preceptorships to physician assistant students.

Roger B. Cohen, MD is a medical oncologist at the University of Pennsylvania in Philadelphia, PA. He is a graduate of Harvard Medical School and completed internal medicine and hematology training at Mount Sinai Hospital (NY) followed by research fellowships at the Memorial Sloan-Kettering Cancer Center and National Institutes of Health and a medical oncology fellowship at the National Cancer Institute. He was a medical officer at the FDA Center for Biologics from 1989-1994 and was Deputy Director, Division of Monoclonal Antibodies. Prior to his arrival at Penn, Dr. Cohen was Director of the Cancer Center Clinical Trials Office at the University of Virginia Cancer Center in Charlottesville and then Director of the Phase 1 Program at the Fox Chase Cancer Center. He is an active investigator on several first-in-humans clinical trials with research interests that focus on evaluation of novel therapies, including monoclonal antibodies, immune therapies, and small molecule cell-signaling pathway inhibitors. He primarily sees patients with lung and head and neck canceer.

Paolo Cotzia, MD, FCAP, FASCP is a board-certified clinical, anatomic, and molecular genetic pathologist, sub-specializing in oncologic surgical pathology and molecular genetics. He is the Director for Molecular Pathology at ThyroSeq Laboratory and Head of the Sonic Healthcare USA Molecular Pathology Center of Excellence. Before joining Sonic Healthcare, he was an assistant professor of pathology and associate director of the Center for Biospecimen Research and Development at NYU Langone Health. Dr. Cotzia has extensive experience in biomarker discovery, molecular diagnostic assays development, digital pathology, A.I., biobanking, clinical trials and design of correlative studies. He has published numerous peerreviewed articles, and presented his research at national and international conferences. Dr. Cotzia obtained his MD from the University of Milan, Italy. He completed his residency at Thomas Jefferson University in Philadelphia and his clinical fellowships at Memorial Sloan Kettering Cancer Center in New York City.

Ramona Dadu, MD is an endocrinologist at the University of Texas MD Anderson Cancer Center in Houston, TX. Dr. Dadu is an assistant professor in the Department of Endocrine Neoplasia and Hormonal Disorders, Division of Internal Medicine. Dr. Dadu received her MD from Iuliu Hatieganu University of Medicine and Pharmacy in Romania where she also trained in clinical pharmacology and toxicology. After graduation from an internal medicine residency in Connecticut, she joined the Baylor College of Medicine/MD Anderson Cancer Center endocrinology fellowship program and entered the Clinical Scientist Training Program where she received extensive training in grant writing, conduct of research, and biostatistics. Dr. Dadu is the principal investigator in research titled "Immune Markers in Medullary Thyroid Cancer and their Clinical Significance." She is the author of several peer-reviewed publications related to thyroid cancer and was awarded the Women in Endocrinology Young Investigator Award in 2014.

Priya H. Dedhia, MD, PhD, FACS is an endocrine surgeon and assistant professor in the Department of Surgery at The James Ohio State University in Columbus, OH. She earned her MD from the University of Pennsylvania Health System and did her fellowhip in endocrine surgery at the University of Wisconsin Hospital in Madison, WI. As a member of the Translational Therapeutics Program, her research focuses on using human organoid technology to generate insulin-producing cells to study the molecular basis of thyroid and parathyroid disease. Dr. Dedhia also works on three-dimensional models of endocrine cancer in order to find new and personalized approaches for these cancers. Her work has been published in over 20 peer-reviewed journals. Dr. Dedhia is a 2020 ThyCa Research Grant recipient.

Dipan Desai, MD is a board-certified otolaryngologist specializing in head and neck endocrine surgery. He is a physician and surgeon with ENT Associates, a preeminent ENT group serving the Tampa Bay area, and is pleased to be among the first physicians in the region to offer RFA. After attending medical school at the University of Miami Miller School of Medicine as part of a Dual-Degree BS/MD program, he completed his surgical residency at the University of Texas Southwestern Medical Center and Parkland Memorial Hospital in Dallas, TX. He then pursued fellowship training in Head and Neck Endocrine Surgery at Johns Hopkins Hospital, working with pioneers in radiofrequency ablation (RFA) and scarless thyroid/parathyroid surgery. During his time at Johns Hopkins, he worked as a clinical instructor and served as a co-first author on the largest study of RFA patients in the United States.

Kaniksha Desai, MD, ECNU is an endocrinologist and clinical associate professor of endocrinology at Stanford University in Palo Alto, CA. She completed her endocrinology fellowship at the Mayo Clinic in Jacksonville, FL, with an emphasis on the management of patients with thyroid cancer. Dr. Desai's clinical practice, located in Palo Alto, CA, focuses on the management of patients with thyroid diseases, including thyroid nodules and thyroid cancers. Her clinical research focuses on thyroid cancer survivorship care. Additionally, she is the endocrinology quality director.

Julia Diersing, MS, PA-C is a physicians assistant at the University of Texas MD Anderson Cancer Center in Houston, TX. Julia is a graduate of the Baylor College of Medicine Physician Assistant Program in Houston, TX. She has practiced head and neck surgery for the past five years. Her subspecialty interest in the care of patients with advanced thyroid cancer was inspired by the experience of her family member who survived poorly-differentiated insular thyroid carcinoma.

Barbara Ebersole, MA, CCC-SLP is the section Manager for Speech Pathology & Audiology at the University of Texas MD Anderson Cancer Center in Houston, TX. She is a third year PhD student at the University of Texas, and a Pre-Doctoral Clinical Research Fellow in Dr. Katherine Hutcheson's lab. Barbara's clinical and research interests surround H&N cancer rehabilitation with a special interest in laryngeal function. She has authored multiple book chapters, is an invited speaker locally and nationally, and has published two dozen peer-reviewed articles in journals, such as: Head & Neck, Journal of Voice, and Oral Oncology.

Aime T. Franco, PhD is an assistant professor and investigator with the Center for Childhood Cancer Research at The Children's Hospital of Philadelphia in Philadelphia, PA. Dr. Franco directs the newly established Pediatric Thyroid Cancer Translational Research Laboratory. She earned her PhD in Cancer Biology from Vanderbilt University, Nashville, TN and conducted her postdoctoral fellowship in genetics of thyroid cancer at Memorial Sloan Kettering Cancer Center, New York, NY. Her research interests include the molecular biology and genetics of thyroid cancer and improving quality of life and survivorship outcomes for thyroid cancer. Dr. Franco is a 2012 ThyCa Research Grant recipient and has spoken at many ThyCa conferences.

Ann Friedman, PhD is a certified mindfulness trainer and compassion trainer at the Mind Body Spirit Institute of the Jung Center Houston. She taught across Southeast Texas following Hurricane Harvey and was sent by UNICEF and Mental Health America of Greater Houston to Florida and Puerto Rico. Additionally, she taught in Oklahoma through Healthcorps. For ten years, Ann served as Adjunct Professor in the U.H. Counseling Psychology Graduate Program.

Whitney S. Goldner, MD is a professor of medicine, and head of the Division of Endocrinology, Metabolism and Diabetes at the University of Colorado, Anschutz Medical Campus in Denver, CO. Prior to that, she was Professor of Medicine at the University of Nebraska Medical Center in Omaha, NE and the medical director of the Thyroid and Endocrine Tumor Program at UNMC/Nebraska Medicine. Dr. Goldner has a clinical and research interest in thyroid nodules and thyroid cancer. She started the Thyroid Cancer Collaborative Registry (TCCR) at the University of Nebraska, and was the principal investigator of the ICaRe2, a multicenter bioinformatics and biospecimen registry for all types of cancer which originated at the Fred and Pamela Buffett Cancer Center/University of Nebraska Medical Center Guidelines Committees.

Sarah Hamidi, MD, FRCPC is a board-certified endocrinologist who just completed a two-year fellowship of oncologic endocrinology at the University of Texas MD Anderson Cancer Center in Houston, TX. Her clinical practice and research interests focus on the management of advanced thyroid cancers, particularly anaplastic thyroid cancer. She participates in several research projects aiming to improve the management and outcomes of this rare, yet very aggressive disease.

Alan L. Ho, MD is a medical oncologist at Memorial Sloan Kettering Cancer Center (MSKCC) in New York City, NY. He specializes in the treatment of head and neck malignancies, specifically cancers of the salivary glands and thyroid. Dr. Ho earned his medical degree at Stanford University where he graduated Phi Beta Kappa. He did his residency at Weill Cornell-NY Presbyterian and Fellowship at MSKCC. He specializes in the management of head and neck squamous cell carcinomas, thyroid cancers, salivary cancers, and non-melanoma skin cancers. His research is focused upon the translational science of developing novel therapeutics for these malignancies. He has been the Principal Investigator of NIH R01 grants. His research interest lies in translating emerging scientific knowledge of these diseases into new drug therapies.

Allen S. Ho, MD, Surgeon is Director of the Head and Neck Cancer Program and Co-Director of the Thyroid Cancer Program at Cedars-Sinai Medical Center in Los Angeles, CA. He is a graduate of University of California, Los Angeles School of Medicine in Los Angeles, CA. He completed residency at Stanford University School of Medicine in Palo Alto, CA and fellowships at the National Institutes of Health in Bethesda, MD and Memorial Sloan Kettering Cancer Center in New York, NY. His research interests include thyroid cancer risk stratification as well as nodal burden impact on prognosis. Dr. Ho is the author of numerous peer-reviewed publications and is principal investigator of an active surveillance trial.

Jennifer Holkem is a dedicated educator and advocate for thyroid preservation. After her 2019 experience with RFA treatment of a large benign thyroid mass, she founded Save Your Thyroid: an advocacy community aiming to become a non-profit for patients seeking FDA-approved, nonsurgical, thyroid-preserving treatment options. Due to a lack of patient-focused resources, Jennifer creates and shares educational content on YouTube, Spotify, and social media. She has had the privilege of interviewing patients and experts worldwide, working to bridge the gap between patients and physicians. Additionally, Jennifer publishes patient-focused resources on Substack and the Save Your Thyroid website (saveyourthyroid.org), including lists of known physicians who offer thyroid-preserving treatment options. She devotes a full-time effort to providing these free resources to the Save Your Thyroid community and the public.

Mimi I. Hu, MD is an endocrinologist and professor at the University of Texas MD Anderson Cancer Center in Houston, TX. Dr. Hu has served on the faculty at MD Anderson Cancer Center since 2007. Her clinical expertise is in the evaluation and treatment of patients with papillary, follicular, and medullary thyroid cancers, hereditary endocrine neoplasia disorders, and metabolic bone and mineral disorders. She is the primary investigator and collaborator on multiple clinical trials evaluating various targeted therapies for advanced thyroid cancer. Dr. Hu has published articles and book chapters evaluating the management of medullary thyroid cancer, multiple endocrine neoplasia, bone health in cancer patients, endocrine complications of head and neck surgery, and paraneoplastic endocrine disorders. Dr. Hu is a ThyCa Medical Advisor.

Priyanka C. Iyer, MD is an oncologic endocrinologist and assistant professor, Department of Endocrine Neoplasia and Hormonal Disorders, Division of Internal Medicine at the University of Texas MD Anderson Cancer Center in Houston, TX. She received her medical degree from Armed Forces Medical college, Pune, India, and completed her residency at Johns Hopkins University in Baltimore, MD.

Sonya Khan, MD is an endocrinologist and assistant professor at the University of Texas MD Anderson Cancer Center in Houston, TX in the Department of Endocrine Neoplasia and Hormonal Disorders. She is also the Center Medical Director of the Endocrine Center. She did her residency in Internal Medicine followed by fellowship at the University of Texas Health Science Center in Houston, TX and trained at MD Anderson Cancer Center during her fellowship. Her current outpatient practice includes diabetes, thyroid cancer, pituitary disorders, bone health, hypercalcemia and immunotherapy induced endocrinopathies in the oncologic population.

Joanna Klubo-Gwiezdzinska, MD, PhD, MHSc is a Lasker Tenure Track Investigator and acting section Chief of Thyroid Tumors and Functional Thyroid Disorders at the National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health (NIH) in Bethesda, MD. She obtained her MD and PhD degrees from Nicolaus Copernicus University, Collegium Medicum in Poland, and Master of Health Science degree from Duke University in Durham, NC. She underwent residency training in Nicolaus Copernicus University as well as Georgetown University/ Washington Hospital Center, Washington, DC and a fellowship in endocrinology at the NIH. She is board certified in internal medicine and endocrinology, diabetes and metabolic diseases. Dr. Klubo-Gwiezdzinska's primary scientific focus involves translational and clinical studies focused on the optimization of thyroid cancer care using personalized medicine. Dr Klubo-Gwiezdzinska is a recipient of several awards for her work, including the American Society for Clinical Investigation 2021 Young Physician-Scientist Award and Women Advancing Thyroid Research Award from the American Thyroid Association. Dr. Klubo-Gwiezdzinska is a 2011 ThyCa Research Grant recipient.

Sara Lampert-Okin, MS, LPC is a clinical psychology doctoral candidate at Rosalind Franklin University of Medicine and Science in Chicago, IL.

Soo-Hyun Lee-Kim, MS, APRN, FNP-C is a nurse practitioner who specializes in adrenal cancer and thyroid cancer survivorship at the University of Texas MD Anderson Cancer Center in Houston, TX. She is a graduate of Texas Women's University and has been a nurse practitioner since 2006. She has worked with M.D. Anderson Cancer Center for more than 16 years, including the inpatient and outpatient Neuro-Oncology Department for 7 years and transitioned to the Endocrine Department in 2015. Soo has been working with an attending who specializes in Endocrine Neoplasia including adrenal cancer and thyroid cancer. Soo also has been managing the Thyroid Cancer Survivorship Clinic patients since 2020.

Jochen H. Lorch, MD, MSc is a medical oncologist and professor of medicine and medical director of the Head and Neck and Thyroid Programs Northwestern Medical Group in Chicago, IL. He graduated from the University of Regensburg in Germany in 1993 and completed his internship and residency at the University of Pennsylvania/Presbyterian Medical Center in 1999. He was awarded a fellowship in hematology and oncology at Northwestern University in Chicago. In 2002, he returned to Germany to complete his German Board Certification in Internal Medicine and Medical Oncology. He returned to the US in 2005 to take a faculty position at Boston University in Boston, MA and started as a faculty member at Dana Farber Cancer Institute in Boston, MA in 2008. He became the inaugural director of the Thyroid Center at Dana Farber. In 2021 he left Dana Farber as Associate Professor of Medicine to join the faculty at Northwestern University. He has conducted many investigator-initiated studies for patients with aggressive thyroid cancer. He is a member of the NCCN thyroid cancer board. Dr. Lorch is a ThyCa Medical Advisor.

Shannon MacDonald, MD is a radiation oncologist at Massachusetts General Hospital in Boston, MA. She is also an associate professor at Harvard Medical School who specializes in pediatric oncology and proton therapy. Dr. MacDonald is known for her expertise and empathy, and is also an educator and course director for the Harvard Medical School Radiation Oncology Clerkship. She received her medical degree from Loyola University Chicago Stritch School of Medicine and completed her residency at New York University Medical Center. Her clinical interests include base of skull tumors, chondrosarcoma, chordoma, and pediatric tumors.

Smitha G. Mallaiah, MSc, C-IAYT is a Senior Mind-Body Intervention Specialist at the University of Texas MD Anderson Cancer Center's Integrative Medicine program in Houston, TX. She has a yoga therapy clinic and works alongside other integrative medicine clinicians using yoga therapy with inpatients and outpatients going through cancer, from prevention, diagnosis, treatment, and end of life. She is also a researcher and has developed and taught yoga research interventions for various cancer populations. She has also authored/co-authored yoga publications and book chapters and has presented her work at national and international conferences on the efficacy of yoga in cancer care. She is recognized for her work and is honored for her contribution as one of the top 25 people in the United States to improve cancer patients' quality of life by Cancer Health in 2022.

Anastasios Maniakas, MD, PhD, FRCSC is an otolaryngologist at the University of Texas MD Anderson Cancer Center in Houston, TX. Dr. Maniakas is an assistant professor in the Department of Head and Neck Surgery. He received his undergraduate, master's, and doctoral degrees from McGill University, and his MD from the University of Montreal. He completed his residency at the University of Montreal followed by a fellowship in head and neck surgical oncology at The University of Texas MD Anderson Cancer Center. His clinical expertise is in head and neck cancers, with an emphasis on thyroid and parathyroid disease, oral cavity cancer, skin cancers, and salivary gland neoplasms. Dr. Maniakas' research interests focus on translational research, with the goal to identify and develop novel head and neck cancer treatments and lead pre-clinical and multi-phase clinical trials.

Cynthia McDonald, PhD holds a doctorate in TransPersonal Psychology and has over 30 years of experience in mind-body skills, coaching and education, group facilitation, and meditation. She provides these services for several non-profit cancer organizations in the San Francisco Bay Area and sees individual clients through her mind-body coaching practice. As a thyroid cancer survivor, she has helped hundreds of cancer patients prepare for treatment; manage stress, anxiety, and fear; retain a sense of empowerment; and integrate the cancer experience into a "new normal".

David G. McFadden, MD is an endocrinologist at the University of Texas Southwestern Medical Center in Dallas, TX. Dr. McFadden is an associate professor of internal medicine and biochemistry. His clinical interest is in the treatment of patients with advanced thyroid cancer. He is a member of the American Thyroid Association and the International Thyroid Oncology Group and has been awarded research grants from the National Institutes of Health, American Thyroid Association, the Disease Oriented Clinical Scholars (DOCS) program at UT Southwestern, the Damon Runyon Cancer Research Foundation, and the Cancer Prevention and Research Institute of Texas (CPRIT). His current research focuses on using genetic engineering and chemical screens to discover new treatments for cancer.

Michelle S. Mullin, RN, BSN is a nurse navigator in the division of Head and Neck Oncology at Dana Farber Cancer Institute in Boston, MA. Her clinical interests include symptom management and relationship-based nursing care.

Shawn Alex Nemeth is the Founder & CEO of Chester Street Foundation. He is a talented speaker, author, coach, and entrepreneur who has dedicated his life to helping childhood trauma survivors heal and thrive. After suffering horrific abuse as a child, Nemeth threw himself into nonprofit work as an adult. Working around the world to help others heal, he spoke to audiences numbering in the thousands throughout the U.S., Europe, and South America, while his inner child suffered in silence. The silence broke in 2009, when Nemeth was hospitalized with PTSD. He learned that the long years of trauma had been encoded in his brain and body, as happens to many survivors of abuse and neglect. With treatment, courage, and self-compassion, Nemeth began the long road to recovery and founded the Chester Street Foundation (CSF) to give traumatized children a voice. CSF aims to shine a light on childhood trauma through education and advocacy. In addition to his work with Chester Street Foundation, Nemeth shares his inspiring story with audiences large and small as a professional speaker and through his book, Thorns of Chester Street.

Brenna Newfell, MSN, FNP-BC is a nurse practitioner at the Dana-Farber Cancer Institute in Boston, MA. She works in the division of Head and Neck Oncology with a population focus of advanced thyroid cancer. Her clinical interests include symptom management and optimizing the integration of palliative care in her patient population through their continuum of care.

Sarah C. Oltmann, MD is an endocrine surgeon at the University of Texas Southwestern Medical Center in Dallas, TX. She is the Section Chief of Endocrine Surgery at University of Texas Southwestern Medical Center, and Director of Endocrine Surgery for Parkland Health and Hospital Systems. She attended Baylor University, graduating cum laude. She went on to earn her MD at Texas Tech University Health Sciences Center, graduating Alpha Omega Alpha. She completed her General Surgery residency at the University of Texas Southwestern Medical Center. During her surgery training, she was diagnosed with thyroid cancer, which greatly influenced her decision to pursue Endocrine Surgery as a career. She completed an Endocrine Surgery fellowship training at University of Wisconsin in Madison, WI. Her research interests include management and clinical outcomes in endocrine surgery. She is a 2015 recipient of the ThyCa Research Grant for her work on cancer progression and therapeutic response in a mouse model of medullary thyroid cancer. She is an avid knitter.

Theodora Pappa, MD, PhD is an onco-endocrinologist and physician scientist committed to precision medicine in thyroid cancer. Her clinical practice at Brigham and Women's Hospital/Dana-Farber Cancer Institute is focused on advanced thyroid cancer and she conducts translational research on thyroid cancer genomics collaborating with colleagues from Harvard Medical School and the Broad Institute. The focus of her research activities is to chart the tumor ecosystem in thyroid cancer and clinically interpret thyroid cancer genome, to eventually develop novel prognostic biomarkers and tailor treatment options based on the tumor's molecular profile. Dr. Pappa is a 2022 ThyCa Research Grant recipient.

Rachna Patel, MPH, BSN, MSN, FNP-BC is a nurse practitioner at the University of Texas MD Anderson Cancer Center in Houston, TX. Rachna attended University of Georgia for her bachelor's in microbiology and then master of public health epidemiology at George Washington University and had a career in clinical research for a few years. In 2011 she completed her BSN and MSN at University of Miami. She started her nurse practitioner career at UT Memorial Hermann in Radiation Oncology and Gl Medical Oncology and then as a research nurse practitioner in medical genetics at the National Institutes of Health. In 2015 she joined the endocrinology department at MD Anderson Cancer Center and is currently in a triage role that requires staffing the endocrine urgent clinic and triaging new patients and consults to the endocrine department.

Nancy D. Perrier, MD, FACS is a surgical oncologist and professor in the Department of Surgical Oncology at the University of Texas MD Anderson Cancer Center in Houston, TX. She completed her surgical training at Mayo Clinic in Rochester, MN and fellowship training in both Endocrine Surgical Oncology and Outcomes Based Research in Epidemiology and Biostatistics at the University of California, San Francisco. She was a National Institute of Health funded T32 research fellow. She is a graduate of the Jesse H. Jones Graduate School of Business at Rice University, with a certificate in Health Care Management. Dr. Perrier serves in multiple capacities at MD Anderson including Director of Value for the Division of Surgery, section chief and medical director. Nationally her influence extends across multiple societies and organizations including senior authorship of guidelines for care and lead editing of the American Joint Commission on Cancer 8th Edition Manual for staging of cancers.

Catherine Powers-James, PhD is a licensed clinical psychologist and faculty member at University of Texas MD Anderson Cancer Center in Houston, TX. She received her doctoral degree in Clinical Health Psychology an internship and postdoctoral fellowship at the Michael E. DeBakey VA Medical Center in Houston. Dr. Powers-James is interested in preventative care and health promotion within cancer populations. She uses evidence-based treatments, such as cognitive-behavioral therapy, motivational interviewing, acceptance and commitment therapy to help patients with their cancer diagnoses and to allow them to live a healthy, well-balanced life. Her primary research focuses on mind-body interventions and treatment of psychosocial symptoms

Johnny L. Rollins, MSN, APRN, ANP-C received his Nurse Practitioner training at UT School of Nursing Health Science Center at Houston in 2007. He joined MD Anderson Cancer Center in 2012. While he was on the inpatient team, he developed an interest in managing post-op thyroid cancer patients. In 2014, he was promoted to APP Manager for the Department of Endocrine Neoplasia and transitioned into the lead APP provider for the Thyroid Cancer Survivorship Clinic. Johnny has presented at several conferences across the country, including multiple presentations at ThyCa. He was promoted to Associate Director of Advance Practice for Survivorship Programs at MD Anderson in 2024.

Dr. Jonathon O. Russell, MD, FACS is a head and neck surgeon specializing in thyroid and parathyroid surgery at the Russell Center for Endocrine Health located in Columbia, MD. Dr. Russell is the highest volume innovative surgeon in the United States. After training at the Cleveland Clinic, he trained further at Johns Hopkins before spending almost 10 years there. He became the Chief of Head and Neck Endocrine Surgery at Johns Hopkins and was the director of the Thyroid Tumor Center. During that time, he was the first surgeon to complete transoral robotic surgery for thyroid cancer, led the largest series of transoral surgery in the West, and was the first group of head and neck surgeons to offer radiofrequency ablation (RFA). In 2024, Dr. Russell founded the Russell Center for Endocrine Health, where he continues to innovate as he offers each patient a personalized plan of care.

Mabel Ryder, **MD** is an endocrinologist at the Mayo Clinic in Rochester, MN. She earned her medical degree from the University of Texas and completed her fellowship and residency at the University of Cincinnati College of Medicine. Dr. Ryder specializes in head and neck cancer and nuclear medicine therapy. She has contributed to many publications on thyroid cancer. Dr. Ryder is a 2007 ThyCa Research Grant recipient.

Steven I. Sherman, MD is an endocrinologist and Chair of the Department of Endocrine Neoplasia and Hormonal Disorders at the University of Texas MD Anderson Cancer Center, Houston, TX, where he is also a professor. A magna cum laude graduate of Harvard College, he received his MD from Johns Hopkins School of Medicine, followed by internship, residency, and fellowship at Johns Hopkins Hospital in Baltimore, MD. His clinical practice is focused on delivery of research-driven care for patients with differentiated and medullary thyroid carcinomas, along with thyroid complications of cancer therapy. His research interests for the past 25 years have centered on novel therapies and monitoring techniques for thyroid carcinoma. He has been a member of thyroid cancer guidelines panels for both the American Thyroid Association and National Comprehensive Cancer Network, and he was a founding member and former chair of the International Thyroid Oncology Group. Dr. Sherman is a ThyCa Medical Advisor.

Amanda L. Silver Karcioglu, MD is an otolaryngologist at Endeavor Health Medical Group, Lake Bluff, IL. Dr. Silver Karcioglu is a fellowshiptrained endocrine head and neck surgeon who specializes in thyroid and parathyroid surgery, lymph node dissections and has additional expertise and interest in advanced and recurrent thyroid cancer, the use of near-infrared autofluorescence for parathyroid gland preservation and minimally invasive approaches including ultrasound guided techniques. Her clinical research interests are focused on the application of technology to thyroid and parathyroid surgery and patient experience including clinical decision making and thyroid cancer survivorship. Upon graduating from Williams College and the Stritch School of Medicine-Loyola University Chicago, she completed residency training at the Harvard Combined Otolaryngology Residency Program and an endocrine head and neck surgery fellowship at the Massachusetts Eye and Ear – Harvard University.

Catherine B. Skefos, MA, MS is a certified genetic counselor in the Clinical Cancer Genetics Program at the University of Texas, MD Anderson Cancer Center in Houston, TX, where she provides cancer risk assessment and counseling to patients in the Endocrine Center. As a genetic counselor working with both pediatric and adult patients, she helps patients and family members understand and adapt to information about genetic testing and inherited cancer risk. Prior to becoming a genetic counselor, she received a master's degree in Medical Anthropology from the University of South Florida, where her research focused on health care access and health disparity. Catherine has a special interest in teaching, particularly educating health care providers about the utility of genetic counseling and testing with the goal of improving patient access to genetic services.

Julie Ann Sosa, MD, MA, FACS, FSSO is an endocrine and oncologic surgeon at the University of California, San Francisco in San Francisco, CA. She is also the Chair of the Department of Surgery and a professor in the Departments of Surgery and Medicine. Her previous position was at Duke University Medical Center in Durham, NC. She is a principal investigator or co-principal investigator of studies of new drug treatments for advanced thyroid cancer as well as a natural history registry for patients with medullary thyroid cancer. She is co-chairing the committee writing the next iteration of American Thyroid Association practice guidelines for the management of differentiated thyroid cancer. Following undergraduate education at Princeton University, she received an MA in Human Sciences at the University of Oxford in the United Kingdom and her medical degree from Johns Hopkins University School of Medicine in Baltimore, MD. She received postgraduate training at Johns Hopkins Hospital as well as John Radcliffe and Churchill Hospitals in Oxford, England. Dr. Sosa is a ThyCa Medical

Carole Spencer, PhD, FADLM is a professor of research medicine at the University of Southern California. Carole Spencer graduated with an Applied Biochemistry degree from Bath University UK, and later a Ph.D. from Glasgow University. She joined the University of Southern California to direct the Clinical Research Center Core Laboratory with a mandate to develop endocrine assays. Dr. Spencer's research at USC has focused on integrating the clinical with the laboratory aspects of thyroid disease and treatment. Dr. Spencer is a past President of the American Thyroid Association and currently holds the rank of Professor of Research Medicine in the Department of Medicine at USC. She is a licensed Medical Technologist and Technical Director of the USC Endocrine Laboratory that specializes in measuring the thyroid cancer tumor markers: Thyroglobulin (Tg) and Tg autoantibodies (TgAb). During her career she has published over 100 scientific papers focused on the technical and clinical aspects of thyroid testing. Dr. Spencer is a ThyCa Medical Advisor.

Samer A. Srour, MB, ChB, MS is an associate professor of medicine at the University of Texas MD Anderson Cancer Center in Houston, TX. Chimeric antigen receptor (CAR) T-cell therapy has been changing with several approved indications for patients with hematologic malignancies. Several challenges hampered its success in solid tumors. Dr. Srour's current clinical position as a transplant and cellular therapist, along with his background in caring for a diverse group of patients with solid tumors, have given him the opportunity to be directly engaged in the treatment of patients with both solid tumors and high-risk hematologic malignancies, and to manage a variety of toxicities associated with transplant and cellular therapy. His research interest and clinical investigations are currently focused on exploring and improving outcomes of cellular therapies in solid tumors. Dr. Srour is leading for that purpose several adoptive cell therapy clinical trials with an overall goal to improve outcomes by not only inducing durable responses but to also minimize associated toxicities and potentially cure some of these high-risk cancers.

Valentina D. Tarasova, MD is an endocrinologist at Moffitt Cancer Center in Tampa, FL. Dr. Tarasova received her MD at Kubansky State Medical University. She completed an internal medicine residency at Yale New Haven Hospital, Yale School of Medicine, New Haven, CT and an endocrinology, diabetes and metabolism fellowship at the University of Omaha, NE. Most recently, Dr. Tarasova completed a thyroid cancer fellowship at Memorial Sloan Kettering Cancer Center in New York, NY. Dr. Tarasova's clinical interests include thyroid neoplasm, particularly diagnosis, monitoring, and treatment of thyroid carcinoma (from low risk to advanced progressive forms of thyroid cancer). Her research interests include the role of molecular markers in diagnosing and determining the prognosis of thyroid neoplasm, risk stratification of patients with thyroid cancer and developing tools to estimate the prognosis and determine the management of patients with thyroid cancer.

K. Elaine Thrift, MSN, APRN, FNP-BC, CDCES, ADM-BC is a nurse practitioner at Baptist Health Adult Medicine Specialists, Fort Smith, AR. Ms. Thrift specializes in Endocrinology and Internal Medicine. In addition to being a healthcare professional, she is a thyroid cancer survivor. Diagnosed in 2012 with papillary thyroid cancer, she has experienced the vast emotions and difficulties that accompany a cancer journey. She has used her personal cancer experience to impact the life of many patients.

Caleb Trotter is an attorney at Pacific Legal Foundation, where he litigates on behalf of individuals and small businesses. His practice is primarily focused on free speech rights that allow people to pursue the profession of their choice. Mr. Trotter attended law school at Loyola University New Orleans, where he graduated cum laude and served as a member of the Loyola Law Review and moot court program. He also earned a BSM in finance and legal studies in business at Tulane University. He lives in Sacramento with his wife, Ashlee, and cat, Frank. Caleb is a member of the bar in the state of California.

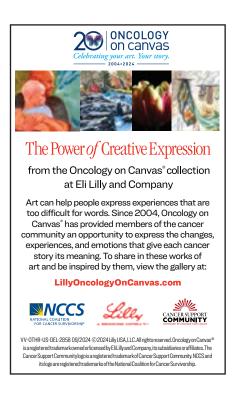
Steven G. Waguespack, MD oncologic endocrinologist, is a professor in the Department of Endocrine Neoplasia and Hormonal Disorders at the University of Texas MD Anderson Cancer Center in Houston, TX. Uniquely trained in both adult and pediatric endocrinology, he has been on the faculty at MD Anderson since 2002 and is consistently recognized as one of "America's Top Doctors for Cancer" in endocrinology. Dr. Waguespack served as a member of the ATA task force that revised the medullary thyroid cancer guidelines in 2015, was a co-chair of the inaugural 2015 ATA guidelines for pediatric thyroid nodules and differentiated thyroid cancer, and he is currently co-chairing the task force revising the ATA pediatric guidelines. Considered to be a leading expert in thyroid cancer, Dr. Waguespack is privileged to be able to care for patients across the age continuum. He is also a ThyCa Medical Advisor.

Jennifer R. Wang, MD, PhD, ScM, FRCSC is an assistant professor in the Department of Head and Neck Surgery at the University of Texas MD Anderson Cancer Center in Houston, TX. She is a surgeon scientist with a clinical practice focused on the treatment of patients with thyroid cancers. Dr. Wang received her undergraduate degree in health sciences from McMaster University and her medical degree from University of Toronto. Dr. Wang also has a PhD in genetic epidemiology from the Johns Hopkins Bloomberg School of Public Health. She is member of the FAST team (Facilitating Anaplastic Thyroid Cancer Specialized Treatment) at MD Anderson Cancer Center, dedicated to providing rapid diagnosis and treatment for patients with anaplastic thyroid cancer. Her laboratory is focused on studying genetic changes that are found in patients with thyroid cancers that can help to predict disease behavior and treatment response. Dr. Wang is a 2019 ThyCa Research Grant recipient.

Lori J. Wirth, MD, Medical Oncologist is Assistant Professor of Medicine at Harvard Medical School and at Massachusetts General Hospital, and clinician in the Head and Neck Oncology Program at the Massachusetts General Hospital Cancer Center, all in Boston, MA, where thyroid tumors are one of her specialties. Dr. Wirth graduated from Brown University and received her M.D. from Columbia University College of Physicians and Surgeons in New York. She completed a residency in Internal Medicine at New York Presbyterian Hospital and then became a fellow in Medical Oncology at the Dana-Farber Cancer Institute. She is a member of the National Cancer Institute's Metastatic/Recurrent Disease Task Force/Head and Neck Steering Committee, as well as a Thyroid Cancer Guideline Panel Member of the National Comprehensive Cancer Network. Dr. Wirth has given numerous invited presentations at the regional, national, and international levels and has authored numerous publications. She is also a reviewer for medical journals. Dr. Wirth is a ThyCa Medical Advisor.

Mark E. Zafereo, MD is a head and neck surgeon and tenured Professor at the University of Texas MD Anderson Cancer Center in Houston, TX. He is Section Chief of Head and Neck Endocrine Surgery and Associate Medical Director of the Head & Neck Center. He has served on the Board of Directors of the International Thyroid Oncology Group (ITOG) and the American Academy of Otolaryngology-Head & Neck Surgery and was recently elected to serve on the Board of Directors of the American Thyroid Association. His clinical practice focuses on patients with thyroid cancer, particularly patients with advanced thyroid cancer, wherein he leads several multicenter neoadjuvant phase II clinical trials. Dr. Zafereo is a ThyCa Medical Advisor.





THANK YOU to all of ThyCa's Volunteers

who give so many hours of your time and talents.

Our heartfelt Thank You to our more than 400 volunteers, who:

- Answer emails to thyca@thyca.org and our other ThyCa emails, and calls to our Toll-Free Number
- Lead Local Support Groups throughout the United States and in Greece, Honduras, and Ireland
- Oversee our Online Communities: Email Support Groups, Facebook, Inspire, Instagram, LinkedIn, Pinterest, Snapchat, Threads, TikTok, & YouTube
- Give one-to-one support, matched by type of thyroid cancer, in our Person-to-Person Network
- Expand and update our website and develop our publications in English, Arabic, Chinese, French, Greek, Hebrew, Hindi, Italian, Japanese, Portuguese, Russian, Spanish, and Ukrainian
- Organize our Conferences, Workshops, Seminars, plus our online Webinars
- · Give and post materials in community locations and health care settings
- · Represent ThyCa at medical meetings, cancer awareness events, community health fairs, television broadcasts, health and human services conferences, and other events.
- Raise awareness of thyroid cancer and the importance of neck checks and early detection, treatment, and lifelong follow-up
- · Build and strengthen relationships with medical professionals, associations, other cancer survivorship organizations, and community groups
- Raise funds and in-kind donations to support our services and thyroid cancer research
- Get involved in Thyroid Cancer Awareness Month in person, online, and by mail
- Reach out throughout the year in community groups and the media to support survivors and families locally, regionally, and worldwide and to educate the public about thyroid cancer
- Serve in many key roles: Team Leadership, Volunteer Training and Encouragement, Mailings, Recordkeeping, Financial Transactions, Filing, and more

We welcome new volunteers, for one-time projects and for ongoing volunteering. Learn more in the How To Help section of www.thyca.org

In Honor of Our Caregivers

We honor the families and friends of thyroid cancer survivors. You give us your support and love in countless ways. As patients, struggling through our thyroid cancer journey, we realize how difficult it is for you, too. It takes courage to stare down cancer, both as a patient and as the one standing by.

Thank you for facing it with us.

Helpful Links

Papillary/Follicular Thyroid Cancer www.thyca.org/pap-fol

Medullary Thyroid Cancer www.thyca.org/mtc

Anaplastic Thyroid Cancer www.thyca.org/atc

Pediatric Thyroid Cancer www.thyca.org/pediatric

ThyCalnc - 30,329 Followers



ThyCalnc - 6,812 Followers



ThyCalnc - 1,453 Connections



ThyCalnc - 691 Followers



ThyCainc - 79 Followers

ThyCalnc - 1,175 Followers



169 Followers



@ThyCalnc - 5,585 Followers



7,233 Subscribers



Medical Advisory Council

ThyCa is fortunate to have a distinguished Medical Advisory Council of 57 members with expertise in thyroid cancer. This board provides valuable counsel and supports our goals in education, treatment, and research. More than 50 distinguished specialists provide ongoing review and input for our website and materials. Thank you.

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Peter Angelos, MD, PhD

Endocrine Surgeon, University of Chicago, IL

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Endocrinologist, Johns Hopkins Medicine, MD

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Endocrinologist, University of Southern California Keck School of Medicine, CA

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Arturo R. Rolla, MD

About Us

ThyCa is an international nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals, dedicated to education, communication, support, awareness for early detection, and thyroid cancer research fundraising and research grants.

Our mission: Educate and support the global thyroid cancer community and invest in research.

Vision: A world free of thyroid cancer.

Since 1995 we have been developing a unique support network to link survivors and healthcare professionals around the world. Volunteers donate their time and effort to make our dreams a reality.

People in more than 130 countries receive our free services. Our free services and materials are available to everyone whose life has been touched by thyroid cancer.

Your organization is invited to partner with ThyCa in Thyroid Cancer Awareness Month (September) and year-round campaigns

Raise awareness with brochures, flyers, and wallet cards

- Free American Associaton of Clinical Endocrinologists Neck Check Cards
- Free flyers in English and Spanish: "Find It Early," "Know the Signs," "Thyroid cancer is NOT a good cancer," "About Thyroid Cancer," and more
- Free Thyroid Cancer Awareness brochures
- Free wallet cards and patient services brochures

Our Services

2 Online Support Communities

Linked through the website. These include the ThyCa Inspire Thyroid Cancer Support Community, plus Groups.io discussion community.

Person-To-Person Support

One-to-one support with ThyCa volunteers, matched by thyroid cancer type and situation.

Local Support Groups

Around the United States, Greece, Honduras, and in Ireland.

Conferences, Workshops, Seminars

Our Conferences bring thyroid cancer experts, survivors, and families together to learn the latest about thyroid cancer and give and receive support. We also hold many free one day regional workshops and local seminars.

Comprehensive Website

Thyroid cancer information in 13 languages: English, Arabic, Chinese, French, Greek, Hebrew, Hindi, Italian, Japanese, Portuguese, Russian, Spanish, and Ukrainian. Dozens of free downloadable publications, videos, plus events calendar, support group connections, Facebook and Twitter connections, and more. All medical information receives review and input from more than 50 thyroid cancer experts, including members of ThyCa's Medical Advisory Council plus more specialists.

Research Fundraising & Thyroid Cancer Research Grants

ThyCa has proudly awarded 120 thyroid cancer research grants totaling more than \$3 million, to researchers in 7 countries.

Survivors' Toll-Free Telephone Number (877) 588-7904

Free Tools for Education, Support, & Awareness

For these and more, visit www.thyca.org

Handbooks

Thyroid Cancer Basics

- About all types of thyroid cancer
- · Download or by mail
- Free in bulk to healthcare professionals
- In English, Arabic, Chinese, Hebrew, Italian, Russian, Spanish, and Ukrainian

Anaplastic Thyroid Cancer

• In English, Chinese, and Spanish

Medullary Thyroid Cancer

• In English, Chinese, and Spanish

Pediatric Thyroid Cancer

In English

Thyroid Nodules: Testing and Follow-Up

In English and Arabic

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Free Pediatric Sportpacks

With information plus helpful tips for children and teens with thyroid cancer, and their parents

Low-lodine Cookbook 9th Edition

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- Fine Needle Aspiration of the Thyroid: The Guide for Patients (in English and Spanish)
- Fine Needle Aspiration of the Thyroid: A Procedural Guide for the Physician

Guestbook and Free Monthly Newsletter

Use our website's convenient Guestbook to sign up for our free online newsletters and special announcements, to request a free Patient Information Packet, and to add or update your contact information.

Thyroid Cancer Support Groups

Affiliated with ThyCa: Thyroid Cancer Survivors' Association, Inc. | www.thyca.org

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International
LID and RAI
Medullary
Pediatric
Poorly Differentiated
RAI Resistant
Teens
Young Adult

Executive Director and Board of Directors

ThyCa's Board of Directors leads policy, planning, oversight, and service coordination. ThyCa's full-time Executive Director leads general management, operational planning, and day-to-day management. In collaboration with the Board and Committees, our Executive Director also furthers ThyCa's vision and strategic plan to strengthen and extend our support services, education, and outreach, especially for underserved populations, and to foster research advocacy and alliances with professionals and community organizations worldwide.

Kurt E. Alexander, Esq., General Counsel

Kurt has served as ThyCa's General Counsel since 1997, after his wife was diagnosed with thyroid cancer. He is Board Certified in Civil Trial Law by The Florida Bar and The National Board of Trial Advocacy. He is also AV Preeminent Rated by Martindale-Hubbell, the highest rating possible, reflecting the confidential assessments of the Bar and the judiciary. He is a member of ABOTA, the American Board of Trial Advocates, and he serves as a member of the Executive Council of The Trial Lawyers Section of The Florida Bar. He has served as Chair of The Florida Bar Grievance Committee for his part of Florida. Mr. Alexander serves by Order of the Florida Supreme Court as a member of its Committee on Standard Jury Instructions in Civil Cases. He is also a member of the Florida Bar's Standing Committee on Professionalism.

Gary Bloom, Executive Director

Gary manages ThyCa's programs and services, leads the Conference planning, is liaison to ThyCa's Medical Advisory Council, and represents ThyCa at meetings and events. He co-founded ThyCa with 16 others and was ThyCa's Founding Board Chair. He has facilitated the ThyCa Washington, DC, Support Group since 1999. With 3 physicians, he co-edited Thyroid Cancer: A Guide for Patients. Gary was diagnosed with papillary thyroid cancer with tall cells in 1995, received numerous treatments, and has participated in clinical trials. He lives in Olney, Maryland, with his wife, Hilary.

Bridget Corcoran, Treasurer

After being diagnosed at 21 in 2008, Bridget became passionate about helping fellow survivors as well as educating others about thyroid cancer. She has been the co-facilitator of the ThyCa Chicago, Illinois, Support Group since 2011, has represented ThyCa at medical professionals' meetings, and has led sessions at ThyCa Conferences. Bridget is a WBE-certified IBEW electrical contractor from the Chicago area. She enjoys cooking, photography, spending time with family and friends, travel, practicing mindfulness meditation, knitting, and driving her BMW. She holds a BSBA in management from Roosevelt University in Chicago.

Anita Hubbard

Anita is a thyroid cancer survivor, diagnosed on Valentine's Day in 2013. Through her experience, Anita was inspired to help others through her own nonprofit focused on raising awareness and funds for thyroid cancer research. Anita is a former corporate executive, now focused on interior design and raising her young family in Texas.

Daria Jerauld, Assistant Chair

Originally diagnosed in March 1996 (PTC), Daria has had two recurrences. Her first ThyCa conference was in Chicago (2004). She facilitated the Waterloo, Iowa support group and now SE Kansas and Tulsa groups. She coordinates ThyCa's Toll-Free Number (TFN). Daria has led roundtables at ThyCa Conferences. She retired from John Deere after 34 years. She's now ThyCa's Director of Social Media. She helped edit ThyCa's 9th Edition LID Cookbook. Daria is married to her husband Bob. She has two adult children. Daria enjoys her dogs, travel, cooking and Star Trek. Daria holds degrees in Engineering and Psychology and recently came out of retirement to serve as the Principal of Holy Name Catholic School.

Anjali Kapoor-Davis

Anjali Kapoor-Davis is a writer from Fresno, California. She became RAI-Resistant with metastatic disease a year after her thyroid cancer diagnosis. ThyCa volunteers inspired her to start and co-facilitate ThyCa Fresno. She enjoys volunteering at the annual ThyCa conferences and co-facilitates the RAI-Resistant support group. Anjali writes about her cancer experience, racism, sexism, and human rights. Her writing has appeared in the Yonsei Memory Project and Remedy Media's Patient Power series. You can often find her baking, gardening, reuniting countless dogs that have gone for walks without their humans, and spending time with her husband and son, the joys of her life.

George Labonte, In Memoriam

It is with deep sadness that we announce the passing of Wrentham Deputy Police Chief, George C. Labonte. George passed away peacefully surrounded by his family on August 12, 2024, after a long, very courageous battle with medullary thyroid cancer. George was the Deputy Chief for the Wrentham Police Department in MA where he worked for 20 years. He was diagnosed with medullary thyroid cancer in 2016 and had many treatments. George resided in Massachusetts and is survived by his widow, Katie and their 4 children. Outside of work, you would often find George on the soccer, baseball or softball fields watching his children's many sports. George enjoyed leading the healthiest lifestyle possible by running, gardening, and reading. His contribution to ThyCa is immeasurable and he will be greatly missed.

Bill McClain

Bill is an author and businessman who lives with his wife in Milford, CT. He consults on Strategic Planning and has published two books on the subject, "Strategic Planning In This Age Of Disruption" and "The 4 Horsemen (Envisioning 2030)." Writing under the pen name William Kenly, he has published three books, including "The Dogs of Cancer: Dancing with Medullary Thyroid Cancer," and is an editor and contributing author to "After the Diagnosis: Medullary Thyroid Cancer Memoirs," and the newest MTC book "The Butterfly Sings." He has co-facilitated past conference roundtables with his wife Galina, and he is also on the Board of Directors of the Cornel Scott Hill Health Center in New Haven, CT. He was diagnosed with sporadic medullary thyroid cancer in 2008.

Bill Nelson

Bill is an attorney, author, and speaker living on the southern tip of Lake Michigan. He earned a B.A. in Business Administration from Taylor University and a Juris Doctorate from Valparaiso University School of Law. He's been in private law practice for more than three decades and serves as a part-time Public Defender. His book, Firm Grip, Learning to Thrive When Life Doesn't Go as Planned, was published in 2021. He enjoys an active lifestyle that includes fitness and exercise, skiing, cycling, and travel. Bill and his wife, Jane, have two adult sons, Erik and Adam, and two French Bulldogs, Vinny and Ivy. Bill was diagnosed with medullary thyroid cancer in 2016.

Valronica Scales, Recording Secretary

Valronica is an eight-year papillary thyroid cancer survivor and advocate for young adult cancer patients. She is a Senior Consultant in Human Capital at Deloitte Consulting. Prior to joining Deloitte in November 2021, Valronica worked as a strategic, data-driven, and detail-oriented manager and leader at multiple higher education institutions across the Midwest and Mid-Atlantic for 15+ years. Originally from Stoneville, NC (and now based in Maryland), Valronica earned her bachelor's degree in psychology at Elon University, master's degree in higher education and student affairs at Loyola University and doctorate degree in adult and higher education at Northern Illinois University.

Howard Solomon, Board Chair

Howard is a thyroid cancer survivor and has a lifelong interest in endurance sports, including running and swimming. A graduate of the University of Michigan, he lives in San Anselmo, California with his wife and two children. Howard is Managing Partner for Finn Partners - a global group of strategists who develop communications programs across sectors and media platforms.

---- In Loving Memory ----

We join together in remembering these wonderful men and women who fought thyroid cancer with courage, strength, and grace.

We dedicate this page to them and to all those who have gone before us.

Daniel Alder

Lisa Lowe Alfrey

Joel Amromin

James R. Arseneau

Jake Babinecz

Kathleen Ann LeBlanc Bailey

Steven P. Barton

Saul Baxter

Sheryl Lynn Beezley

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Catherine Bradley

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Adan Canto

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Kevin Cole

Emmy Collett

Jared Davis

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Randall Allan Grams

Debra Green Shapira

Phyllis Guiliano

Frieda Johnson

Mante Ka's mom

Stanley Kowalczyk

Andrew Krokou

George Labonte

Joe Lane

Robert Leib

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ThyCa's services and resources are all made possible by the dedicated volunteer efforts of more than 400 individuals and by the generous financial and in-kind donations from individuals and organizations.

These contributions support our free year-round support services, outreach, Low-lodine Cookbook, patient information packets, Thyroid Cancer Basics, Anaplastic Thyroid Cancer, Medullary Thyroid Cancer, Pediatric Thyroid Cancer, and Thyroid Nodules: Testing and Follow-Up Handbooks, many more free publications, the webinar series, seminars, workshops, and this conference. The grants from organizations are unrestricted educational grants. Thank you very much to all of our donors.



SAVE THE DATES!

28th International Thyroid Cancer Survivors' Conference September 26-28, 2025

www.thyca.org













