

# Preliminary Conference Schedule

Program as of October 20, 2016

The program is subject to changes.

At the conference, you will receive our **Daily Update Bulletin** with any changes.

## Friday, October 21, 2016

### 8:00 a.m. Registration Desk Opens in Conference Central. *Marina*

- Invitation: Purchase tickets for Saturday Night's Dinner/Auction Fundraiser for Thyroid Cancer Research.
- If you pre-ordered a box lunch, pick it up in *Newport B* between 11:30 a.m. – 2:00 p.m.
- Order a box lunch for Saturday today. You may order a Sunday lunch either today or tomorrow.
- Your feedback is important! Please leave your evaluation forms and suggestions in Conference Central at the end of each day or provide feedback with the conference app, EventsXD.

### 8:00 - 9:20 a.m. Early-Bird Sessions.

**100 Fun Icebreaker to Meet Your Fellow Conference Attendees.** Cheri Lindle, M.Ed. *Newport B*

**103 Roundtable: How to Navigate the Conference Plus Discussion.** Abby Melendez and Miguel Melendez, ThyCa Volunteers. *Los Angeles C*

**104 Roundtable: How to Navigate the Conference Plus Discussion.** Tim Lau, ThyCa Volunteer. *Los Angeles B*

**105 Quiet Room for Reading Materials, Relaxing, or Meditating.** *Los Angeles A*

### 9:30 - 9:45 a.m.

**111 Welcome and Morning Announcements.** Kathryn Wall, ThyCa Volunteer. *La Jolla B*

### 9:55 - 10:55 a.m. Getting To Know Each Other. Open Microphone Roundtables.

**121** Anjali Kapoor-Davis and Ashley Maderr, ThyCa Volunteers. *La Jolla B*

**122** Joel Amromin and Chris Kidwell, ThyCa Volunteers. *Carmel*

**123** Denise Rivera, ThyCa Volunteer. *Los Angeles C*

**124** Shilo Bartlett and Ray Bartlett, ThyCa Volunteers. *Los Angeles B*

**125** Rita Bramhall and Jeff Hall, ThyCa Volunteers. *Los Angeles A*

**126** Tim Lau and Sharon Veingrad, ThyCa Volunteers. *Catalina A*

**127** Jo Gorringer, ThyCa Volunteer. *Catalina B*

### 11:05 a.m. - 12:10 p.m.

**131 Radioactive Iodine (I-131) for Low-Risk Thyroid Cancer. When is it Recommended?**

**What About Dose?** Wendy Sacks, M.D., Endocrinologist. *La Jolla B*

**132 Hypoparathyroidism / Hypocalcemia: Now That You Have It, What Do You Do?**

Michael A. Levine, M.D., Endocrinologist, Julie Hunsaker and Deb Murphy, HypoPARAthyroidism Association Board Members. *Carmel*

**133 Medullary Thyroid Cancer Roundtable: Getting to Know Each Other – MTC Survivors and Caregivers.** Kathryn Wall, ThyCa Volunteer. *Los Angeles C*

**134 Key Aspects of Surgery for Thyroid Cancer, Including Intraoperative Nerve Monitoring.**

Lisa A. Orloff, M.D., Head & Neck Surgeon. *Los Angeles B*

**135 What Is the Mind-Body Connection?** Lana Gelb, M.S., Registered Somatic Movement Therapist. *Los Angeles A*

**136 Mindfulness and General Wellness.** Susie Larson, M.D., M.P.H., Physician. *Catalina A*

**137 Roundtable: Share Your Thyroid Cancer Journey.** Abby Melendez and Miguel Melendez, ThyCa Volunteers. *Catalina B*

**Friday, October 21st, 12:30 - 1:35 p.m. Lunch & Learn Sessions. Bring lunch.**

**141 The ABCs of Thyroid Cancer: The Meaning of Key Terms and Concepts.**

Steven G. Waguespack, M.D., Endocrinologist. *La Jolla B*

**142 Roundtable on Hypoparathyroidism / Hypocalcemia.** Michael A. Levine, M.D., Endocrinologist, Julie Hunsaker and Deb Murphy, HypoPARAthyroidism Association Board Members. *Carmel*

**143 Medullary Thyroid Cancer Roundtable: Bring Your Questions about Living with Sporadic, MEN2, and Familial MTC.** Jo Gorringer, ThyCa Volunteer. *Los Angeles C*

**144 Dealing with Pregnancy and Thyroid Cancer.** Angela M. Leung, M.D., Endocrinologist. *Los Angeles B*

**145 Ultrasound in the Management of Thyroid Cancer.** Joyce J. Shin, M.D., Endocrine Surgeon. *Los Angeles A*

**146 When and Why to Start and Stop TKI (Tyrosine Kinase Inhibitor) Therapy in All Advanced Thyroid Cancers.** Manisha H. Shah, M.D., Hematologist & Oncologist. *Catalina A*

**147 En Español: Preguntas Con la Doctora.** Maria E. Cabanillas, M.D., Oncologic Endocrinologist. *Catalina B*

**149 For Medical Writers, Press, and Others Interested in Writing About Thyroid Cancer: Print Materials and Questions and Answers about Covering Thyroid Cancer.** Roselle Kovitz, ThyCa Volunteer. *Catalina C*

**1:50 - 2:55 p.m.**

**151 Ask a Doctor about Thyroid Hormone Replacement Issues for Different Situations: Dosing, Monitoring, Preparations, and TSH Targets.** Gregory Brent, M.D., Endocrinologist. *La Jolla B*

**152 Novel Chemotherapies for Patients With Metastatic Papillary, Follicular, or Hurthle Cell Thyroid Cancer.** Maria E. Cabanillas, M.D., Oncologic Endocrinologist. *Carmel*

**153 Understanding the Biology of Medullary Thyroid Cancer.** Gilbert J. Cote, Ph.D., Molecular Geneticist. *Los Angeles C*

**154 Cancer Survivorship: Coping and Navigating the Long Road Ahead.** Pamela A. Lowry, R.N., B.S., C.E.N., O.C.N., Oncology Nurse. *Los Angeles B*

**155 Helping Children and Teens Cope With Thyroid Cancer. The 2015 Treatment Guidelines of the American Thyroid Association, Differences in Care for Youths and Adults, and the Transition to Adult Care.** Steven G. Waguespack, M.D., Endocrinologist. *Los Angeles A*

**156 Anaplastic Thyroid Cancer Roundtable.** Lewis Dawson and Cheri Lindle, ThyCa Volunteers. *Catalina A*

**157 Time for Time Management: Keeping Your Life/Health/Work in Balance.** Meryl Mosack, Time Management Trainer. *Catalina B*

**Friday, October 21st, 3:05 - 4:10 p.m.**

**161 Radioactive Iodine (I-131) Therapy and How You Can Reduce Your Side Effects.**

Douglas Van Nostrand, M.D., Nuclear Medicine Physician. *La Jolla B*

**162 Preventing and Solving Issues for Your Mouth, Salivary Glands, and Teeth from Radiation Treatment.**

Mark S. Chambers, D.M.D., M.S., Oral Medicine. *Carmel*

**163 Mutations Being Targeted by Specific Drugs Used for Treating Advanced Thyroid Cancers; the Differences Between Less Specific and More Specific Targeted Drugs.**

This session will cover these mutations: BRAF, RET, and NTRK in Papillary and Medullary Thyroid Cancer. The session will also discuss the drugs lenvatinib and cabozantinib, a BRAF Inhibitor, and efforts to target RET specifically. S. Michael Rothenberg, M.D., Research & Development Director. *Los Angeles C*

**164 Proper Nutrition, the Benefits of Exercise, and Its Positive Impacts on Reducing Cancer Risk / Recurrence.**

Remy L. Heustis, R.D., C.N.S.C. *Los Angeles B*

**165 Understanding Health Insurance: Tips on Picking a Plan, Getting Help with Co-Pays, Appealing a Denied Claim, and Organizing Your Records.**

Joanna L. Morales, J.D., Esq., Cancer Rights Attorney. *Los Angeles A*

**166 Anaplastic Thyroid Cancer: Changes in Treatment and New Approaches that Show Promise.**

Maria E. Cabanillas, M.D., Oncologic Endocrinologist. *Catalina A*

**167 Caregivers' Roundtable.**

Phil Callihan, ThyCa Volunteer. *Catalina B*

**169 Small Focus Group Hosted by Eisai Inc.** This session is for 10 people who want to participate in an interactive discussion about differentiated (papillary or follicular) thyroid cancer and the current landscape. Please sign up in advance at [thyroidFG@eisai.com](mailto:thyroidFG@eisai.com). Moderators: Teresa Cronin and David Zied. *Catalina C*

**4:20 - 5:25 p.m.**

**171 The ABCs of Thyroid Cancer: The Meaning of Key Terms and Concepts.**

John B. Tourtelot, M.D., Endocrinologist. *La Jolla B*

**172 Immunotherapy Basics: What It Is, Different Types of Immunotherapy Currently Being Used in Thyroid Cancer (and other cancers), and What Is Its Future?**

Ramona Dadu, M.D., Endocrinologist. *Carmel*

**173 Understanding Genetic Testing for Medullary Thyroid Cancer.**

Samuel Hyde, M.MSc., C.G.C., Geneticist. *Los Angeles C*

**174 What's in a Number? Understanding TSH (Thyroid Stimulating Hormone), Free T4 Levels and Thyroglobulin.**

Johnny L. Rollins, A.P.R.N., A.N.P.-C. *Los Angeles B*

**175 Your Employment Rights: Understanding "Reasonable Accommodations," Disclosure Decisions, How to Communicate With Your Employer and When You're Job Seeking.**

Joanna L. Morales, J.D., Esq., Cancer Rights Attorney. *Los Angeles A*

**176 Understanding Your Communication Style and How It Affects Everyone You Encounter.**

A Path to Understanding by Seeing Others through the Lens of DiSC. Cheri Lindle, M.Ed. *Catalina A*

**177 Good Vibrations! How Changing Your Vibe Can Greatly Improve Your Health!**

Lana Gelb, M.S., Registered Somatic Movement Therapist. *Catalina B*

**179 Georgetown University Focus Group.** This session is open to people who have received radioactive iodine treatment for thyroid cancer in the last 10 years and would like to share their experience. We are recruiting up to 10 participants for this session. Please sign up in advance. Walk-ins are welcome as space permits. Moderators: Kristi D. Graves, Ph.D., Psychologist, and Jacqueline Jonklaas, M.D., Ph.D., M.P.H., Endocrinologist ([ThyroidCancerStudy@georgetown.edu](mailto:ThyroidCancerStudy@georgetown.edu)). *Catalina C*

## Friday, October 21st

### EVENING EVENTS AND GET-TOGETHERS —

**5:45 - 7:00 p.m.**

**181 Reception: Informal Social Time With Free Refreshments.** *Malibu Garden (Third Floor)*

- Door prizes and drawing to raise funds for thyroid cancer research.

**7:00 - 10:00 p.m. Your Choice for Dinner and Socializing.**

**191 Dinner on Your Own or With Groups.**

- Enjoy dinner at the hotel or a local area restaurant.
- Look for the sign-up lists for varied groups on the message board in Conference Central.

**7:00 - 10:00 p.m.**

**192 “Meddie” (Medullary Thyroid Cancer) Meet-up.** Join in the fun from 7:00 p.m. on.

Host: Kathryn Wall. *Newport C*

**193 Young Adults Dinner and Meet-up.** Join in the fun from 7:00 p.m. on. For people 18 through 40.

Hosts: Chris Kidwell and Tim Lau. Dinner: *Andiamo*, Meet-up (after 9:00 p.m.): *Landings*

**199 Dinner for Current ThyCa Support Group Facilitators.** This session is by invitation only due to regulatory compliance issues. Speaker will be Douglas Van Nostrand, M.D., Nuclear Medicine Physician, on Thyrogen®. *Newport B*

## Saturday, October 22, 2016

### 8:00 a.m. Registration Desk Opens in Conference Central. *Marina*

- Invitation: Purchase tickets for Saturday Night's Dinner/Auction Fundraiser for Thyroid Cancer Research.
- Pick-up your pre-purchased box lunch in *Newport B* between 11:30 a.m. – 2:00 p.m.
- Order a box lunch for Sunday today.
- Your feedback is important! Please leave your evaluation forms and suggestions in Conference Central at the end of each day or provide feedback with the conference app, EventsXD.

### 7:00 - 8:30 a.m.

**200 Current ThyCa Support Group Facilitators Breakfast.** Kathryn Wall, ThyCa Director of Support Groups. *Santa Monica B*

### 8:00 - 9:00 a.m. Early-Bird Sessions

**211 Mayo Clinic Approach in 2016 to Papillary Thyroid Cancer Management and the Role of Ethanol Ablation After 25 Years of Experience.** Ian D. Hay, M.D., Ph.D., Endocrinologist. *La Jolla B*

**212 Active Surveillance of Micro Papillary Thyroid Cancer.** Allen S. Ho, M.D., Surgeon. *Carmel*

**213 Roundtable: Medullary Thyroid Cancer.** ThyCa Volunteer. *Los Angeles C*

**214 After Surgery, Talking About Levothyroxine, and Steps Toward Feeling Better.** John B. Tourtelot, M.D., Endocrinologist. *Los Angeles B*

**215 A Discussion about Surgical Recommendations in the American Thyroid Association's 2015 Guidelines on Thyroid Nodules and Differentiated Thyroid Cancer (Papillary and Follicular).** Julie Ann Sosa, M.D., M.A., Surgeon. *Los Angeles A*

**216 Pediatric Thyroid Cancer, and As We Move Into Adulthood.** Steven G. Waguespack, M.D., Endocrinologist. *Catalina A*

**217 Quiet Room for Reading Materials, Relaxing, or Meditating.** *Catalina B*

**218 Pet Therapy.** Come and go as you choose. PUP Registered Therapy Dogs and their owners will be with us for your enjoyment and to relieve stress. *La Jolla A*

**219 Georgetown University Focus Group.** This session is open to people who have received radioactive iodine treatment for thyroid cancer in the last 10 years and would like to share their experience. We are recruiting up to 5 participants for this session. Please sign up in advance. Walk-ins are welcome as space permits. Moderators: Kristi D. Graves, Ph.D., Psychologist, and Jacqueline Jonklaas, M.D., Ph.D., M.P.H., Endocrinologist ([ThyroidCancerStudy@georgetown.edu](mailto:ThyroidCancerStudy@georgetown.edu)). *Catalina C*

### 9:10 - 9:20 a.m.

**221 Morning Announcements.** Howard Solomon, ThyCa Volunteer. *La Jolla B*

**Saturday, October 22nd, 9:30 - 10:35 a.m.**

- 231 Key Points To Understand in the American Thyroid Association's 2015 Guidelines on Thyroid Nodules and Differentiated Thyroid Cancer (Papillary and Follicular).** Bryan R. Haugen, M.D., Endocrinologist. *La Jolla B*
- 232 General Overview of Thyroid Cancer, With a Focus on the University of Southern California Method of Management and Follow-Up (Especially the Use of High Resolution Ultrasound and Thyroglobulin Testing).** Peter A. Singer, M.D., Endocrinologist. *Carmel*
- 233 Molecular Markers in Medullary Thyroid Cancer, and What They Mean for Future Treatment Advances.** Gilbert J. Cote, Ph.D., Molecular Geneticist. *Los Angeles C*
- 234 Management of Differentiated Thyroid Cancer in 2016: Is Less More ... All the Time?** Julie Ann Sosa, M.D., M.A., Surgeon. *Los Angeles B*
- 235 The Treatments Are Over—What's Next? A Presentation on M.D. Anderson's Thyroid Cancer Survivorship Clinic and How You Can Get These Components of Care Wherever You Live.** Johnny L. Rollins, A.P.R.N., A.N.P.-C. *Los Angeles A*
- 236 Advocating for Yourself. Better Communications Between You and Your Medical Team.** Douglas Van Nostrand, M.D., Nuclear Medicine Physician. *Catalina A*
- 237 Updates in the Management of Pediatric Thyroid Cancer.** Dennis R. Maceri, M.D., Pediatric Otolaryngologist. *Catalina B*
- 238 Pet Therapy.** Come and go as you choose. PUP Registered Therapy Dogs and their owners will be with us for your enjoyment and to relieve stress. *La Jolla A*
- 239 Anaplastic Thyroid Cancer Roundtable.** Cheri Lindle, ThyCa Volunteer. *Catalina C*

**10:45 - 11:50 a.m.**

- 241 Preventing and Solving Issues for Your Mouth, Salivary Glands, and Teeth from Radiation Treatment.** Mark S. Chambers, D.M.D., M.S., Oral Medicine. *La Jolla B*
- 242 Current Recommendations as to the Correct Surgery for Different Situations in Papillary and Follicular Thyroid Cancer.** Dennis R. Maceri, M.D., Pediatric Otolaryngologist. *Carmel*
- 243 Roundtable: Medullary Thyroid Cancer. Share your Tips for Living Well.** Jo Gorringer and Kathryn Wall, ThyCa Volunteers. *Los Angeles C*
- 244 A New Surgical Method Used To Identify Parathyroid Glands During Surgery, Particularly in a Re-Operative Setting Using Novadaq Fluorescent Imaging System.** Mira M. Milas, M.D., Endocrine Surgeon. *Los Angeles B*
- 245 Anaplastic Thyroid Cancer: Treatment Options and Considering a Clinical Trial.** Bryan R. Haugen, M.D., Endocrinologist. *Los Angeles A*
- 246 En Español: Preguntas Con la Doctora.** Maria Albuja-Cruz, M.D., Surgeon. *Catalina A*
- 247 Coping With Fear: Shout Out! Recurrent, Residual, Persistent Disease.** Lynn Waldmann, L.C.S.W., Senior Social Work Counselor. *Catalina B*
- 248 Pet Therapy.** Come and go as you choose. PUP Registered Therapy Dogs and their owners will be with us for your enjoyment and to relieve stress. *La Jolla A*

**Saturday, October 22nd, 12:10 - 1:15 p.m. Lunch & Learn Sessions. Bring lunch.**

**251 Contemporary Management of Differentiated Thyroid Cancer (Papillary and Follicular) From Minimally Invasive to Recurrent Disease.** Gary L. Clayman, D.M.D., M.D., F.A.C.S., Surgeon. *La Jolla B*

**252 Coping with Treatments and Side Effects of New Targeted Therapies and Chemotherapy, Including Managing Drug Holidays.** Pamela A. Lowry, R.N., B.S., C.E.N., O.C.N., Oncology Nurse. *Carmel*

**253 Medullary Thyroid Cancer: A Surgically Treated Disease.** Elizabeth G. Grubbs, M.D., Surgeon. *Los Angeles C*

**254 Roundtable: Discussion Among Adolescents and Young Adults.** Melanie Goldfarb, M.D., Surgeon and Bridget Corcoran, ThyCa Volunteer. *Los Angeles B*

**255 Roundtable: Talking About Your Thyroid Cancer With Family Members of All Ages.** Lisa Callihan and Phil Callihan, ThyCa Volunteers. *Los Angeles A*

**256 Hypocalcemia After Thyroidectomy. What are the Causes and Consequences? Tips on Prevention and Management.** Maria Albuja-Cruz, M.D., Surgeon. *Catalina A*

**257 Roundtable: If You're New to Thyroid Cancer.** Anjali Kapoor-Davis, and Anne MacPherson West, ThyCa Volunteers. *Catalina B*

**258 Pet Therapy.** Come and go as you choose. PUP Registered Therapy Dogs and their owners will be with us for your enjoyment and to relieve stress. *La Jolla A*

**259 Living with Hypoparathyroidism: A Presentation by a Physician and Patient**

**Ambassador.** This session is for people who are diagnosed with Hypoparathyroidism, and is by invitation only due to regulatory compliance issues. For more questions about this program or to register, please call toll-free 1-855-889-8717 or register online at [www.registerhypopara.com](http://www.registerhypopara.com). William G. Cushard, Jr., M.D., Endocrinologist and Daralin, a Patient Ambassador. *Catalina C*

**12:30 - 5:30 p.m.**

**Graves' Disease and Thyroid Foundation Seminar.** ThyCa attendees can walk into any sessions of this seminar. *Newport C*

**Saturday, October 22nd, 1:30 - 2:35 p.m.**

- 261 The American Thyroid Association's 2015 Guidelines on Thyroid Nodules and Differentiated Thyroid Cancer (Papillary and Follicular), and the Implications for the Thyroid Cancer Patient.** Stephanie Smooke Praw, M.D., Endocrinologist. *La Jolla B*
- 262 After Receiving Radioactive Iodine: Share Your Opinions on Issues Related to Patient Release from the Hospital or Clinic.** Peter Crane, Esq., ThyCa Volunteer. *Carmel*
- 263 Medullary Thyroid Cancer: Ask a Doctor Your Additional Questions.** Elizabeth G. Grubbs, M.D., Surgeon. *Los Angeles C*
- 264 Young Adults' Discussion – Friendships, Dating, Relationships, and How Thyroid Cancer Affects Them.** Melanie Goldfarb, M.D., Endocrine Surgeon, Lynn Waldmann, L.C.S.W., Senior Social Work Counselor, and Chris Kidwell, ThyCa Volunteer. *Los Angeles B*
- 265 A Musical Journey. A Long Term Survivor's Story and Songs.** BethAnn Long, Singer/Songwriter, Thyroid Cancer Survivor. *Los Angeles A*
- 266 How Funding For Research Works: Helping Patients and Caregivers Understand the Importance of Advocacy for Research.** Aime T. Franco, Ph.D., Researcher. *Catalina A*
- 267 Learning About Deep Breathing, Meditation, and Chair Yoga.** Lauren Mones, Certified Anusara Yoga Teacher. *Catalina B*
- 268 Pet Therapy.** Come and go as you choose. PUP Registered Therapy Dogs and their owners will be with us for your enjoyment and to relieve stress. *La Jolla A*
- 269 Georgetown University Focus Group.** This session is open to people who have received radioactive iodine treatment for thyroid cancer in the last 10 years and would like to share their experience. We are recruiting up to 10 participants for this session. Please sign up in advance. Walk-ins are welcome as space permits. Moderators: Kristi D. Graves, Ph.D., Psychologist, and Jacqueline Jonklaas, M.D., Ph.D., M.P.H., Endocrinologist ([ThyroidCancerStudy@georgetown.edu](mailto:ThyroidCancerStudy@georgetown.edu)). *Catalina C*

**2:45 - 3:50 p.m.**

- 271 Papillary and Follicular Thyroid Cancer Latest Research on Post-Operative Surveillance, including Thyroglobulin and Thyroglobulin Antibody Testing.** Carole A. Spencer, Ph.D., F.A.C.B., Professor of Medicine. *La Jolla B*
- 272 Initial Surgery for Thyroid Cancer Including Extent of Surgery and How to Evaluate and Manage Lymph Nodes.** Masha Livhits, M.D., Endocrine Surgeon. *Carmel*
- 273 Medullary Thyroid Cancer: An Overview of Important Information So We Can Eliminate Confusion.** Robert F. Gagel, M.D., Endocrinologist. *Los Angeles C*
- 274 Treatment Options for Targeted Therapies for Advanced Cancers, Including What Patients Can Expect From These Treatments, and What They Should Look for in Pursuing Care.** Andrew G. Gianoukakis, M.D., Endocrinologist. *Los Angeles B*
- 275 Taking Charge: My Body, My Choices — Listen to Me.** This workshop will be interactive, focusing on self-advocacy skills. Lynn Waldmann, L.C.S.W., Senior Social Work Counselor. *Los Angeles A*
- 276 Roundtable: Improving Thyroid Cancer Care and Preventing Delays in Diagnosis for People Who Live in Rural and Remote Communities, or at a Distance from Specialist Care.** Roselle Kovitz, ThyCa Volunteer. *Catalina A*
- 277 En Español: Una Charla Con Victoria.** Victoria Ballesteros, ThyCa Volunteer. *Catalina B*
- 278 Pet Therapy.** Come and go as you choose. PUP Registered Therapy Dogs and their owners will be with us for your enjoyment and to relieve stress. *La Jolla A*



**Saturday, October 22nd, 4:00 - 5:05 p.m.**

**280 Anaplastic Thyroid Cancer Roundtable.** Cheri Lindle, ThyCa Volunteer. *Newport A*

**281 Re-Operations for Thyroid Cancer That Recurs or Spreads in the Neck, Lymph Nodes, or in Distant Sites in the Body.** Michael W. Yeh, M.D., Surgeon. *La Jolla B*

**282 Treatment of Advanced Iodine-Resistant Differentiated Thyroid Cancer (Papillary and Follicular).** Lori J. Wirth, M.D., Medical Oncologist. *Carmel*

**283 The Realities of Getting a Drug Approved by the FDA and How They Think of Medullary Thyroid Cancer.** Robert F. Gagel, M.D., Endocrinologist. *Los Angeles C*

**284 How Does Thyroid Cancer Differ When It's in Young People, Compared to Adults?** Wen Jiang, M.D., Pediatric Otolaryngologist. *Los Angeles B*

**285 Roundtable for Prospective and New ThyCa Support Group Facilitators.** Kathryn Wall, ThyCa Director of Support Groups and Theresa Wickerham, ThyCa Program Director. *Los Angeles A*

**286 Coping with Your Diagnosis, Treatment Decisions, Communications with Your Medical Professionals, Your Family's Feelings and Reactions, and Lifestyle Changes.** Nadeen Fisher, Ph.D., Clinical Psychologist. *Catalina A*

**287 Roundtable: Complementary Approaches to Well-Being and Sharing What We Find Helpful.** Carolyn Hyden, ThyCa Volunteer. *Catalina B*

**288 Pet Therapy.** Come and go as you choose. PUP Registered Therapy Dogs and their owners will be with us for your enjoyment and to relieve stress. *La Jolla A*

**289 Georgetown University Focus Group.** This session is open to people who have received radioactive iodine treatment for thyroid cancer in the last 10 years and would like to share their experience. We are recruiting up to 10 participants for this session. Please sign up in advance. Walk-ins are welcome as space permits. Moderators: Kristi D. Graves, Ph.D., Psychologist, and Jacqueline Jonklaas, M.D., Ph.D., M.P.H., Endocrinologist ([ThyroidCancerStudy@georgetown.edu](mailto:ThyroidCancerStudy@georgetown.edu)). *Catalina C*

**6:00 - 9:00 p.m.**

**ThyCa Dinner/Auction to Raise Funds for Thyroid Cancer Research.**

*International Ballroom A&B (1st Floor)*

- Come for the Dinner/Auction to support Thyroid Cancer Research from 6 p.m. - 9 p.m. (tickets required).
- We are honored to present ThyCa's Distinguished Service Award to Robert F. Gagel, M.D., ThyCa Medical Advisor, in gratitude for his many years of dedicated service to ThyCa.
- Emcee will be popular St. Louis, Missouri morning radio host Guy Phillips.
- More special features to come.
- Auction check-out. Pick up your auction items from 9 p.m. - 10 p.m.
- Music and dancing, socializing, and conversation from 9 p.m. - midnight (free).
- Stay and enjoy the whole evening!

**Even if you don't attend the Dinner/Auction, please join in the free fun at 9 p.m.**

## Sunday, October 23, 2016

### 8:00 a.m. Registration Desk Opens in Conference Central. *Marina*

- Pick-up your pre-purchased box lunch in *Newport B* between 11:30 a.m. – 2:00 p.m.
- Your feedback is important! Please leave your evaluation forms and suggestions in Conference Central at the end of each day or provide feedback with the conference app, EventsXD.

### 8:00 - 9:05 a.m. Early-Bird Sessions

#### 301 Time for Time Management: Keeping Your Life/Health/Work in Balance.

Meryl Mosack, Time Management Trainer. *La Jolla B*

#### 302 Solving Speech or Swallowing Difficulties after External Beam Radiation, Surgery, or Other Factors.

Michael E. Chesebro, M.A., C.C.C.-S.L.P., Speech Language Pathologist.

*Carmel*

#### 303 Roundtable: Thyroid Cancer Clinical Trials, When Do They Pertain to You? What Is It Like Being in a Clinical Trial?

Tommy Stewart, ThyCa Volunteer. *Los Angeles C*

#### 304 Coping with Pregnancy, Childbearing, and Thyroid Cancer.

Aime T. Franco, Ph.D. Researcher. *Los Angeles B*

#### 305 Roundtable: Building a Constructive Alliance Between Patients and Professionals.

Roselle Kovitz, ThyCa Volunteers. *Los Angeles A*

#### 306 Quiet Room for Reading Materials, Relaxing, or Meditating. *Catalina A*

#### 309 Georgetown University Focus Group.

This session is open to people who have received radioactive iodine treatment for thyroid cancer in the last 10 years and would like to share their experience. We are recruiting up to 5 participants for this session. Please sign up in advance. Walk-ins are welcome as space permits. Moderators: Kristi D. Graves, Ph.D., Psychologist, and Jacqueline Jonklaas, M.D., Ph.D., M.P.H., Endocrinologist ([ThyroidCancerStudy@georgetown.edu](mailto:ThyroidCancerStudy@georgetown.edu)). *Catalina C*

### 9:15 - 9:25 a.m.

#### 311 Morning Announcements.

Victoria Ballesteros, ThyCa Volunteer. *La Jolla B*

### 9:35 - 10:40 a.m.

#### 321 What's Happening Now and What's On the Horizon in Immunotherapy and Other Advances in Care for Thyroid Cancer and All Cancers?

Gregory A. Daniels, M.D., Ph.D., Oncologist. *La Jolla B*

#### 322 How to Avoid Complications of Thyroid Surgery—Voice, Calcium / Hypoparathyroidism, and Other.

Michael Bouvet, M.D., Endocrine Surgeon. *Carmel*

#### 323 Medullary Thyroid Cancer: A Surgeon's Perspective on Surgery, Re-Surgery, Watchful Waiting, and Targeted Therapy Treatments.

Mark Zafereo, M.D., Otolaryngologist. *Los Angeles C*

#### 324 Developing an Exercise Program After Thyroidectomy, and the Challenges of Energy and Balancing Thyroid Medication.

Aime T. Franco, Ph.D., Researcher. *Los Angeles B*

#### 325 Roundtable: Getting Involved, Volunteering and Becoming Active in ThyCa Support Services.

Theresa Wickerham, ThyCa Program Coordinator. *Los Angeles A*

#### 326 Quiet Room for Reading Materials, Relaxing, or Meditating. *Catalina A*

**Sunday, October 23rd, 10:50 - 11:55 a.m.**

**331 Why Your Voice Matters: Engaging in the Research Process.** Kristi D. Graves, Ph.D.,  
Clinical Psychologist. *La Jolla B*

**332 Ask an Endocrinologist About Thyroid Hormone Therapy, Testing, and Dosing.**  
Jacqueline Jonklaas, M.D., Ph.D., M.P.H. *Carmel*

**333 What Do Thyroid Cancer Patients Want / Need From the Health Care Team?**  
Pamela A. Lowry, R.N., B.S., C.E.N., O.C.N., Oncology Nurse. *Los Angeles C*

**334 Ask a Surgeon About Thyroid Cancer Treatment.** William B. Armstrong, M.D.,  
Otolaryngologist. *Los Angeles B*

**335 Radioactive Iodine and Tearing.** Bruce B. Becker, M.D., Ophthalmologist. *Los Angeles A*

**336 Roundtable: Coping with Fatigue and Other Side Effects of Treatments, Including  
Surgery, Radiation, Chemotherapy, and Targeted Therapies.** Anjali Kapoor-Davis,  
ThyCa Volunteer. *Catalina A*

**337 Quiet Room for Reading Materials, Relaxing, or Meditating.** *Catalina B*

**12:15 - 1:20 p.m. Lunch & Learn Sessions. Bring lunch.**

**341 Roundtable: Coping with Thyroid Cancer and Another Medical Issue at the Same Time.**  
Tommy Stewart, ThyCa Volunteer. *La Jolla B*

**342 Managing Workplace Issues While Coping with Thyroid Cancer: Roundtable.**  
Anne MacPherson West, ThyCa Volunteer. *Carmel*

**343 Fundraising for Research: Moving Toward Our Dream of Cures for All Thyroid Cancer.**  
Gary Bloom, ThyCa Executive Director. *Los Angeles C*

**344 Roundtable: Share Your Tips for Using the Low-Iodine Diet When Preparing to Receive  
Radioactive Iodine.** Anjali Kapoor-Davis, ThyCa Volunteer. *Los Angeles B*

**345 Quiet Room for Reading Materials, Relaxing, or Meditating.** *Los Angeles A*

**1:35 - 2:40 p.m.**

**351 Roundtable: Coping When Newly Diagnosed and During the First Year.** Joel Amromin,  
ThyCa Volunteer. *La Jolla B*

**352 Roundtable: Coping After the First Year and Over the Long Term, including Recurrence.**  
Theresa Wickerham, ThyCa Program Coordinator. *Carmel*

**353 Roundtable: Coping with Metastatic Progressing Disease.** Tommy Stewart, ThyCa  
Volunteer. *Los Angeles C*

**354 Young Adults Roundtable: What Are the Key Issues for Young Adults?** Chris Kidwell,  
ThyCa Volunteer. *Los Angeles B*

**2:50 - 3:30 p.m.**

**361 Conference Wrap-Up: Resources and Next Steps After the Conference, Your Feedback on  
the Conference, and Suggestions for Next Year.** Conference Team. *La Jolla B*

*Thank you for coming! We hope to see you next year!*  
##

HILTON LOS ANGELES AIRPORT - SECOND FLOOR

**SAVE THE DATES!**

**20th  
International  
Thyroid Cancer  
Survivors'  
Conference  
Oct. 6-8, 2017**

*Baltimore, Maryland*



- |                                |                |
|--------------------------------|----------------|
| 1. Marina (Conference Central) | 8. Catalina A  |
| 2. Los Angeles A               | 9. Catalina B  |
| 3. Los Angeles B               | 10. Catalina C |
| 4. Los Angeles C               | 11. Catalina D |
| 5. Carmel Room                 | 12. Newport A  |
| 6. La Jolla A                  | 13. Newport B  |
| 7. La Jolla B                  | 14. Newport C  |