

# Saturday, April 26, 2014 – 10<sup>th</sup> Annual Thyroid Cancer Survivors' Midwest Workshop

## *Program Schedule*

**7:00 – 8:00 a.m.**

**Registration, Resource Tables, Lobby**

**Slide Show Presentation, Conference Room**

**8:00 – 8:15 a.m.**

**Welcome, Theresa Wickerham & Tom Engle,**

ThyCa St Louis Support Group Facilitators

**8:15 – 8:40 a.m.**

**Support Group Roundtables - Getting acquainted.**

**Roundtable: Sharing Our Experiences.**

**Roundtable: Informal Discussion. Caregivers**

**8:40 – 8:50 a.m. Break**

**8:50 – 10:20 a.m.**

**Follow-Up of Patients with Well-Differentiated Thyroid Cancer.**

Irini Veronikis, M.D., Endocrinologist. Mercy Medical Center,  
St. Louis

**10:20 – 10:30 a.m. Break**

**10:30 – 11:40 a.m.**

**The Affordable Care Act and What it Means to You.**

Cora Walker, J.D., M.P.H. Attorney Missouri Foundation for Health  
*Cafe*

**What a Patient Should Know about Their Thyroid Surgery.**

Brendan C. Stack Jr., M.D., Head and Neck Surgeon,  
University of Arkansas for Medical Sciences *Conference Room*

**11:40 – 11:50 a.m. Break**

*Note: In addition to our speakers, we are pleased to announce these special guests and resources, available during the day.*

*\* Genzyme provided us with their materials for display.*

*\* Personal Health Manager Packets from American Cancer Society*

*\* Sandy Rausch - Aromatherapy Coach - Aroma Yoga*

*\* Verna Hopkins - Licensed Massage Therapist & EFT Practitioner*

**11:50 a.m.– 1:00 p.m. Lunch and Learn**

**Moving Beyond Cancer: A Prescription for Health.**

Richard Thompson, M.A., D.C., C.C.W.P., Vibrant Living  
Chiropractic, Frontenac, MO

**1:00 – 1:10 p.m. Break**

**1:10 – 2:10 p.m.**

**The Power of Touch and Our Senses.**

Verna Hopkins, Licensed Massage Therapist and EFT Practitioner

**2:10 – 2:20 p.m. Break**

**2:20 – 3:30 p.m.**

**I-131 Treatment and Follow Up.**

Perry Grigsby, M.D., Radiation Oncologist, Washington University  
School of Medicine, St Louis

**3:30 – 3:40 p.m. Break**

**3:40 – 4:30 p.m.**

**Roundtable Discussion, Closing Remarks, Workshop Feedback and Evaluation**

**Thanks for attending!**

***Thank You to our Speakers...***

**Irini Veronikis, M.D.,** Endocrinologist. Mercy Medical Center,  
St. Louis

**Cora Walker, J.D., M.P.H.,** Missouri Foundation for Health, St. Louis

**Brendan C. Stack Jr., M.D.,** Head and Neck Surgeon,  
University of Arkansas for Medical Sciences

**Richard Thompson, M.A., D.C., C.C.W.P.,** Frontenac, MO

**Verna Hopkins,** Licensed Massage Therapist and EFT Practitioner,  
Waterloo, IL

**Perry Grigsby, M.D.,** Radiation Oncologist, Washington University  
School of Medicine, St. Louis

*Welcome to the 10<sup>th</sup> Annual*

## **Thyroid Cancer Survivors'**

### **Midwest Workshop – St Louis**

**Saturday, April 26, 2014**

**FREE**

**8 a.m. – 4:30 p.m.**

David C. Pratt Cancer Center (located at Mercy Medical Center)  
607 South New Ballas Road, St. Louis, MO 63141



#### ***Thank You to our Workshop Organizers and Volunteers***

- *ThyCa Support Group in St Louis, MO, and Belleville, IL* Gary Bloom (ThyCa Executive Director), Cherry Wunderlich, Tom Engle, Ginny Kramer, Theresa Wickerham, Dan Wickerham, and other support group members who offered their assistance
- Plus numerous “unseen” ThyCa Volunteers around the country who helped: Toll-Free Number Team, E-Mail Team, and more

#### ***Special Thanks to...***

David C Pratt Cancer Center • Katie Wrenn at American Cancer Society • Edie Dodson at Genzyme Therapeutics • Sandy Rausch • Verna Hopkins • Mercy Medical Center



#### ***How To Help — Visit [www.thyca.org](http://www.thyca.org) for details***

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer — New volunteers welcome at any time
- Become a ThyCa Member — One year \$25, 2 years \$45, Lifetime \$225
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support **Thyroid Cancer Awareness Month** — each September, worldwide.  
Sponsored by ThyCa

Come to the **17<sup>th</sup> International Thyroid Cancer Survivors' Conference • October 17-19, 2014 • Denver, Colorado**

*Sponsored by*

**ThyCa: Thyroid Cancer  
Survivors' Association, Inc.<sup>SM</sup>**

**[www.thyca.org](http://www.thyca.org)**

*A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.*

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