



You're invited to attend the

Thyroid Cancer Survivors' 10th Annual Mid-Atlantic Workshop

Come hear presentations by physician specialists. Receive answers to your questions. Learn and share with others coping with thyroid cancer. This educational and supportive day is for people at all phases of testing, treatment, and follow-up for thyroid cancer. We also welcome caregivers, friends, and everyone interested.

FREE
Saturday, June 11, 2011

8 a.m. — 5 p.m.

Silver Spring, Maryland

Holy Cross Hospital, 1500 Forest Glen Road, Silver Spring, MD

In the First Floor Professional and Community Education Center off the main lobby

• **Featured Speakers**

Andrew J. Bauer, M.D., COL MC USA, Endocrinologist, Walter Reed National Military Medical Center and Uniformed Services University, Bethesda, MD, and The Thyroid Center, Children's Hospital of Philadelphia, Philadelphia, PA

Kenneth D. Burman, M.D., Endocrinologist, Washington Hospital Center, DC

Bruce Davidson, M.D., Otolaryngologist (Surgeon), Georgetown University Medical Center, DC

Gary L. Francis, M.D., Ph.D., Endocrinologist, Virginia Commonwealth University, VA

Jacqueline Jonklaas, M.D., Endocrinologist, Georgetown University Medical Center, DC

Cheryl Long, C.N.M.T., Nuclear Medicine Tech, Shady Grove Adventist Hospital, MD

Gigi Meinecke, D.M.D., F.A.G.D., Dentist, University of Maryland School of Dentistry, MD

Alissa Mendes, R.D., L.D.N., Registered Dietitian, Shady Grove Adventist Hospital, MD

Jill Nelson, B.S., L.M.T., C.L.T., Licensed Massage Therapist, Certified Lymphedema Therapist, Integrative Therapies, MD

Jan Papirmeister, B.A., B.N., R.N., Cancer Care Navigator, Shady Grove Adventist Hospital, MD

Lucia Perillan, M.Ac, L. Ac., Dipl. Ac., Licensed Acupuncturist, Mind in Heart Acupuncture, MD

Douglas Van Nostrand, M.D., Nuclear Medicine Physician, Washington Hospital Center, DC

Marion Werner, M.Ed., Reiki Master, Certified Healing Touch Practitioner, Circle Yoga, DC

- Coping-Skills Sessions and Roundtable Discussions • Resource Tables with free educational and support materials.
- **Program Topics** • Thyroid Cancer Questions & Answers • Follow-Up in the First Year and Over Your Lifetime • Surgery • Controversies in Using I-131 • Thyrogen • Thyroid Cancer in Children and Teens • Coping with a Recent Diagnosis • Living with Thyroid Cancer over the Long Term • Survivor/Caregiver Support Group Roundtables
- **You may come for part or all of the workshop.**
- **Register** either online on the form on www.thyca.org, or onsite on the day of the workshop.
- Lunch options: You may eat in the hospital cafeteria, or bring your own lunch.
- Visit ThyCa's web site <www.thyca.org> for further details about the speakers, program, and meeting rooms.
- Hosts and organizers are volunteers from the ThyCa Baltimore Support Group, ThyCa Northern Virginia Support Group, ThyCa Rockville Support Group, and ThyCa Washington, DC Support Group.
- For more information, e-mail Washington_DC@thyca.org or thyca@thyca.org or phone 301-493-8810.

ThyCa: Thyroid Cancer Survivors' Association, Inc.SM

www.thyca.org

A national nonprofit 501 (c)(3) organization of thyroid cancer survivors, family members, and health care professionals. E-mail: thyca@thyca.org • PO Box 1545, New York, NY 10159-1545 • Toll-Free: 1-877-588-7904

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