

**25th International Thyroid Cancer Survivors' Virtual Conference**  
**September 15-18, 2022**  
**Conference Schedule, *as of September 17, 2022***

**Thursday, September 15, 2022**

- All program times are EDT (New York City time)
- Check out our online auction, [www.thyca.org/auction](http://www.thyca.org/auction)
- Your feedback is important! Please fill out the session evaluation survey at the end of each session.

**8:00 – 9:00 p.m. EDT**

**001 Open house: Navigating through the conference. Things to know and questions to ask.**  
Daria Jerauld, ThyCa Volunteer. [All,SR]

**Session Key (You are welcome to attend any session.)**

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|                      |                              |                           |                                    |                                   |
|----------------------|------------------------------|---------------------------|------------------------------------|-----------------------------------|
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| <b>M:</b> Medullary  | <b>N:</b> Newly Diagnosed    | <b>Ped:</b> Pediatric     | <b>PF:</b> Papillary/Follicular    | <b>SR:</b> Session to be Recorded |

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## Friday, September 16, 2022

- All program times are EDT (New York City time)
- Check out our online auction, [www.thyca.org/auction](http://www.thyca.org/auction)
- Your feedback is important! Please fill out the session evaluation survey at the end of each session.

### 9:30 – 10:30 a.m. EDT

**101 Roundtable: If you're new to thyroid cancer – things to know and questions to ask.**

Barb Allhoff, ThyCa Volunteer. [N]

**102 Roundtable: If this is your first conference – things to know and questions to ask.**

Abby Melendez, ThyCa Volunteer. [All]

**103 Get “schooled”: Educational accommodations and advocacy for children diagnosed with thyroid cancer.** Pam Mendenhall, LISW, ThyCa Pediatric Support Moderator. [Ped,SR]

**104 Update on the management of anaplastic thyroid cancer.**

Maria E. Cabanillas, MD, Oncologic Endocrinologist. [A,SR]

**105 Caregivers roundtable.** Miguel Melendez, ThyCa Volunteer. [All]

### 10:40 – 10:50 a.m. EDT

**116 Welcome and announcements.**

Gary Bloom, ThyCa Executive Director; and Howard Solomon, ThyCa Board Chair. [All]

### 11:00 a.m. – 12:30 p.m. EDT

**121 Getting to know each other: Open-microphone roundtables.** ThyCa Volunteers. [All]

**122 Poorly differentiated thyroid cancer roundtable: Getting to know each other.**

Julie Martwick, ThyCa Volunteer. [Adv,PF]

**123 Medullary thyroid cancer roundtable: Getting to know each other.** Bill McClain and Kelley Pratt, ThyCa Volunteers. [M]

**124 Anaplastic thyroid cancer roundtable: Getting to know each other.**

Cheri Lindle and Patti Turner, ThyCa Volunteers. [A]

### Session Key (You are welcome to attend any session.)

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## Friday, September 16, 2022, 1:00 – 2:00 p.m. EDT

### 131 Improving thyroid cancer patient outcomes, experience, and treatment decision-making.

Susan Pitt, MD, MPH, Endocrine Surgeon. [All,SR]

### 132 Contemporary surgical treatment of differentiated (papillary and follicular) thyroid cancer and recurrent thyroid cancer.

R. Alex Harbison, MD, MS, Endocrine Surgeon.

[Adv,AYA,H,N,Ped,PF,SR]

### 133 CAR T-cell therapy for medullary thyroid cancer: The personal story that inspired the science.

Roger B. Cohen, MD, Medical Oncologist;

Donald L. Siegel, PhD, MD, Transfusion Medicine; and Kelley Pratt, ThyCa Volunteer. [M,SR]

### 134 Adjusting to and coping with thyroid cancer: What does this mean and look like for me?

Kimberly M. Davis, PhD, Clinical Psychologist. [All,SR]

### 135 MTC and MEN2A/B: implications for the patient and their family.

Ruth T. Casey, MD, Endocrinologist, Tom R. Kurzawinski, MD, Endocrine Surgeon, and

Jo Grey, CEO of AMEND. [M,SR]

## 2:30 – 3:30 p.m. EDT

### 141 Your mouth, salivary glands, and teeth: Preventing and solving issues caused by treatments, including radioactive iodine or external beam radiation.

Mark S Chambers, DMD, MS, Oral Medicine Specialist. [All,SR]

### 142 Overview and discussion about thyroid cancer and pregnancy.

Kaniksha Desai, MD, ECNU, Endocrinologist; and Caroline T. Nguyen, MD, Endocrinologist.

[Adv,H,M,N,PF,SR]

### 143 Medullary thyroid cancer: What is it, and what do I do now? Understand the terms, and learn how to navigate treatment at the beginning of the journey.

If possible, please submit your questions in advance (to [thyca@thyca.org](mailto:thyca@thyca.org) and note the Session 143/Dr. Hu) to help Dr. Hu organize/group the questions to help her answer as many questions as possible. Questions can still be submitted during the live session.

Mimi I. Hu, MD, Endocrinologist. [M,SR]

### 144 How does thyroid cancer differ when it's in children and teenagers, compared to adults?

Jonathan Wasserman, MD, PhD, Pediatric Endocrinologist. [Ped,SR]

### 145 Development of a Decision Aid for Decisions about Radioactive Iodine Therapy among Patients Diagnosed with Thyroid Cancer.

Alaina Carr, PhD, Clinical Psychologist.

[Adv,AYA,H,Ped,PF,SR]

## 4:00 – 5:00 p.m. EDT

### 151 Approaches for RAI therapy and RAI refractory (non-avid, RAI resistant) disease.

Mabel Ryder, MD, Endocrinologist. [Adv,H,PF,SR]

### 152 Patient advocacy issues in the era of pandemic and digital health.

Erik Blomain, MD, PhD, Radiation Oncologist and Patient Advocate. [All,SR]

### 153 Ask a doctor your questions about medullary thyroid cancer.

Mimi I. Hu, MD, Endocrinologist. [M,SR]

### 154 The ABCs of papillary and follicular thyroid cancer and variants: Understanding key terms, concepts, and initial diagnostic and treatment steps.

Kaniksha Desai, MD, ECNU, Endocrinologist. [N,SR]

### 155 Regulating our Dysregulation: A guided relaxation session followed by a discussion offering practical tools for enhancing our quality of life.

Donna Sherman, MSW, LCSW, Behavioral Health Coach. [All,SR]

**Session Key** (You are welcome to attend any session.)

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## Friday, September 16, 2022, 5:30 – 6:30 p.m. EDT

**161 Roundtable: Connecting with community through storytelling.** Participants will explore how storytelling can help us process difficult experiences and how sharing our stories can help increase our sense of connection. Participants will create their own story timelines in this session and will share a part of their story (if comfortable) with a partner during the session. In closing, participants will identify how they want to write the next chapter of their narrative.

Jessie Larson-Wu, MA, LPC, Mental Health Therapist, ThyCa's Director of Podcasts. [All]

**162 The risks of secondary cancers from radioactive iodine treatment.**

Erik Blomain, MD, PhD, Radiation Oncologist & Patient Advocate. [Adv,AYA,H,N,Ped,PF,SR]

**163 Medullary thyroid cancer in 2022: Considerations before, during, and after surgery.**

Mark E. Zafereo, MD, Head and Neck Surgeon. [M,SR]

**164 Roundtable: Learn how ThyCa serves the thyroid cancer community through Social Media and how you can be a micro-influencer.** Daria Jerauld, ThyCa Director of Social Media. [All]

**165 Protecting yourself and your family by planning ahead.** Estate planning can be overwhelming and can often bring up topics that are difficult to discuss. However, being prepared can also bring a sense of comfort. This seminar will cover the various documents that can make up an estate plan, things to consider as you begin the process of creating your plan and options available to individuals to protect their medical decision-making rights.

Monica Fawzy Bryant, Esq, Attorney. [All,SR]

## 7:00 – 8:30 p.m. EDT

**171 Young adults virtual meet-up.** For people ages 15 to 39. Anjali Kapoor-Davis, ThyCa Volunteer. [AYA]

**172 Virtual anaplastic thyroid cancer meet-up.**

Cheri Lindle and Patti Turner, ThyCa Volunteers. [A]

**173 “Meddie” (medullary thyroid cancer) virtual meet-up.** Bill McClain, ThyCa Volunteer. [M]

**174 Virtual papillary and follicular thyroid cancer meet-up.**

Theresa Wickerham, ThyCa Program Coordinator. [Adv,H,N,Ped,PF]

## 7:30 – 8:30 p.m. EDT

**185 Thyroid cancer trials 2022, a presentation from Australia.** Bruce Robinson, MD, Endocrinologist. [Adv,AYA,H,M,Ped,PF,SR]

## RECORDED SESSIONS for on-demand listening [languages noted]

(More sessions may be added to this section as they become available)

**500 Challenges and difficulties in pathological diagnosis of thyroid cancer. [English]**

Shoko Kure, MD, PhD, Pathologist. [All]

**511 Diagnóstico e manejo do cancer de tireoide medular. [Português]** Ana O. Hoff, MD, Endocrinologista. [M]

**521 甲状腺结节：常识介绍。[简体中文]** 关海霞，医学博士，内分泌科医生。[全部]

**522 甲状腺癌的诊断。[简体中文]** 王卓颖，医学博士，头颈外科医生。[全部]

**523 甲状腺癌的治疗。[简体中文]** 王卓颖，医学博士，头颈外科医生。[全部]

## Session Key (You are welcome to attend any session.)

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## Saturday, September 17, 2022

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### 8:30 – 9:30 a.m. EDT

- 201 Discussion about thyroid nodules and pathological diagnosis, and types of thyroid tumors and pathological features.** Zubair W. Baloch, MD, PhD, Pathologist. [Adv,AYA,H,Ped,PF,SR]
- 202 Ask a doctor your questions about papillary, follicular and Hurthle Cell thyroid cancers and variants.** Valentina D. Tarasova, MD, Endocrinologist. [Adv,AYA,H,N,Ped,PF,SR]
- 203 Helping families communicate better with each other and with their medical team, including the value of emotional intelligence and the role of behavioral styles.**  
Cheri Lindle, MEd, ThyCa Volunteer. [All,SR]
- 204 Roundtable: Discussion for radioactive iodine resistant thyroid cancer survivors. How do we manage our care.** Anjali Kapoor-Davis and Abby Melendez, ThyCa Volunteers. [Adv,H,PF]

### 10:00 – 11:00 a.m. EDT

- 211 Am I a candidate for a non-surgical treatment option? A discussion about percutaneous alcohol ablation, and radiofrequency ablation.**  
Moderator: Jennifer L. Holkem, Executive Director, Save Your Thyroid.  
Shahzad Ahmad, MD, FACE, ECNU, Endocrinologist;  
Jules Aljammal, MD, ECNU, Endocrinologist; and  
Iftikhar A Malik MD, ECNU, FACE, Endocrinologist. [Adv,AYA,H,M,N,PF,SR]
- 212 Voice issues roundtable: Share your tips and tricks for coping with voice issues.**  
Daria Jerauld and Anjali Kapoor-Davis, ThyCa Volunteers. [All]
- 213 Medullary thyroid cancer roundtable: Answering any questions you have so far.** Jo Gorringer, Bill McClain, and Kathryn Wall, ThyCa Volunteers. [M]
- 214 Discussion with a doctor about anaplastic thyroid cancer and Hurthle cell thyroid cancer. What's new?** Jochen J. Lorch, MD, MSc, Medical Oncologist. [A,Adv,H,SR]
- 215 Haga sus preguntas a el médico en español.** Carlos S. Duque, MD, Cirujano de Cabeza y Cuello; y Danica M. Vodopivec, MD, Endocrinólogo Oncológico. [SR]

### 11:10 – 11:20 a.m. EDT

- 226 Welcome and announcements.**  
Gary Bloom, ThyCa Executive Director; and Howard Solomon, ThyCa Board Member. [All]

### Session Key (You are welcome to attend any session.)

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**Saturday, September 17, 2022, 11:30 a.m. – 12:30 p.m. EDT**

**231 Patient decision-making in low-risk papillary thyroid cancer, including active surveillance.**

Louise Davies, MD, MS, FACS, Otolaryngologist; Anna Sawka, MD, PhD, Endocrinologist; and R. Michael Tuttle, MD, Endocrinologist. [AYA,N,Ped,PF,SR]

**232 Test your cancer: Genomic cancer testing overview.**

Valerie Bastani, BSN, RN, OCN; Shari Bates, BSN, RN, OCN, CCM; and Valentina D. Tarasova, MD, Endocrinologist. [All,SR]

**233 Medullary thyroid cancer: Locating disease and treatment options for metastases using lab results and imaging.**

Douglas W. Ball, MD, Endocrinologist. [M,SR]

**234 Pediatric thyroid cancer roundtable: Coping, treatment options, and being part of a community of survivors.** Carol DiFelice and Pam Mendenhall, ThyCa Volunteers. [Ped]

**235 Haga sus preguntas a el médico en español.** Esta es una continuación de la sesión 215 si se necesita más tiempo. Carlos S. Duque, MD, Cirujano de Cabeza y Cuello; y Danica M. Vodopivec, MD, Endocrinólogo Oncológico. [SR]

**1:00 – 2:00 p.m. EDT**

**241 Discussion about the low-iodine diet.**

Daria Jerauld and Becky Johnson, ThyCa Volunteers. [Adv,AYA,N,Ped,PF,SR]

**242 I've had surgery followed by radioactive iodine. Now I have non-avid (RAI resistant) disease. When should I consider biomarker testing to look for NTRK, RET and other therapeutic targets?** Naifa L. Busaidy, MD, Endocrinologist. [Adv,AYA,H,Ped,PF,SR]

**243 Ask a doctor your questions about medullary thyroid cancer.**

Douglas W. Ball, MD, Endocrinologist. [M,SR]

**244 Living with hypoparathyroidism which sometimes is a side effect of thyroid cancer treatment.** Michael A. Levine, MD, MACE, FAAP, FACP, Pediatric Endocrinologist. [All,SR]

**245 Roundtable: How do I meditate anyway? Using mindful meditation for stress relief.**

Roberta Perry, ThyCa Volunteer. [A,Adv,AYA,H,M,N,Ped,PF]

**246 The extent of surgical treatment for differentiated thyroid cancer: Shared decision making with your surgeon.** Moderators: Amanda M. Laird, MD, Endocrine Surgeon; and

Lilah F. Morris, MD, FACS, Endocrine Surgeon. Panelists:

Sarah C. Oltmann, MD, Endocrine Surgeon; Kepal N. Patel, MD, Endocrine Surgeon; and

Linwah Yip, MD, Endocrine Surgeon. [Adv,AYA,H,N,Ped,PF,SR]

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**Saturday, September 17, 2022, 2:30 – 3:30 p.m. EDT**

**251 Targeted therapies (i.e.: multi-kinase inhibitors, RET and NTRK inhibitors) in advanced thyroid cancer.** Jonathan Wadsley, MA, MRCP, FRCR, Oncologist. [Adv,AYA,H,M,N,Ped,PF,SR]

**252 Do I have the right medical team for my situation? Should I consider getting a second opinion? Do I need an oncologist for my care?**

Naifa L. Busaidy, MD, Endocrinologist. [Adv,AYA,H,Ped,PF,SR]

**253 Medullary thyroid cancer roundtable: Breakout rooms by disease status to talk after hearing from some of the doctors.** Bill Nelson, and Kelley Pratt, ThyCa Volunteers. [M]

**254 Monitoring of low and intermediate risk papillary and follicular thyroid cancer patients in the first five years after initial treatment(s).** Sana Ghaznavi, MD, Endocrinologist. [AYA,Ped,PF,SR]

**255 The use of Thyrogen® versus T4 withdrawal to prepare for radioactive iodine treatment or scans and/or for stimulated thyroglobulin testing, with or without scans.**

Sarimar N. Agosto Salgado, MD, Oncologic Endocrinologist. [Adv,AYA,H,N,Ped,PF,SR]

**4:00 – 5:00 p.m. EDT**

**261 Panel discussion: Understanding thyroid hormone replacement therapy.**

Francesco S. Celi, MD, Endocrinologist;

Jacqueline Jonklaas, MD, PhD, MPH, Endocrinologist; and

Lizzy McAninch, MD, Endocrinologist. [All,SR]

**262 Designing clinical trials for precision oncology.** Vivek Subbiah, MD, Clinical Trialist. [A,Adv,AYA,H,Ped,PF,SR]

**263 Nutrition roundtable: Ask a nutritionist your questions about healthy eating.**

Catalina Ovalle, BSND, Nutritionist. [All]

**264 Thyroid Cancer and the Importance of Your Story.** Filmmaker and thyroid cancer survivor, Bryn Silverman, will walk participants through her creative process and what she's learned as a patient in the making of her documentary film about her treatment. Participants will be invited to share their own experiences and thoughts on the subject. *What is your story? How have you maintained/discovered/rewritten your own personal narrative since your diagnosis?* Naveen Chaubal, Producer; Kate Mitchell, MD; and Bryn Silverman, Filmmaker and Thyroid Cancer Survivor. [All,SR]

**265 Roundtable: Discussion among adolescents and young adults.** For people ages 15 to 39.

Anjali Kapoor-Davis, ThyCa Volunteer. [AYA]

**266 A discussion on radioactive iodine therapy: when to use it, how much to use and radiation safety precautions after therapy.** Jennifer Kwak, MD, Nuclear Medicine Physician.

[Adv,AYA,H,N,PF,SR]

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**Saturday, September 17, 2022, 5:30 – 6:30 p.m. EDT**

**271 Panel discussion: Question and answer session. We will address whatever questions have come up as the meeting has progressed.**

Moderator: R. Michael Tuttle, MD, Endocrinologist.

Panelists: Sarimar N. Agosto Salgado, MD, Oncologic Endocrinologist;

Jennifer Choe, MD, PhD, Medical Oncologist; and

Avital Harari, MD, MSc, Endocrine Surgeon. [All,SR]

**272 Music therapy and how it relates to supporting all that goes into a cancer diagnosis and journey.** Sharon Hickox, MM, LPMT, MT-BC, CCTSI, Music Therapist. [All,SR]

**273 AYA roundtable: Self-care and thyroid cancer.** For people ages 15 to 39.

Bev McLaughlin, MA, Patient Navigator. [AYA]

**274 Roundtable: Anaplastic thyroid cancer.** Cheri Lindle and Patti Turner, ThyCa Volunteers. [A]

**275 Living your best life: How palliative care can improve your quality of life.** Having a difficult illness can affect your life in many ways. Join us for this session to find out what you can do to manage the impact your illness has on your life. At this event, we will share ways to live your best life using a holistic, person-centered approach. We will talk about physical symptoms as well as emotional and spiritual well-being. You'll also learn about the medical specialty, called palliative care, and how it can give you an extra level of support and improve your quality of life. Grant M. Smith, MD, Palliative Care Physician. [A,Adv,M,SR]

## **Support the 21<sup>st</sup> ThyCa Auction**

Go to [www.thyca.org/auction](http://www.thyca.org/auction) and help us raise much-needed funds for thyroid cancer research.

The auction ends at 9 p.m. EDT tonight.

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## Sunday, September 18, 2022

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### 10:00 – 11:00 a.m. EDT

#### 301 Complications from treatments and balancing benefits-risks.

Megan R. Haymart, MD, Endocrinologist. [Adv,H,PF,SR]

#### 302 Recurrent thyroid cancer: screening and treatment.

Cord Sturgeon, MD, MS, Endocrine Surgeon. [Adv,AYA,H,Ped,PF,SR]

#### 303 Thyroid cancer roundtable: A discussion on fitness and exercise and positive mental attitude.

Bill Nelson, Jr., ThyCa Volunteer. [All]

#### 304 ThyCa support group facilitators: current and prospective.

Abby Melendez, Director of Support Groups; and

Theresa Wickerham, ThyCa Program Coordinator. [All]

#### 305 Immunotherapy and thyroid cancer. Ann W. Gramza, MD, Medical Oncologist. [All,SR]

#### 306 Pediatric thyroid cancer roundtable: A parent's story about NTRK and discussing the importance of tumor testing as well as the latest updates.

Andrew J. Bauer, MD, FAAP, Pediatric Endocrinologist;

Theodore W. Laetsch, MD, Pediatric Oncologist; Kristine Frischhertz and

Susan Spinosa, ThyCa Volunteers. [Ped,SR]

### 11:10 – 11:20 a.m. EDT

#### 316 Welcome and announcements.

Gary Bloom, ThyCa Executive Director; and Howard Solomon, ThyCa Board Chair. [All]

### 11:30 a.m. – 12:30 p.m. EDT

#### 321 A preview of preliminary work done for the next iteration of the American Thyroid Association guidelines for differentiated thyroid cancer (papillary or follicular thyroid cancer). Julie Ann Sosa, MD, MA, Surgeon. [N,PF,SR]

#### 322 Hurthle cell thyroid cancers – these are NOT papillary or follicular thyroid cancers. Where is the research going in this disease and what has been done so far?

David G. McFadden, MD, Endocrinologist. [Adv,AYA,H,SR]

#### 323 Medullary thyroid cancer: Medical management of a chronic disease.

Danica M. Vodopivec, MD, Oncologic Endocrinologist. [M,SR]

#### 325 Roundtable: Conquer the fear of cancer recurrence.

Theresa Wickerham, ThyCa Program Coordinator. [Adv,AYA,H,PF]

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## Sunday, September 18, 1:00 – 2:00 p.m. EDT

### 331 Surgical complications: Voice issues and other problems.

David Myssiorek, MD, FACS, Otolaryngologist. [A,Adv,AYA,H,PF,SR]

### 332 Systemic treatment options for radioactive iodine-refractory metastatic papillary, follicular, and hurthle cell thyroid cancer. Vineeth K. Sukrithan, MD, Medical Oncologist. [Adv,AYA,H,Ped,PF,SR]

### 333 Medullary thyroid cancer roundtable: Wrapping up the conference. Does anyone have any more questions? Karen Geisenberger and Jo Gorringer, ThyCa Volunteer. [M]

### 334 Pediatric thyroid cancer. Ask a doctor your questions about pediatric thyroid cancer, from minimally invasive to advanced disease.

Andrew J. Bauer, MD, FAAP, Pediatric Endocrinologist. [Ped,SR]

### 335 Roundtable: AYA thyroid cancer and a discussion on friendships, dating, relationships, and how thyroid cancer affects them. For people ages 15 to 39. Anjali Kapoor-Davis, ThyCa Volunteer. [AYA]

### 336 Haga sus preguntas a la médica en español. Amanda LaGreca, MD, Endocrinólogo. [SR]

## 2:30 – 3:30 p.m. EDT

### 341 The importance of lifetime follow-up. Amanda LaGreca, MD, Endocrinologist. [A,Adv,AYA,H,M,Ped,PF,SR]

### 342 Poorly differentiated thyroid cancer roundtable: What have we learned this weekend. Julie Martwick, ThyCa Volunteer. [Adv,PF]

### 343 Precision medicine: Integrating computational analysis with clinical and genomic information to inform clinical decision-making to offer better care for thyroid cancer patients. Theodora Pappa, MD, PhD, Endocrinologist. [A,Adv,AYA,H,M,Ped,PF,SR]

### 344 Nonsurgical treatment options for primary PTC: Patients share their experience with radiofrequency ablation.

Ralph P. Tufano, MD, MBA, FACS, Otolaryngologist; and Jennifer L. Holkem, Executive Director, Save Your Thyroid. [AYA,H,N,PF]

### 345 Thriving through Connection: the importance of nurturing mental health during the thyroid cancer journey. It might be helpful to have paper and writing/drawing utensil available for this session. Laura Slagle, MA, LMFT, Licensed Marriage and Family Therapist. [All,SR]

## 3:35 – 4:00 p.m. EDT

### 356 Conference wrap-up: Resources and next steps after the conference, your feedback on the conference, and suggestions for next year.

Gary Bloom, ThyCa Executive Director; and Theresa Wickerham, ThyCa Program Coordinator. [All]

*Thank you for attending! We hope to see you in person next year!*

### Session Key (You are welcome to attend any session.)

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