



You are invited to attend the

Thyroid Cancer

9th Annual Midwest in Missouri Survivors' Workshop

FREE day of education and support for people at all stages of thyroid cancer testing, treatment, and follow-up. We welcome caregivers, friends, and everyone interested. **Come and learn** from physicians and other specialists. **Learn and share** with other thyroid cancer survivors and families.

Saturday, April 13, 2013

FREE

8 a.m. — 4 p.m. — Workshop sessions start at 8:30 a.m.

Kansas City, Missouri

St. Joseph Medical Center, Community Education Wing, 1000 Carondelet Drive, Kansas City, MO

Speakers and Program Schedule

8:00 a.m. Registration opens.

8:15 a.m. **Introductions/Welcome.** Sandy Triplett and Connie Schade, ThyCa Support Group Facilitators

8:30 – 9:30 a.m. **Support Group Roundtables.** Lorrie Mayes, Sandy Triplett, Dan Wickerham, Theresa Wickerham, and Uzma Khan, M.D.

9:40 – 10:40 a.m. **Coping Skills for Long-Term Survivors.** Brent L. Halderman, Ph.D., Clinical Psychologist, and Jennifer Botten-Molina, LCSW, Social Worker, Kansas City Internal Medicine

10:50 – 11:35 a.m. **Life After Radioactive Iodine.** Michael Perkins, N.M.T., Saint Luke's South Hospital, Overland Park, KS

11:35 – 12:05 Lunch. 12:05 – 12:50 p.m. Lunch and Learn. **Living on the Low-Iodine Diet.** Debi Walters, ThyCa Support Group Facilitator

1:00 – 2:00 p.m. **Questions To Ask your Doctor Before and After Radioactive Iodine Treatment**
Uzma Khan, M.D., Endocrinologist, Associate Professor, University of Missouri Medical School

2:10 – 2:50 p.m. **Know Your Pills.** Emily Richards, CVS Pharmacist

2:55 – 3:45 p.m. **Bone Health Concerns.** Judi Roling, F.N.P., University of Missouri Medical Center

3:45 – 4 p.m. **Closing & Evaluations**

Plus:

- Gloria Lipari, B.S., RECS, RDMS, RVT, RT, Kansas City Internal Medicine, will provide ultrasound checks for anyone interested.
- Nursing contact hours will be provided by Carondelet Health. Carondelet Health is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses' Credentialing Center's Commission on Accreditation.
- Come for all or part of the day. We welcome walk-in attendees. Register (free) either online at www.thyca.org or onsite at the workshop. Lunch: Cafeteria onsite, and other options within a short driving distance. For more information, e-mail KC-MO@thyca.org or thyca@thyca.org, or call 816-529-6643.

Sponsored by

ThyCa: Thyroid Cancer Survivors' Association, Inc. • www.thyca.org

A nonprofit 501 (c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

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