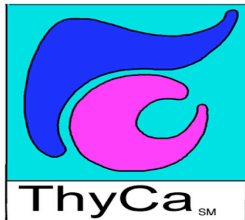


*The ThyCa Fresno Thyroid Cancer Support Group  
in association with ThyCa: Thyroid Cancer Survivors' Association, Inc.,  
cordially invites you to attend this*



## **Free Seminar on Therapeutic Mobility Training**

### **for Thyroid Cancer Survivors and Caregivers**

**Saturday, June 13, 2015 • Fresno, California**  
10 a.m. – Noon

#### **Seminar Leader: Gwint Fisher, M.A., CSCS**

The first half hour will consist of a 30-minute therapeutic mobility training session. If you would like to participate, wear loose gym-style or yoga clothing. The training session will be followed by an hour of questions and answers.

Gwint Fisher, M.A., CSCS, has been trained in the natural movement of the body to address pain as a result structural dysfunction while improving strength and conditioning incrementally without injury. He has a Master's degree in Kinesiology and is certified in a variety of methodologies. He works with varied clients ranging from working professionals to competitive athletes. He owns Ranchos Fitness and Wellness Center and works with the Clovis Unified School District to develop effective and safe physical education programs.

**Location:** Woodward Park Regional Library, Conference Room inside the main Library, 944 East Perrin Ave., Fresno, CA 93720

**Hosted by the ThyCa Fresno Thyroid Cancer Support Group.** For details, call Facilitator Anjali Kapoor-Davis at 559-260-1870 or e-mail to [Fresno-CA@thyca.org](mailto:Fresno-CA@thyca.org)

We are a free support group for thyroid cancer survivors, family members, and friends. We share information, experiences, and coping strategies at our meetings the second Saturday each month, usually from 11 a.m. to Noon. The June 13, 2015 meeting starts at 10 a.m.

*For ThyCa's award-winning educational web site, free handbook, newsletters, thyroid cancer awareness brochures, downloadable Low-Iodine Cookbook, and more, contact us.*

## **ThyCa: Thyroid Cancer Survivors' Association, Inc.<sup>SM</sup>**

### **www.thyca.org**

*A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals. E-mail: [thyca@thyca.org](mailto:thyca@thyca.org) • PO Box 1102, Olney, MD 20830-1102 • Toll-free 1-877-588-7904*