

Welcome!
Program Schedule Preview

Updated as of September 22, 2015

At the conference, you will receive our **Daily Update Bulletin** with any changes.

Friday, October 2, 2015

8:00 a.m. Registration Desk Opens in Conference Central. Davos

- Walk-in conference attendees and registrants are welcome.
- Scholarships are available to cover the registration fee.
- Purchase tickets for Saturday Night's Dinner/Auction Fundraiser for Thyroid Cancer Research.
- There is free coffee and tea available in the lobby until 9:30 am. There are also restaurants less than 5 minutes away.
- Purchase your box lunch ticket for \$12 (for a sandwich, fruit and drink) any time in Conference Central. Pick-up your lunch in the Versailles Foyer between 11:30 a.m. – 1:30 p.m.
- Please bring your completed evaluation forms and suggestions to Conference Central at the end of each day or respond to the daily online evaluations through the Bizzabo app.

9:30 - 9:45 a.m.

101 Welcome and Morning Announcements. Mary Catherine Petermann, ThyCa Volunteer and Board Chair. *Versailles 1*

9:50 - 10:50 a.m. Getting To Know People With All Types of Thyroid Cancer

Open Mic Survivors'/Caregivers' Roundtable

111 Bill McClain and Galina McClain, ThyCa Volunteers. *Versailles 1*

112 Joel Amromin and Chris Kidwell, ThyCa Volunteers. *Versailles 2*

113 Carol DiFelice, ThyCa Volunteer. *Alpine 2*

114 Evelyn Gross, ThyCa Volunteer. *St. Moritz*

115 Daria Jerauld, ThyCa Volunteer. *Alpine 1*

116 Sharon Veingrad, ThyCa Volunteer. *Bern*

11:00 a.m. - 12:05 p.m.

121 The ABCs of Thyroid Cancer: The Meaning of Key Terms. Jennifer A. Sipos, M.D., Endocrinologist. *Versailles 1*

123 Medullary Thyroid Cancer Roundtable: Conference Session Choices. Kathryn Wall, ThyCa Volunteer. *Alpine 2*

125 Understanding Your Communication Style and How It Affects Everyone You Encounter. *A Path to Understanding by Seeing Others through the Lens of DiSC.* Cheri Lindle, M.Ed., Educator. *Alpine 1*

126 Roundtable: Familial Papillary or Follicular Thyroid Cancer (Non-Medullary). Leah Guljord, ThyCa Volunteer. *Bern*

Friday, October 2nd, 12:20 - 1:25 p.m. Lunch and Learn Roundtables. Bring your lunch.

- 131 Ultrasound in the Management of Thyroid Cancer.** Jennifer A. Sipos, M.D., Endocrinologist. *Versailles 1*
- 133 Medullary Thyroid Cancer Roundtable Including MEN2 and Familial MTC.** Bill McClain and Kathryn Wall, ThyCa Volunteer. *Alpine 2*
- 134 Roundtable: If You're New to Thyroid Cancer.** Carol DiFelice and Pat Paillard, ThyCa Volunteers. *St. Moritz*
- 135 Roundtable: Complementary Approaches for Well-Being.** Carolyn Hyden, ThyCa Volunteer. *Alpine 1*
- 136 Roundtable: When a Close Relationship Changes During Cancer.** Wendy Shelley, ThyCa Volunteer. *Bern*
- 137 Dealing with Pregnancy and Thyroid Cancer.** Jodi Novotny, ThyCa Volunteer. *Zermatt*

1:40 - 2:45 p.m.

- 141 Papillary and Follicular Thyroid Cancer: After Diagnosis, When to Treat, and How, OR When "Watch and Wait" Is An Option.** Naifa L. Busaidy, M.D., Endocrinologist. *Versailles 1*
- 142 Novel Chemotherapies for Patients With Metastatic Papillary, Follicular, or Hurthle Cell Thyroid Cancer.** Maria E. Cabanillas, M.D., Oncologic Endocrinologist. *Versailles 2*
- 143 Medullary Thyroid Cancer: An Overview and Q&A Discussion.** Samuel A. Wells, M.D., Surgeon. *Alpine 2*
- 144 Protecting Your Job While Coping With Cancer.** Understanding how the Family Medical Leave Act and the American with Disabilities Act help secure accommodations at work Sarah N. Swatosh, Esq. *St. Moritz*
- 145 Roundtable: Talking with Your Children about Your Diagnosis and Treatment.** Lisa and Emma Callihan, ThyCa Volunteers. *Alpine 1*
- 146 Anaplastic Thyroid Cancer Roundtable.** Lewis Dawson and Cheri Lindle, ThyCa Volunteers. *Bern*

2:55 - 4:00 p.m.

- 151 Pediatric Thyroid Cancer and As We Age** Steven G. Waguespack, M.D., Endocrinologist. *Versailles 1*
- 152 Treating Papillary and Follicular Thyroid Cancer.** Radioactive Iodine, Targeted Therapy Drugs, and Clinical Trials. Naifa L. Busaidy, M.D., Endocrinologist. *Versailles 2*
- 153 Medullary Thyroid Cancer: How to Avoid Confusion.** Mimi I. Hu, M.D., Endocrinologist. *Alpine 2*
- 154 Protecting Your Job While Coping With Cancer – Discussion Continues.** Understanding how the Family Medical Leave Act and the American with Disabilities Act help secure accommodations at work. Sarah N. Swatosh, Esq. *St. Moritz*
- 155 The Challenge of Pain Management: How to Communicate Effectively About Your Needs.** Teresa L. Deshields, Ph.D., Psychologist. *Alpine 1*
- 156 Anaplastic Thyroid Cancer: Changes in Treatment and New Approaches that Show Promise.** Maria E. Cabanillas, M.D., Oncologic Endocrinologist. *Bern*
- 157 Optimizing Quality of Life for Cancer Survivors.** Yasmin Asvat, Ph.D., Clinical Psychologist. *Zermatt*

Friday, October 2nd, 4:10 - 5:15 p.m.

161 Your Eyes: Tearing in Patients With Head and Neck Cancer Treated With Radiation. Steven Couch, M.D., Ophthalmologist. *Versailles 1*

162 Surgery in Differentiated and Recurrent Thyroid Cancer, Including Avoiding Complications and Solving Voice and Swallowing Issues. Joseph P. Bradley, M.D., Otolaryngologist. *Versailles 2*

163 Ask a Doctor about Medullary Thyroid Cancer: Diagnosis, Treatment, Monitoring, and Research. Mimi I. Hu, M.D., Endocrinologist. *Alpine 2*

164 Papillary and Follicular Thyroid Cancer: The Importance of Follow-up, and How Follow-up Changes Over the Years. Irini E. Veronikis, M.D., Endocrinologist. *St. Moritz*

165 Children and Teens Dealing With Thyroid Cancer. The 2015 American Thyroid Association Treatment Guidelines, Differences in Care for Youths and Adults, and the Transition to Adult Care. Steven G. Waguespack, M.D., Endocrinologist. *Alpine 1*

166 Navigating the Healthcare System. How to Advocate for Yourself to Get the Best Care You Can. David J. Myssiorek, M.D., F.A.C.S., Otolaryngologist and Roselle Kovitz, ThyCa Volunteer. *Bern*

167 Book Talk and Meet Some of the 66 Authors: A New Book for Any Cancer. Authors and Editors of *After the Diagnosis: Medullary Thyroid Cancer Memoirs*. *Zermatt*

EVENING EVENTS AND GET-TOGETHERS — OPTIONAL

5:45 - 7:00 p.m.

171 Reception: Informal Social Time With Free Refreshments. *Matterhorn*

• Door prizes and drawing to raise funds for thyroid cancer research.

7:00- 10:00 p.m. Your Choice for Dinner and Socializing.

181 Dinner on Your Own or With Groups.

Catch up With Old Friends and Meet New Friends. Enjoy dinner at the hotel or a local area restaurant. Look for the sign-up lists for varied groups on the message board in Conference Central. See below for the Medullary Dinner and Young Adults Get Together.

7:00 - 10:00 p.m.

191 “Meddie” (Medullary Thyroid Cancer) Meet-up. Host: Kathryn Wall. *Bern*

192 Young Adults Meet-Up. For people 18 – 35. Host: Chris Kidwell. *Matterhorn*

Saturday, October 3, 2015

8:00 a.m. Registration Desk Opens in Conference Central. *Davos*

- Walk-in conference attendees and registrants are welcome.
- Scholarships are available to cover the registration fee.
- Purchase tickets (by noon) for Tonight's Dinner/Auction Fundraiser for Thyroid Cancer Research.
- There is free coffee and tea available in the lobby until 9:30 am. There are also restaurants less than 5 minutes away.
- Purchase your box lunch ticket for \$12 (for a sandwich, fruit and drink) any time in Conference Central. Pick-up your lunch in the Versailles Foyer between 11:30 a.m. – 1:30 p.m.
- Please bring your completed evaluation forms and suggestions to Conference Central at the end of each day or respond to the daily online evaluations through the Bizzabo app.

7:30 - 9:00 a.m.

207 Current ThyCa Support Group Facilitators Breakfast. Kathryn Wall, ThyCa Director of Support Groups. *Zermatt*

8:00 - 9:10 a.m. Early-Bird Sessions

211 Radioactive Iodine Ablation: Latest Research about When It is or is Not Recommended for Papillary and Follicular Thyroid Cancer. Joshua P. Klopper, M.D., Endocrinologist.

Versailles 1

212 Complications of Thyroidectomy: Parathyroids, Recurrent Laryngeal Nerves, and Impacts of Neck Dissection. Robert P. Zitsch, III, M.D., F.A.C.S., Otolaryngologist.

Versailles 2

213 The ABCs of Thyroid Cancer: The Meaning of Key Terms. Steven G. Waguespack, M.D., Endocrinologist. *Alpine 2*

214 Participating in Clinical Trials: Selecting Trials, and How They Also May Advance Treatment. Michelle D. Williams, M.D., Pathologist. *St. Moritz*

215 Pediatric Thyroid Cancer Roundtable: Coping, Treatment Options, and Being Part of a Community of Survivors. Pam Mendenhall, ThyCa Volunteer. *Alpine 1*

216 Spanish Speakers: Ask a Doctor Your Questions. This is A Session for Native Spanish Speakers. Maria E. Cabanillas, M.D., Oncologic Endocrinologist. *Bern*

9:20 - 9:35 a.m.

221 Morning Announcements. Mary Catherine Petermann, ThyCa Volunteer. *Versailles 1*

9:45 - 10:50 a.m.

231 Preventing and Solving Issues for Your Mouth, Salivary Glands, and Teeth from Radiation Treatment. Richard C. Cardoso, D.D.S., M.S., Oral Medicine. *Versailles 1*

232 Hypocalcemia/Hypoparathyroidism: Now That You Have It, What Do You Do?

Michael A. Levine, M.D., Endocrinologist, Julie Hunsaker, and James Sanders. *Versailles 2*

233 Neck Surgery and Surgery for Distant Metastases: Treatment and Research Advances. David J. Myssiorek, M.D., F.A.C.S., Otolaryngologist. *Alpine 2*

234 Thyroid Hormone Replacement: Should I Be on a Suppressive Dose? Joshua P. Klopper, M.D., Endocrinologist. *St. Moritz*

235 The Need and Usefulness of Saving Tissue Samples: From Thyroid Cancer Diagnosis and Monitoring to Personalizing Future Therapies. Michelle D. Williams, M.D., Pathologist. *Alpine 1*

236 Roundtable: Anaplastic Thyroid Cancer. Cheri Lindle, ThyCa Volunteer. *Bern*

Saturday, October 3rd, 11:00 a.m. - 12:05 p.m.

- 241 Voice Issues: Incidence, Causes, Prevention, and Solutions.** David J. Myssiorek, M.D., F.A.C.S., Otolaryngologist. *Versailles 1*
- 242 Roundtable on Hypocalcemia/Hypoparathyroidism.** Julie Hunsaker, James Sanders, and Pat Paillard, *Versailles 2*
- 243 Roundtable: Medullary Thyroid Cancer —Including MEN2 and Familial MTC.** Jo Gorringer and Kathryn Wall, ThyCa Volunteer. *Alpine 2*
- 244 The Anaplastic Thyroid Cancer Guidelines, Including Updates.** Robert C. Smallridge, M.D., Endocrinologist. *Moritz*
- 245 When Papillary or Follicular Thyroid Cancer Doesn't Respond to Radioactive Iodine.** What Are the Treatment Options and the Role of Genomic Analysis? Jochen Lorch, M.D., Oncologist. *Alpine 1*
- 246 Dealing with Pregnancy and Thyroid Cancer.** Jodi Novotny, ThyCa Volunteer. *Bern*

12:20 - 1:25 p.m. Lunch and Learn Roundtables. Bring your lunch.

- 251 Thyroid Hormone Therapy: Current Controversies.** Robert C. Smallridge, M.D., Endocrinologist. *Versailles 1*
- 252 Cancer Survivorship: Coping and Navigating the Long Road Ahead.** Pamela A. Lowry, R.N., B.S., C.E.N., Clinical Nurse. *Versailles 2*
- 253 Roundtable: Parent's and Young Person's Roles and Communications with Medical and School Personnel.** Including when the young person has special needs. Pam Mendenhall, ThyCa Volunteer. *Alpine 2*
- 254 Immunotherapy Basics: What It Is, How Is It Currently Being Used, and What Is Its Future.** Ramona Dadu, M.D., Endocrinologist. *St. Moritz*
- 255 Roundtable: Coping with Cancer When Alone.** Wendy Shelley, ThyCa Volunteer. *Alpine 1*
- 256 Roundtable: Young Adults — Friendships, Dating, Relationships, and How Thyroid Cancer Affects Them.** Chris Kidwell, ThyCa Volunteer. *Bern*
- 257 Caregivers Roundtable.** Cheri Lindle and Mary Catherine Petermann, ThyCa Volunteers. *Zermatt*

1:40 - 2:45 p.m.

- 261 Partners in Care: Being Spiritually Healthy Following Your Cancer Diagnosis.** Gary U. Behrman, Ph.D., Licensed Clinical Social Worker. *Versailles 1*
- 262 After Receiving Radioactive Iodine: Share Your Opinions on Issues Related to Immediate Patient Release from the Hospital or Clinic.** An informal "Town Hall" session. Donna-Beth Howe, Ph.D., Nuclear Material Safety and Safeguards Specialist, and Peter Crane, Esq., ThyCa Volunteer. *Versailles 2*
- 263 Coping with Treatments and Side Effects of New Targeted Therapies and Chemotherapy, Including Managing Drug Holidays.** Pamela A. Lowry, R.N., B.S., C.E.N., Clinical Nurse. *Alpine 2*
- 264 Taking Charge: My Body, My Choice — Survivorship, Self-Care, Self-Advocacy.** Lynn Waldmann, L.C.S.W., Senior Social Work Counselor. This workshop will be interactive, focusing on self-advocacy skills. *St. Moritz*
- 265 Moderated Discussion Panel: Advanced/Refractory Papillary or Follicular Thyroid Cancer.** Managing on a Daily Basis, Watchful Waiting versus Active Treatment, and Side Effects. Moderated by Tara Johnson, ThyCa Volunteer. *Alpine 1*
- 266 How Does Thyroid Cancer Differ When It's in Young People, Compared to Adults?** Wen Jiang, M.D., Otolaryngologist. *Bern*

Saturday, October 3rd, 2:55 - 4:00 p.m.

- 273 Disease Monitoring in Thyroid Cancer: When Will You Tell Me I am “Cured”?** Uzma Z. Khan, M.D., Endocrinologist. *Alpine 2*
- 274 Immunotherapy Now and In the Future: the Potential Role in Treating Advanced Metastatic Thyroid Cancer.** Ann W. Gramza, M.D., Oncologist. *St. Moritz*
- 275 Art as Therapy: Creative Expressions through the Arts as a Help for Coping with Cancer.** Bill McClain, Author and ThyCa Volunteer. *Alpine 1*
- 276 Pet Therapy: C.H.A.M.P. Registered Therapy Dogs Will Be With Us to Relieve Stress.** Come pet a registered furry friend! Relieve anxiety and stress through interaction with a trained, warm, non-judgmental dog. Karen Ferguson, ThyCa Volunteer. *Bern*
- 277 Fatigue and Stress Management.** Jessica Vanderlan, Ph.D., Clinical Psychologist. *Zermatt*

4:10 - 5:15 p.m.

- 283 Advanced Medullary Thyroid Cancer: Recent Developments and Trends in Molecular Targeted Therapeutics and Clinical Trials.** Ann W. Gramza, M.D., Oncologist. *Alpine 2*
- 284 Nutrition, Healthy Eating, and Physical Activity as Part of a Healthy Lifestyle.** Yikyung Park, Sc.D., Surgeon. *St. Moritz*
- 285 Persistent Elevated Thyroglobulin in Patients with Papillary and Follicular Thyroid Cancer. What Happens Over 10 Years and Beyond?** Uzma Z. Khan, M.D., Endocrinologist. *Alpine 1*
- 286 Pet Therapy (continued until 4:30 p.m.): C.H.A.M.P. Registered Therapy Dogs Will Be With Us to Relieve Stress.** Come pet a registered furry friend! Relieve anxiety and stress through interaction with a trained, warm, non-judgmental dog. Karen Ferguson, ThyCa Volunteer. *Bern*
- 287 Roundtable: Getting Second Opinions — Informal Discussion of Patients’ Experiences.** Lewis Dawson, ThyCa Volunteer. *Zermatt*

6:00 - 9:00 p.m.

ThyCa Dinner/Auction to Raise Funds for Thyroid Cancer Research.

Verailles 1 & 2

- Come for the Dinner/Auction to support Thyroid Cancer Research, 6 p.m. – 9 p.m. (tickets required).
- Auction check-out/pick-up items from 9 p.m. – 10 p.m.
- Music and dancing, socializing, and conversation, 9 p.m. – midnight (free).
- Stay and enjoy the whole evening!

Even if you don’t attend the Dinner/Auction, please join in the free fun at 9 p.m.

Sunday, October 4, 2015

8:00 a.m. Registration Desk Opens in Conference Central. *Davos*

- Walk-in conference attendees and registrants are welcome.
- Scholarships are available to cover the registration fee.
- There is free coffee and tea available in the lobby until 9:30 am. Also restaurants less than 5 minutes away.
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8:00 - 9:15 a.m. Early-Bird Sessions

301 Disease Monitoring in Thyroid Cancer: When Will You Tell Me I am “Cured”? Bryan McIver, M.D., Ph.D., Endocrinologist. *Versailles 1*

302 Preventing and Solving Issues for Your Mouth, Salivary Glands, and Teeth from Radiation Treatment. Richard C. Cardoso, D.D.S., M.S., Oral Medicine. *Versailles 2*

303 Advocacy/Communications Session: The Importance of Early Diagnosis. Roselle Kovitz, ThyCa Volunteer. *Alpine 2*

304 Roundtable: Thyroid Cancer Clinical Trials, When Do They Pertain to You? What Is It Like Being in a Clinical Trial? Tommy Stewart, ThyCa Volunteer. *St. Moritz*

305 Coping With Fear and Anxiety about Recurrent or Persistent Disease. Lynn Waldmann, L.C.S.W., Senior Social Work Counselor. *Alpine 1*

306 Roundtable for Prospective and New ThyCa Support Group Facilitators. Kathryn Wall, ThyCa Director of Support Groups, and Theresa Wickerham, ThyCa Program Coordinator. *Bern*

307 Morning Chat and Walk for Fun & Exercise. *Zermatt (and outdoors)*

9:25 - 9:35 a.m.

311 Morning Announcements. ThyCa Volunteer. *Versailles 1*

9:45 - 10:50 a.m.

321 Pros and Cons of Novel Chemotherapies for Refractory (Non-RAI Avid) Disease in People with Papillary and Follicular Thyroid Cancer. Lori J. Wirth, M.D., Oncologist. *Versailles 1*

322 TSH Goals after Total Thyroidectomy for Papillary and Follicular Thyroid Cancer: Current Scientific Evidence and Patient Experience. Brittany N. Bohinc Henderson, M.D., Endocrinologist. *Versailles 2*

323 Medullary Thyroid Cancer: A Surgeon’s Perspective on Surgery, Re-Surgery, Watchful Waiting, and Targeted Therapy Treatments. Jeffrey F. Moley, M.D., Surgeon. *Alpine 2*

324 Reaching Resilience. This seminar is about exercising strengths and increasing your ability to cope with adversity. Connie Fisher, L.C.S.W., Social Worker. *St. Moritz*

325 Anaplastic Thyroid Cancer: Treatment Options and Considering a Clinical Trial. Bryan McIver, M.D., Ph.D., Endocrinologist. *Alpine 1*

326 Roundtable: Getting Involved, Volunteering and Becoming Active in ThyCa Support Services. Theresa Wickerham, ThyCa Program Coordinator. *Bern*

Sunday, October 4th, 11:00 a.m. - 12:05 p.m.

- 331 Facing Incurable Thyroid Cancer: Portraits of Courage.** Bryan McIver, M.D., Ph.D., Endocrinologist. *Versailles 1*
- 332 RAI-Associated Salivary Gland Disease: Why and What Now?** Saral Mehra, M.D., M.B.A., Otolaryngologist. *Versailles 2*
- 333 Genome Analysis and Metastatic Medullary Thyroid Cancer: Developing a Clinical Study Based on Personalized, Individualized Treatment.** Erdem Bangi, Ph.D., Geneticist. *Alpine 2*
- 334 Roundtable: Building a Constructive Alliance between Patients and Professionals.** Roselle Kovitz and Roberta Perry. ThyCa Volunteers. *St. Moritz*
- 335 Roundtable: Coping with Side Effects of Chemotherapy, Including Targeted Therapies.** ThyCa Volunteers. *Alpine 1*

12:20 - 1:25 p.m. Lunch and Learn Roundtables. Bring your lunch.

- 341 Roundtable: Coping with Workplace Issues While Coping with Thyroid Cancer.** Sharon Veingrad, ThyCa Volunteer. *Versailles 1*
- 342 Fundraising for Research: Moving Toward Our Dream of Cures for All Thyroid Cancer.** Gary Bloom, ThyCa Executive Director. *Versailles 2*
- 343 Roundtable: Giving and Receiving Support, Online and In Person, One to One, and In Groups.** ThyCa Volunteers. *Alpine 2*
- 344 Roundtable: Coping with Thyroid Cancer and Another Medical Issue at the Same Time.** ThyCa Volunteers. *St. Moritz*

1:40 - 2:45 p.m.

- 351 Roundtable: Coping When Newly Diagnosed and During the First Year.** Daria Jerould and Pat Paillard, ThyCa Volunteers. *Versailles 1*
- 352 Roundtable: Coping After the First Year and Over the Long Term, including Recurrence.** Theresa Wickerham, ThyCa Program Coordinator. *Versailles 2*
- 353 Roundtable: Coping with Metastatic Progressing Disease.** ThyCa Volunteers. *Alpine 2*
- 354 Young Adults Roundtable: What Are the Key Issues for Young Adults?** Chris Kidwell, ThyCa Volunteer. *St. Moritz*

2:55 - 3:30 p.m.

- 361 Conference Wrap-Up: Resources and Next Steps After the Conference, Your Feedback on the Conference, and Suggestions for Next Year.** Conference Team. *Versailles 1*

Thank you for coming! We hope to see you in the coming year!

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