

Conference Schedule

Program as of **October 17, 2018**

At the conference you will receive our **Daily Update Bulletin** with any changes.

Friday, October 19, 2018

- If you pre-ordered a box lunch, pick it up outside the **Ready Room** between 11:30 a.m. – 1:30 p.m.
- Visit the Exhibits, Resource Tables, Survivors' Creative Expressions Display, and Memorial Quilts.
- Your feedback is important! Please leave your evaluation forms and suggestions in Conference Central at the end of each day or provide feedback with the conference app, EventsXD.

7:30 – 9:00 a.m.

100 Current ThyCa support group facilitators training and breakfast. Kathryn Wall, Director of Support Groups, and Chris Kidwell, ThyCa Volunteer. *Sheffield Room*

8:00 a.m. Registration opens in Conference Central. *Windsor II Room*

8:00 – 9:20 a.m. Early-Bird Sessions.

102 Roundtable: How to navigate the conference, with discussion.

Tommy and Sylvia Stewart, ThyCa Volunteers. *Lincoln Room [E]*

103 Roundtable: How to navigate the conference, with discussion.

Alyssa and Pam Mendenhall, ThyCa Volunteers. *Center Room [E]*

104 Quiet room for reading, relaxing, or meditating. *Windsor I Room [E]*

107 Morning run, walk, and chat. Cal Pierce and Howard Solomon, ThyCa Volunteers.

Executive Boardroom [E]

9:30 – 9:45 a.m.

111 Welcome and morning announcements. Andrew Brandner, ThyCa Volunteer. *North Room*

9:55 – 10:55 a.m. Getting to know each other. Open microphone roundtables. [E]

120 Roselle Kovitz, ThyCa Volunteer. *Sheffield Room*

121 Carol DiFelice, ThyCa Volunteer. *North Room*

122 Kathryn Wall, Director of Support Groups. *Lincoln Room*

123 Tim Lau, ThyCa Volunteer. *Center Room*

124 Bill and Galina McClain, ThyCa Volunteers. *Windsor I Room*

125 Matt Faraca and Chris Kidwell, ThyCa Volunteers. *Chicago Room*

126 Abby and Miguel Melendez, ThyCa Volunteers. *Oak Room*

127 Jo Gorringer, ThyCa Volunteer. *Executive Boardroom*

Session Key by Suggested Audience

You are welcome to attend any session. The key indicates sessions of interest to a particular audience.

A: Anaplastic **Adv:** Advanced Disease **AYA:** Adolescent/Young Adult **C:** Caregivers
E: Everyone **M:** Medullary **N:** Newly Diagnosed **Ped:** Pediatric **PF:** Papillary/Follicular

Friday, October 19, 11:05 a.m. – 12:10 p.m.

- 131 The ABCs of thyroid cancer: Understanding key terms, concepts, and initial diagnostic and treatment steps.** Eve D. Bloomgarden, M.D., Endocrinologist. *North Room* [N]
132 Quiet room for reading, relaxing, or meditating. *Lincoln Room* [E]
133 Medullary thyroid cancer roundtable: Getting to know each other – MTC survivors and caregivers. Sue Kane, ThyCa Volunteer. *Center Room* [C, M]
134 Ultrasound in the management of thyroid cancer.
Joyce J. Shin, M.D., Endocrine Surgeon. *Windsor I Room* [E]
135 Pediatric thyroid cancer roundtable: Coping, treatment options, and being part of a community of survivors.
Alyssa and Pam Mendenhall, ThyCa Volunteers. *Chicago Room* [Ped]
136 Roundtable: Share your thyroid cancer journey.
Abby and Miguel Melendez, ThyCa Volunteers. *Oak Room* [N]
137 Anaplastic thyroid cancer roundtable. Patti Turner, ThyCa Volunteer.
Executive Boardroom [A]

12:30 – 1:35 p.m. Lunch & Learn Sessions. Bring lunch.

- 141 Papillary and follicular thyroid cancer: After diagnosis, when and how to treat, OR when “active surveillance” or “watch and wait” is an option.**
Naifa L. Busaidy, M.D., Endocrinologist. *North Room* [N, PF]
142 Genetic information in thyroid cancer: How useful is it and what does it mean?
Bryan McIver, M.D., Ph.D., Endocrinologist. *Lincoln Room* [E]
143 Medullary thyroid cancer roundtable: Bring your questions about things that are confusing you. Sue Kane, ThyCa Volunteer. *Center Room* [M]
144 Novel chemotherapies for patients with metastatic papillary, follicular, or Hurthle cell thyroid cancer. Maria E. Cabanillas, M.D., Oncologic Endocrinologist.
Windsor I Room [Adv, PF]
145 Chair yoga for everybody. Learn simple but effective techniques to help you stay present, relieve stress, feel happy and energetic.
Joan Zigulich, Advanced Relax and Renew Yoga Instructor. *Chicago Room* [E]
146 You are radioactive iodine (RAI) refractory: Now what?
Marcia S. Brose, M.D., Ph.D., Oncologist. *Oak Room* [Adv]
147 En Español: Preguntas con el doctor. If time allows, there will be an opportunity for questions from English speakers. Carlos S. Duque, M.D., Head and Neck Surgeon.
Executive Boardroom

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Friday, October 19, 1:50 – 2:55 p.m.

- 151 The pendulum has swung: Is there any role now for radioactive iodine in papillary and follicular thyroid cancer? In initial follow-up after surgery? If there's a recurrence?**
Bryan McIver, M.D., Ph.D., Endocrinologist. *North Room* [PF]
- 152 Systemic treatment options for radioactive iodine-refractory metastatic papillary, follicular, and Hurthle cell thyroid cancer.**
Bhavana Konda, M.D., M.PH., Medical Oncologist. *Lincoln Room* [Adv, PF]
- 153 Understanding the biology of medullary thyroid cancer.** Gilbert J. Cote, Ph.D., Molecular Geneticist. *Center Room* [M, Ped]
- 154 Understanding genetic testing for papillary and follicular thyroid cancer.**
Samuel Hyde, M.MSc., C.G.C., Geneticist. *Windsor I Room* [PF]
- 155 American Thyroid Association guidelines as they apply to surgery for papillary and follicular thyroid cancer: Pros, cons, and potential changes to come.**
Ralph P. Tufano, M.D., Head and Neck Endocrine Surgeon. *Chicago Room* [N, PF]
- 156 Utilizing chair yoga and tai chi within multidisciplinary-integrative care model: Practice and research.** Lauren Mansell, D.P.T., C.L.T., P.R.P.C., Physical Therapist.
Oak Room [E]
- 157 Anaplastic thyroid cancer: Changes in treatment and new approaches that show promise.**
Maria E. Cabanillas, M.D., Oncologic Endocrinologist. *Executive Boardroom* [A]

3:05 – 4:10 p.m.

- 161 Key aspects of surgery for thyroid cancer, including intraoperative nerve monitoring.**
Carlos S. Duque, M.D., Head and Neck Surgeon. *North Room* [E]
- 162 Upcoming clinical trials showing promise. How to determine whether a clinical trial is your best option, and how to identify a suitable trial.**
Marcia S. Brose, M.D., Ph.D., Oncologist. *Lincoln Room* [A, Adv, M]
- 163 Tumor immunology and novel immunotherapy approaches for medullary thyroid cancer.**
Jaydira Del Rivero, M.D., Endocrine Oncologist. *Center Room* [M]
- 164 Molecular diagnostics and prognostication in all types of thyroid cancer: What the latest research tells us.** Yuri Nikiforov, M.D., Ph.D., Pathologist. *Windsor I Room* [Adv, PF]
- 165 How does thyroid cancer differ when it's in young people, compared to adults?**
Steven G. Waguespack, M.D., Endocrinologist. *Chicago Room* [AYA, Ped]
- 166 Utilizing chair yoga and tai chi within multidisciplinary-integrative care model: Practice and research.** Lauren Mansell, D.P.T., C.L.T., P.R.P.C., Physical Therapist.
Oak Room [E]
- 167 For medical writers, press, and others interested in writing about thyroid cancer: Discussion of ThyCa resources and covering thyroid cancer.** Cal Pierce, ThyCa Volunteer.
Executive Boardroom

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Friday, October 19, 4:20 – 5:25 p.m.

172 Papillary and follicular thyroid cancer standard of care and toxicity management.

Marcia S. Brose, M.D., Ph.D., Oncologist. *Lincoln Room* [Adv, PF]

173 Understanding genetic testing for medullary thyroid cancer.

Samuel Hyde, M.MSc., C.G.C., Geneticist. *Center Room* [M]

174 Recurrent thyroid cancer: Screening and treatment.

Cord Sturgeon, M.D., M.S., Endocrine Surgeon. *Windsor I Room* [E]

175 The ABCs of thyroid cancer: Understanding key terms, concepts, and initial diagnostic and treatment steps. Steven G. Waguespack, M.D., Endocrinologist. *Chicago Room* [E]

176 Doctor/patient communication: Improving outcomes through better communication.

Bryan McIver, M.D., Ph.D., Endocrinologist. *Oak Room* [E]

177 The value of forgiveness. It can decrease stress and anxiety, increase immune health, lower blood pressure, and more.

Roselle Kovitz, ThyCa Volunteer. *Executive Boardroom* [E]

FRIDAY EVENING EVENTS AND GET-TOGETHERS

5:45 – 7:00 p.m.

180 Reception: Informal social time with free snacks. *Astoria Ballroom*

- Door prizes and raffle drawing to raise funds for thyroid cancer research.
- Cash bar.

6:30 – 9:00 p.m.

HypoPARathyroidism Banquet. *North Room*

Advance purchase required

7:00 – 10:00 p.m. Your Choice for Dinner and Socializing.

191 Dinner on your own or with groups. Look for the sign-up lists for various groups on the message board in Conference Central. *Windsor II Room*

7:00 – 10:00 p.m.

192 Anaplastic thyroid cancer meet-up. Meet in the lobby at 7:00 p.m. Host: Cheri Lindle. [A]

193 “Meddie” (medullary thyroid cancer) meet-up. Join in the fun from 7:00 p.m. on.

Astoria Ballroom [M]

194 Young adults dinner and meet-up. Join us at the *95th Street Grill* in the conference hotel from 7:00 p.m. on. For people 18 through 40. Hosts: Chris Kidwell and Tim Lau. [AYA]

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Saturday, October 20, 2018

- If you pre-ordered a box lunch, pick it up outside the **Ready Room** between 11:30 a.m. – 1:30 p.m.
- Visit the Exhibits, Resource Tables, Survivors' Creative Expressions Display, and Memorial Quilts.
- Your feedback is important! Please leave your evaluation forms and suggestions in Conference Central at the end of each day or provide feedback with the conference app, EventsXD.

8:00 a.m. Registration opens in Conference Central. *Windsor II Room*

8:00 – 9:00 a.m. Early-Bird Sessions

- 211 Roundtable: Living with thyroid cancer over the years. Discussing follow-up management.** Roselle Kovitz, ThyCa Volunteer. *North Room [E]*
- 212 Roundtable: If you're new to thyroid cancer—things to know and questions to ask.** Barb Allhoff, ThyCa Volunteer. *Lincoln Room [N]*
- 213 Medullary thyroid cancer roundtable: Including MEN2 and familial MTC.** Jo Gorringer and Kathryn Wall, ThyCa Volunteers. *Center Room [M]*
- 214 Anaplastic thyroid cancer: Discussion with a doctor.** R. Michael Tuttle, M.D., Endocrinologist. *Windsor I Room [A]*
- 215 Young adults roundtable: What are your challenges in learning about your thyroid cancer diagnosis?** Tim Lau, ThyCa Volunteer. *Chicago Room [AYA]*
- 216 Quiet room for reading, relaxing, or meditating.** *Oak Room [E]*
- 217 Morning run, walk, and chat.** Audra Day and Cal Pierce, ThyCa Volunteers. *Executive Boardroom [E]*

9:10 – 9:20 a.m.

221 Morning announcements. Andrew Brandner, ThyCa Volunteer. *North Room*

9:30 – 10:35 a.m.

- 231 The ABCs of thyroid cancer: Explaining key terms, concepts, and initial diagnostic and treatment steps.** R. Michael Tuttle, M.D., Endocrinologist. *North Room [N, PF]*
- 232 Impact of the new thyroid cancer staging system. What has changed?** Adam Kabaker, M.D., Endocrine Surgeon. *Lincoln Room [PF]*
- 233 Molecular markers in medullary thyroid cancer, and what they mean for future treatment advances.** Gilbert J. Cote, Ph.D., Molecular Geneticist. *Center Room [M]*
- 234 Anaplastic thyroid cancer roundtable.** Cheri Lindle, M.Ed., ThyCa Volunteer. *Windsor I Room [A]*
- 235 Quiet room for reading, relaxing, or meditating.** *Chicago Room [E]*

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Saturday, October 20, 10:45 – 11:50 a.m.

241 Contemporary surgical management of papillary and follicular thyroid cancer from minimally invasive to recurrent disease.

Gary L. Clayman, D.M.D., M.D., F.A.C.S., Thyroid Cancer Surgeon. *North Room [PF]*

242 Your mouth, salivary glands, and teeth: Preventing and solving issues caused by radioactive iodine or external beam radiation.

Mark S. Chambers, D.M.D., M.S., Oral Medicine Specialist. *Lincoln Room [E]*

243 Medullary thyroid cancer: Update on medical management.

R. Michael Tuttle, M.D., Endocrinologist. *Center Room [M]*

244 Health insurance: Understanding your choices, how to shop, how to appeal denials of insurance claims. Monica Fawzy Bryant, Esq., Attorney. *Windsor I Room [E]*

245 Pet therapy. Therapy dogs and their owners are with us for your enjoyment and to relieve stress, courtesy of the Alliance of Therapy Dogs. Come and go as you choose.

Leah Guljord, ThyCa Volunteer. *Chicago Room [E]*

246 Understanding your communication style and how it affects everyone you encounter: A path to understanding by seeing others through the lens of DISC.

Cheri Lindle, M.Ed., ThyCa Volunteer. *Oak Room [E]*

247 Quiet room for reading, relaxing, or meditating. *Executive Boardroom [E]*

12:10 – 1:15 p.m. Lunch & Learn Sessions. Bring lunch.

251 Quiet room for reading, relaxing, or meditating. *North Room [E]*

252 Roundtable: Questions you may have about oral care after cancer treatment.

Mark S. Chambers, D.M.D., M.S., Oral Medicine Specialist. *Lincoln Room [E]*

253 Medullary thyroid cancer roundtable: Share your tips for living well.

Sue Kane, ThyCa Volunteer. *Center Room [M]*

254 Financial health after a cancer diagnosis, including how to improve credit, cope with bills, and find advisors for financial matters. Monica Fawzy Bryant, Esq., Attorney.

Windsor I Room [E]

255 Pet therapy. Therapy dogs and their owners are with us for your enjoyment and to relieve stress, courtesy of the Alliance of Therapy Dogs. Come and go as you choose. **Please don't bring your lunch to this session.**

Leah Guljord, ThyCa Volunteer. *Chicago Room [E]*

256 Roundtable: Discussion among adolescents and young adults. Melanie Goldfarb, M.D.,

Surgeon and Tim Lau, ThyCa Volunteer. *Oak Room [AYA]*

257 Roundtable: Share your experiences with complementary and alternative approaches to well-being, including exercise and mind-body approaches. Cal Pierce, ThyCa Volunteer.

Executive Boardroom [E]

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Saturday, October 20, 1:30 – 2:35 p.m.

261 Voice issues: Incidence, causes, prevention, and solutions.

David Myssiorek, M.D., F.A.C.S., Otolaryngologist. *North Room [E]*

262 Value-based health care in thyroid cancer: The future of health care delivery.

Anita Ying, M.D., Oncologic Endocrinologist. *Lincoln Room [E]*

263 Medullary thyroid cancer: A surgeon's perspective on surgery, re-surgery, watchful waiting, and targeted therapy treatments. Mark Zafereo, M.D., Head and Neck Surgeon.

Center Room [M]

264 Young adults' discussion: Friendships, dating, relationships, and how thyroid cancer affects them. Melanie Goldfarb, M.D., Endocrine Surgeon, and Tim Lau and Chris Kidwell, ThyCa Volunteers. *Windsor I Room [AYA]*

265 Caregivers roundtable. Miguel Melendez, Bob Samuel, Louise Samuel, ThyCa Volunteers.

Chicago Room [C]

266 Conversation about caring for self while caring for others. Cheri Lindle, M.Ed., ThyCa Volunteer. *Oak Room [E]*

267 Quiet room for reading, relaxing, or meditating. *Executive Boardroom [E]*

2:45 – 3:50 p.m.

271 Dose-adjusted radioactive iodine therapy: Using pre-treatment diagnostic staging RAI scans for RAI therapy planning. Anca M. Avram, M.D., Nuclear Medicine Physician.

North Room [PF]

272 A discussion about thyroid hormone therapy, testing, and dosing including T4, T3, and desiccated thyroid. Can my lifestyle affect how I feel?

Joshua P. Klopper, M.D., Endocrinologist. *Lincoln Room [E]*

273 Medullary thyroid cancer: An overview of important treatment.

Robert F. Gagel, M.D., Endocrinologist. *Center Room [M]*

274 Helping children and teens cope with thyroid cancer, as well as differences in care for youths and adults. Anita Ying, M.D., Oncologic Endocrinologist.

Windsor I Room [AYA, Ped]

275 Roundtable: Prospective and new ThyCa support group facilitators.

Kathryn Wall, Director of Support Groups. *Chicago Room*

276 From multi-kinase inhibitors (MKIs) to targeted tyrosine kinase inhibitors (TKIs):

Designing therapies for thyroid cancer patients to maximize responses and minimize side effects. S. Michael Rothenberg, M.D., Ph.D., Medical Oncologist. *Oak Room [A, Adv, M]*

277 Quiet room for reading, relaxing, or meditating. *Executive Boardroom [E]*

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Saturday, October 20, 4:00 – 5:05 p.m.

281 After receiving radioactive iodine: Share your opinions on issues related to immediate patient release from the hospital or clinic. An informal “Town Hall” session.

Donna-Beth Howe, Ph.D., Nuclear Material Safety and Safeguards Specialist, and Peter Crane, Esq., ThyCa Volunteer. *North Room [PF]*

282 Talk about surveys. Why should you participate in them? Results from the intimacy survey. David Myssiorek, M.D., F.A.C.S., Otolaryngologist. *Lincoln Room*

283 The realities of getting a drug approved by the FDA, and how the FDA views medullary thyroid cancer. Robert F. Gagel, M.D., Endocrinologist. *Center Room [M]*

284 Roundtable: Multigenerational family communications during thyroid cancer. Barb Allhoff, ThyCa Volunteer. *Windsor I Room [E]*

285 Men’s issues: A discussion for men dealing with thyroid cancer. Andrew Brandner, ThyCa Volunteer. *Chicago Room*

286 Support group facilitators roundtable: Successes you’ve identified, issues you’ve encountered, and sharing with other facilitators. Kathryn Wall, Director of Support Groups. *Oak Room*

287 Fundraising for research: Moving toward our dream of cures for all thyroid cancer. Anita Hubbard, ThyCa Volunteer. *Executive Boardroom [E]*

5:30 – 9:00 p.m.

ThyCa Dinner/Auction to Raise Funds for Thyroid Cancer Research.

Astoria Ballroom and Sheffield Room

- Come for the dinner/auction to support thyroid cancer research from 5:30 – 9:00 p.m. (tickets required).
- Seating for dinner begins at 7:00 p.m.
- Presentation of ThyCa’s Distinguished Service Award to **David Myssiorek, M.D., F.A.C.S.**, ThyCa Medical Advisor, and the late **Jeffrey F. Moley, M.D.** Dr. Moley’s son, Patrick Moley, is accepting the award on behalf of his father. This award is in gratitude for their many years of dedicated service to ThyCa.
- Cash bar 5:30 p.m. – midnight.
- Auction check-out. Pick up your auction items from 9:30 – 10:00 p.m.
- Music and dancing from 9:00 p.m. – midnight (free event).
- Stay and enjoy the whole evening!

Even if you don’t attend the dinner/auction, please join in the free music and dancing beginning at 9:00 p.m.

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Sunday, October 21, 2018

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- Your feedback is important! Please leave your evaluation forms and suggestions in Conference Central at the end of each day or provide feedback with the conference app, EventsXD.

8:00 a.m. Registration opens in Conference Central. Windsor II Room

8:00 – 9:05 a.m. Early-Bird Sessions

301 Managing lymph node disease. Joshua P. Klopper, M.D., Endocrinologist. *North Room* [Adv]

302 What's new in the diagnosis and treatment of papillary and follicular thyroid cancer.

Dina M. Elaraj, M.D., Endocrine Surgeon. *Lincoln Room* [PF]

303 An update on medullary thyroid cancer therapy drugs, both FDA approved and in clinical trial. Lori J. Wirth, M.D., Medical Oncologist. *Center Room* [M]

304 Why should I attend a support group? Kathryn Wall, Director of Support Groups. *Windsor I Room* [E]

307 Morning run, walk, and chat. Audra Day and Cal Pierce, ThyCa Volunteers.

Executive Boardroom [E]

9:15 – 9:25 a.m.

311 Morning announcements. Craig McLaughlin, ThyCa Volunteer. *North Room*

9:35 – 10:40 a.m.

321 Hyperthyroidism, hypothyroidism, and symptoms you might encounter.

Brian W. Kim, M.D., Endocrinologist. *North Room* [E]

322 Thyroid cancer surgery: Addressing different amounts of surgery as well as dealing with complications. Nishant Agrawal, M.D., Endocrine Surgeon. *Lincoln Room* [E]

323 Medullary thyroid cancer in children. New treatment modalities, long-term follow-up.

Maya Lodish, M.D., M.H.Sc., Endocrinologist. *Center Room* [M, Ped]

324 Quiet room for reading, relaxing, or meditating. *Windsor I Room* [E]

325 Caregivers roundtable. Miguel Melendez, Bob Samuel, Louise Samuel, ThyCa Volunteers.

Chicago Room [C]

10:50 – 11:55 a.m.

331 Management of thyroid cancer using thyroglobulin testing. When is radioactive iodine used? Ronald N. Cohen, M.D., Endocrinologist. *North Room* [PF]

332 The AJCC 8th edition staging for thyroid cancer and its implications.

Julie Hallanger-Johnson, M.D., Endocrinologist. *Lincoln Room* [PF]

333 Medullary thyroid cancer: Clarifying any confusion.

Maya Lodish, M.D., M.H.Sc., Endocrinologist. *Center Room* [M]

334 When to treat with external beam radiation therapy.

Valentina D. Tarasova, M.D., Endocrinologist. *Windsor I Room* [Adv]

335 Spiritual healing through Raja Yoga meditation.

Krutiben Aghera, M.B.A., Registered Respiratory Therapist. *Chicago Room* [E]

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Sunday, October 21, 12:15 – 1:20 p.m.

Lunch & Learn Sessions. Bring lunch.

- 341 Individualized approach for thyroid cancer management. Ask a doctor questions about any type of thyroid cancer.** Valentina D. Tarasova, M.D., Endocrinologist. *North Room [E]*
- 342 Roundtable: Share your tips for using the low-iodine diet when preparing to receive radioactive iodine.** Leah Guljord, ThyCa Volunteer. *Lincoln Room [PF]*
- 343 Roundtable: Getting involved, volunteering and becoming active in ThyCa support services.** Gary Bloom, Executive Director. *Center Room [E]*
- 344 Quiet room for reading, relaxing, or meditating.** *Windsor I Room [E]*

1:35 – 2:40 p.m.

- 351 Roundtable: Coping when newly diagnosed and during the first year.**
Carol DiFelice, ThyCa Volunteer. *North Room [N]*
- 352 Roundtable: Coping after the first year and over the long term, including recurrence.**
Cal Pierce, ThyCa Volunteer. *Lincoln Room [E]*
- 353 Roundtable: Coping with metastatic progressing disease.**
Tommy Stewart, ThyCa Volunteer. *Center Room [Adv]*
- 354 Young adults roundtable: What are the key issues for young adults?**
Chris Kidwell and Tim Lau, ThyCa Volunteers. *Windsor I Room [AYA]*

2:50 – 3:30 p.m.

- 361 Conference wrap-up: Resources and next steps after the conference, your feedback on the conference, and suggestions for next year.**
Gary Bloom, ThyCa Executive Director, and Conference Team. *North Room [E]*

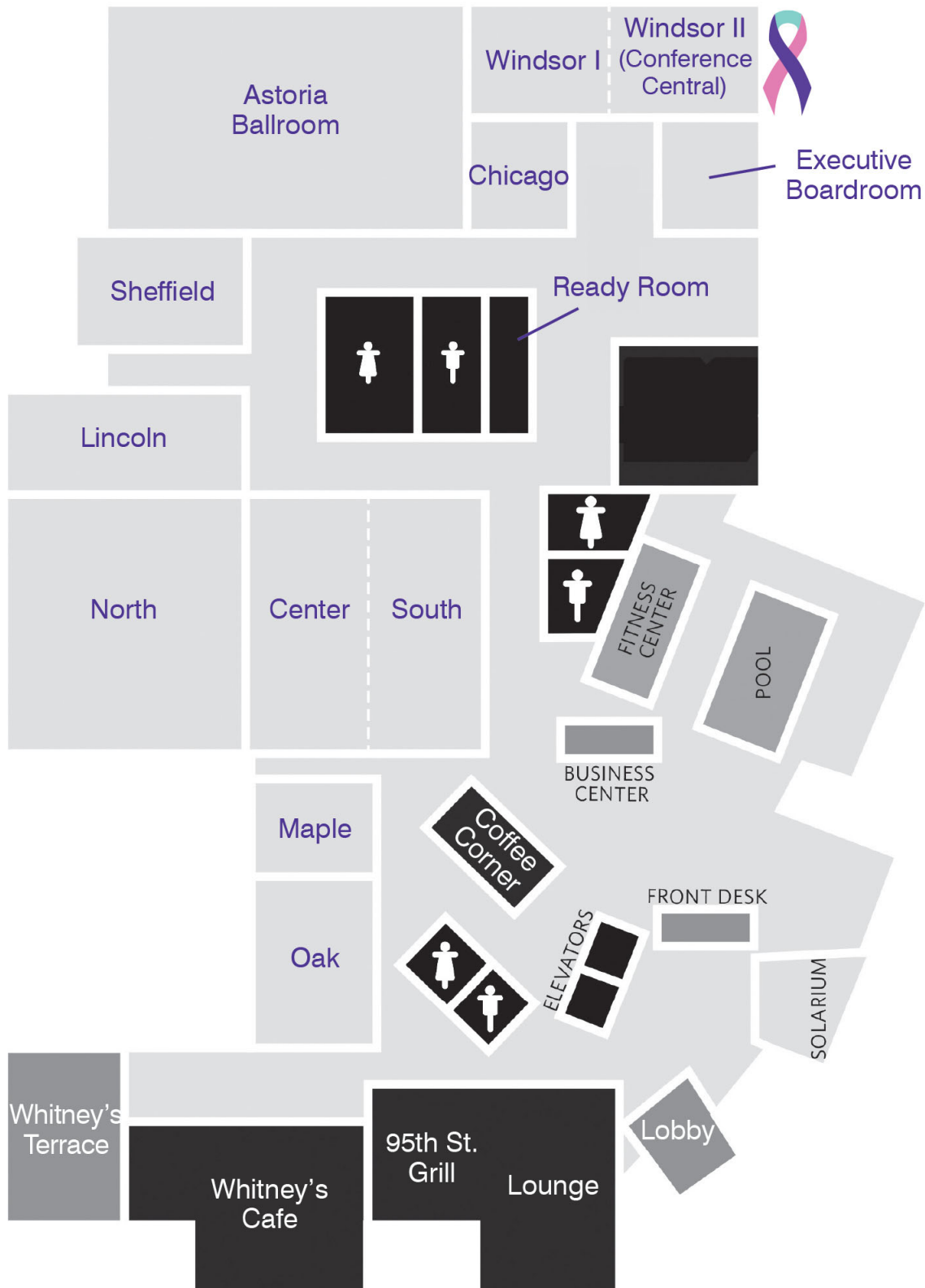
Thank you for coming! We hope to see you next year in Denver!

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