

26th International Thyroid Cancer Survivors' Conference
October 13-15, 2023
Conference Schedule, as of October 17, 2023

Friday, October 13, 2023

- All program times are MDT (Denver, Colorado USA time)
- Please fill out the session evaluation survey included in the conference application after each session.
- Check out our online auction, www.thyca.org/auction

7:45 a.m. MDT In-person registration opens in Conference Central. Colorado Ballroom I&II

8:00 – 8:50 a.m. MDT Early-Bird Sessions.

101 Roundtable: How to navigate the conference in-person.

ThyCa Volunteer. *Grand Ballroom I [All,IP]*

102 Roundtable: How to navigate the conference in-person.

Gary Bloom, ThyCa Executive Director. *Grand Ballroom II [All,IP]*

103 Discussion about the low-iodine diet. Daria Jerauld, ThyCa Volunteer. *Crystal II & Zoom [Adv,AYA,H,N,Ped,PF,SR]*

104 Get “schooled”: Educational accommodations and advocacy for children diagnosed with thyroid cancer. Pam Mendenhall, LISW, ThyCa Pediatric Support Moderator.

Crystal I & Zoom [Ped,SR,VP]

105 Relax & renew: Chair yoga for everybody. Charlotte Bayala, ThyCa Volunteer.

Colorado Ballroom III [All]

106 Morning run, walk, and chat. ThyCa Volunteer. *Meet Outside Crystal III [All,IP]*

107 Roundtable: How to navigate the conference virtually.

ThyCa Volunteer. *Zoom [All,VO]*

9:15 – 10:15 a.m. MDT

111 Roundtable: If you're new to thyroid cancer – things to know and questions to ask.

ThyCa Volunteer. *Grand Ballroom I & Zoom [N,SR]*

112 Roundtable: If this is your first conference – things to know and questions to ask.

Abby Melendez, ThyCa Volunteer. *Grand Ballroom II & Zoom [All]*

113 Morning Zen: Empower your day with a morning meditation.

Charlotte Bayala, ThyCa Volunteer. *Crystal II & Zoom [All]*

114 Caregivers roundtable. Miguel Melendez, ThyCa Volunteer. *Crystal I & Zoom [All]*

115 Roundtable: Disparities in Cancer Care: What's race and ethnicity got to do with it?

Anjali Kapoor-Davis and Valronica Scales, PhD, ThyCa Volunteers.

Colorado Ballroom III & Zoom [All]

10:25 – 10:35 a.m. MDT

121 Welcome and announcements. Gary Bloom, ThyCa Executive Director.

Grand Ballroom I & Zoom [All]

Session Key

A: Anaplastic	Adv: Advanced Disease	All: All Attendees	AYA: Adolescent/Young Adult	H: Hurthle/Oncocytic	IP: In-person Only
M: Medullary	N: Newly Diagnosed	Ped: Pediatric	PF: Papillary/Follicular	SR: Session Recorded	VO: Virtual Only
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Friday, October 13, 2023, 10:45 – 11:45 a.m. MDT

131 Open-microphone roundtable: Getting to know each other.

ThyCa Volunteers. *Grand Ballroom I* [All,IP]

132 Poorly differentiated thyroid cancer open-microphone roundtable: Getting to know each other. Julie Martwick, ThyCa Volunteer. *Grand Ballroom II & Zoom* [Adv,PF]

133 Medullary thyroid cancer open-microphone roundtable: Getting to know each other.

Kelley Pratt, ThyCa Volunteer. *Crystal II* [IP,M]

134 Anaplastic thyroid cancer open-microphone roundtable: Getting to know each other.

Jean Baker and Cheri Lindle, ThyCa Volunteers. *Crystal I & Zoom* [A]

135 Open-microphone roundtable: Getting to know each other.

ThyCa Volunteers. *Colorado Ballroom III* [All,IP]

136 Pediatric thyroid cancer open-microphone roundtable: Getting to know each other.

Pam Mendenhall, ThyCa Volunteer. *Crystal III & Zoom* [Ped]

137 Open-microphone roundtable for our virtual audience: Getting to know each other.

ThyCa Volunteers. *Zoom* [All,VO]

138 Medullary thyroid cancer open-microphone roundtable for our virtual audience: Getting to know each other. ThyCa Volunteers. *Zoom* [M,VO]

12:15 – 1:15 p.m. MDT

141 Pre-operative evaluation of thyroid cancer including the importance of having a good ultrasound before surgery and cross-sectional imaging in patients with aggressive thyroid cancer or bulky lymphadenopathy. Sara Ahmadi, MD, Endocrinologist.

Grand Ballroom I & Zoom [All,SR]

142 Active surveillance of small newly diagnosed primary thyroid cancers and nodal recurrences. Christopher D. Raeburn, MD, Surgeon. *Grand Ballroom II & Zoom* [Adv,AYA,H,N,Ped,PF,SR]

143 Medullary thyroid cancer roundtable: Getting to know each other – Part 1.

Sarah Mountford, Bill Nelson, and Kelley Pratt, ThyCa Volunteers. *Crystal II & Zoom* [M]

144 Key aspects of surgery for thyroid cancer. New technologies and options.

Carlos S. Duque, MD, Head & Neck Surgeon. *Crystal I & Zoom* [All,SR]

145 Navigating health insurance.

Nicole Jolicoeur, Esq., Attorney. *Colorado Ballroom III & Zoom* [All,SR]

146 Ask a Doctor your questions about Graves' disease, thyroid eye disease, and Hashimoto's thyroiditis. Satellite discussion hosted by the Graves' Disease & Thyroid Foundation.

Trevor E. Angell, MD, Endocrinologist; Allen S. Ho, MD, Surgeon; and E. Lacey Echaliier, MD, Ophthalmologist. *Crystal III & Zoom* [All,SR]

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Friday, October 13, 2023, 1:45 – 2:45 p.m. MDT

151 Use of thyroglobulin in patient management after thyroid surgery.

Trevor E. Angell, MD, Endocrinologist. *Grand Ballroom I & Zoom [Adv,AYA,H,N,Ped,PF,SR]*

152 Monitoring of low and intermediate risk papillary and follicular thyroid cancer patients in the first five years after initial treatment(s). Sana Ghaznavi, MD, Endocrinologist.

Grand Ballroom II & Zoom [AYA,Ped,PF,SR]

153 Medullary thyroid cancer roundtable: Getting to know each other – Part 2.

Sarah Mountford, Bill Nelson, and Kelley Pratt, ThyCa Volunteers. *Crystal II & Zoom [M]*

154 Extent of surgery for (1) primary thyroid cancer and (2) recurrent thyroid cancer.

Allen S. Ho, MD, Surgeon. *Crystal I & Zoom [Adv,AYA,H,N,Ped,PF,SR]*

155 Systemic therapies in advanced radioactive iodine refractory (non-avid, RAI-R) differentiated thyroid cancer. Bhavana Konda, MD, MPH, Medical Oncologist.

Colorado Ballroom III & Zoom [Adv,AYA,H,Ped,PF,SR,VP]

156 Patient & Family Roundtable: Living with Graves' disease, thyroid eye disease, and Hashimoto's thyroiditis. Share your personal experience or stop by to get resources for a loved one! Satellite discussion hosted by the Graves' Disease & Thyroid Foundation.

Kimberly Dorris, Executive Director, Graves' Disease & Thyroid Foundation.

Crystal III & Zoom [All,IP]

3:15 – 4:15 p.m. MDT

3:15 – 4:15 p.m. MDT

161 Thyroid hormone treatment: Controversies and new developments.

Antonio Bianco, MD, PhD, Endocrinologist; and

Nikita Pozdeyev, MD, PhD, Endocrinologist. *Grand Ballroom I & Zoom [All,SR]*

162 Surgery for advanced thyroid cancers. James Wu, MD, Endocrine Surgeon.

Grand Ballroom II & Zoom [Adv,AYA,H,M,Ped,PF,SR]

163 Medullary thyroid cancer: Medical management at the beginning of the journey.

Elizabeth G. Grubbs, MD, Surgeon. *Crystal II & Zoom [M,SR]*

164 Your mouth, salivary glands, and teeth: Preventing and solving issues caused by treatments, including radioactive iodine and/or external beam radiation.

Ruth A. Aponte-Wesson, DDS, MS, FACP, FAAMP; and

Mark S Chambers, DMD, MS, Oral Medicine Specialist. *Crystal I & Zoom [All,SR]*

165 Genetic/molecular testing: What it tells us, and more importantly what it does not tell us.

Aime T. Franco, PhD, Researcher. *Colorado Ballroom III [All,SR]*

166 The ABCs of papillary and follicular thyroid cancer and variants: Understanding key terms, concepts, and initial diagnostic and treatment steps.

Priyanka C. Iyer, MD, Oncologic Endocrinologist. *Crystal III & Zoom [All,SR]*

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Friday, October 13, 2023, 4:45 – 5:45 p.m. MDT

171 Developing a new targeted therapy combination for RAI-refractory thyroid cancers and anaplastic thyroid cancers: A clinical trial. Alan L. Ho, MD, Oncologist.

Grand Ballroom I & Zoom [Adv,AYA,H,N,Ped,PF,SR]

172 A discussion with people who have teeth that fracture, the pain that comes with that, short-term remedies while waiting for professional intervention, and long-term remedies to prevent subsequent oral severe complications.

Ruth A. Aponte-Wesson, DDS, MS, FACP, FAAMP; and

Mark S. Chambers, DMD, MS, Oral Medicine Specialist. *Grand Ballroom II & Zoom [All,SR]*

173 Thyroid cancer roundtable: A discussion on fitness, exercise and positive mental attitude.

Bill Nelson, ThyCa Volunteer. *Crystal II & Zoom [All]*

174 Nonsurgical treatment options for primary papillary thyroid cancer: Patients share their experience with thermal ablation.

Moderator: Jennifer Holkem, SYT Founder.

Panelists: Shahzad Ahmad, MD, FACE, ECNU, Endocrinologist;

Juan C. Camacho, MD, Vascular and Interventional Radiologist;

Jessica Alexiou, Jeff Bertsch, and Elaine Brock, SYT Community Members.

Crystal I & Zoom [Adv,AYA,H,M,N,Ped,PF,SR,VP]

175 Navigating employment issues when dealing with thyroid cancer.

Nicole Jolicoeur, Esq., Attorney. *Colorado Ballroom III & Zoom [All,SR]*

FRIDAY EVENING EVENTS AND GET-TOGETHERS

6:00 – 7:00 p.m. MDT

Reception: Informal social time with free snacks. *In-Person only. Grand Ballroom III*

- Door prizes and raffle drawing to raise funds for thyroid cancer research.
- Cash bar.

7:00 – 10:00 p.m. MDT Your Choice for Dinner and Socializing, both in-person or virtually.

181 Dinner on your own or with groups. Look for the sign-up lists for various groups on the message board in Conference Central. *Colorado Ballroom I&II [All,IP]*

182 Anaplastic thyroid cancer meet-up. Meet in the hotel lobby.

Host: Cheri Lindle, ThyCa Volunteer. **[A,IP]**

183 “Meddie” (medullary thyroid cancer) meet-up. Join in the fun.

Crystal Ballroom II & Zoom [M]

184 Young adults meet-up. Conversation and games for people ages 18-39.

Host: Rachel Waguespack. *Evergreen I & Zoom [AYA]*

185 Anaplastic thyroid cancer virtual meet-up. Zoom Host: Patti Turner, ThyCa Volunteer.

Zoom [A,VO]

7:30 – 8:30 p.m. MDT (Saturday, October 14, 2023, 11:30 a.m. – 12:30 p.m. AEDT)

195 Thyroid cancer trials 2023, a presentation live-streamed from Australia.

Matti Gild, BSc, MBBS, PhD, FRACP, Endocrinologist; and

Bruce Robinson, MD, Endocrinologist. *Colorado Ballroom III & Zoom*

[Adv,AYA,H,M,Ped,PF,SR,VP]

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7:30 – 8:45 a.m. MDT

200 Current ThyCa support group facilitators training and breakfast.

Abby Melendez, Director of Support Groups. *Evergreen I [IP]*

7:45 a.m. MDT In-person registration opens in Conference Central. *Colorado Ballroom I&II*

8:00 – 8:50 a.m. MDT

201 Discussion about thyroid nodules and pathological diagnosis, and types of thyroid tumors and pathological features. Yuri Nikiforov, MD, PhD, Pathologist. *Grand Ballroom I & Zoom [Adv,AYA,H,Ped,PF,SR,VP]*

202 Ask a doctor your questions about papillary, follicular and oncocytic (formerly Hurthle Cell) thyroid cancers and variants. Valentina D. Tarasova, MD, Endocrinologist. *Grand Ballroom II & Zoom [Adv,AYA,H,N,Ped,PF,SR]*

203 Helping families communicate better with each other and with their medical team, including the value of emotional intelligence and the role of behavioral styles. Cheri Lindle, MEd, ThyCa Volunteer. *Crystal II & Zoom [All,SR]*

204 Roundtable: Discussion for radioactive iodine resistant thyroid cancer survivors. How do we manage our care? Anjali Kapoor-Davis and Valronica Scales, PhD, ThyCa Volunteers. *Crystal I & Zoom [Adv,AYA,H,Ped,PF]*

205 Choosing a thyroid surgeon: Understanding differences in thyroid surgeons' values, approach, and decision-making in thyroid cancer. James Wu, MD, Endocrine Surgeon. *Colorado Ballroom III [All,SR]*

9:00 – 9:10 a.m. MDT

210 Welcome and announcements.

Gary Bloom, ThyCa Executive Director. *Grand Ballroom I & Zoom [All]*

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Saturday, October 14, 2023, 9:15 – 10:15 a.m. MDT

- 211 The ABCs of thyroid cancer: Explaining key terms, concepts, and initial diagnostic and treatment steps.** Jennifer A. Sipos, MD, Endocrinologist. *Grand Ballroom I & Zoom* [All,SR,VP]
- 212 Drugs in development for RAI-refractory differentiated thyroid cancer. New Molecular Targets.** Daniel Bowles, MD, Medical Oncologist, and Mabel Ryder, MD, Endocrinologist [VP]. *Grand Ballroom II & Zoom* [Adv,AYA,H,N,Ped,PF,SR]
- 213 Medullary thyroid cancer in 2023: Considerations before, during, and after surgery.** Mark E. Zafereo, MD, Head and Neck Surgeon. *Crystal II & Zoom* [M,SR]
- 214 An overview of the International Thyroid Oncology Group (ITOG), its latest clinical trials, and its cooperative relationship with ThyCa.** Bryan R. Haugen, MD, Endocrinologist. *Crystal I & Zoom* [All,SR]

9:15 – 10:45 a.m. MDT

- 215 Haga sus preguntas a el médico en español.** Maria Albuja-Cruz, MD, Cirujano Endocrino; Carlos S. Duque, MD, Cirujano de Cabeza y Cuello; y Danica M. Vodopivec, MD, Endocrinólogo Oncológico. *Colorado Ballroom III & Zoom* [SR]

10:45 – 11:45 a.m. MDT

- 231 The changing landscape of papillary and follicular thyroid cancer management: What do patients need to know?** Bryan R. Haugen, MD, Endocrinologist. *Grand Ballroom I & Zoom* [AYA,H,N,Ped,PF,SR]
- 232 Surgical complications: Voice issues and other problems.** David Myssiorek, MD, FACS, Otolaryngologist; and Holly Reckers, BM, MA, CCC-CLP, Speech-Language Pathologist and Singing Voice Specialist. *Grand Ballroom II & Zoom* [Adv,AYA,N,Ped,PF,SR,VP]
- 233 Medullary thyroid cancer: Update on medical management.** Danica M. Vodopivec, MD, Oncologic Endocrinologist. *Crystal II & Zoom* [M,SR]
- 234 Roundtable: Discussion about rare fusions (ALK, nTRK, RET) in thyroid cancer.** Maria E. Cabanillas, MD, Oncologic Endocrinologist; Julie Martwick, and Susan Spinosa, ThyCa Volunteers [VP]. *Crystal I & Zoom* [All,SR]
- 235 Managing post-thyroidectomy hypocalcemia (hypoparathyroidism).** Maria Albuja-Cruz, MD, Endocrine Surgeon. *Colorado Ballroom III & Zoom* [All,SR]
- 236 Una explicación sobre la vigilancia activa en español.** Fabian Pitoia, MD, Endocrinólogo. *Crystal III & Zoom* [SR,VP]

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Saturday, October 14, 2023, 12:15 – 1:15 p.m. MDT

- 241 Precision medicine in thyroid cancer: the role of molecular diagnostics in optimizing care for thyroid cancer patients.** Theodora Pappa, MD, PhD, Onco-Endocrinologist.
Grand Ballroom I & Zoom [All,SR]
- 242 Overview and discussion about thyroid cancer, fertility, and pregnancy.**
Kaniksha Desai, MD, ECNU, Endocrinologist; and Caroline T. Nguyen, MD, Endocrinologist.
Grand Ballroom II & Zoom [Adv,H,M,N,PF,SR,VP]
- 243 Ask a doctor your questions about medullary thyroid cancer.**
Naifa L. Busaidy, MD, Endocrinologist. *Crystal II & Zoom [M,SR]*
- 244 Updates on the management of anaplastic thyroid cancer.**
Bryan R. Haugen, MD, Endocrinologist. *Crystal I & Zoom [A,SR]*
- 245 Am I a candidate for a non-surgical treatment option? A discussion about percutaneous alcohol ablation, and thermal ablation procedures.**
Moderator: Jennifer Holkem, SYT Founder. Panelists: Agustin A. Andrade, MD, Endocrinologist; Giovanni Mauri, MD, Interventional Radiologist; Ralph P. Tufano, MD, MBA, FACS, Head and Neck Endocrine Surgeon.
Colorado Ballroom III & Zoom [Adv,AYA,H,M,N,Ped,PF,SR,VP]

1:45 – 2:45 p.m. MDT

- 251 Future treatments, and emerging and future trials for advanced papillary, follicular, poorly differentiated, or anaplastic thyroid cancer.**
Sarah Hamidi, MD, Oncologic Endocrinologist.
Grand Ballroom I & Zoom [A,Adv,AYA,H,N,Ped,PF,SR]
- 252 Being your own patient advocate. Do I have the right medical team for my situation? Should I consider getting a second opinion? Do I need an oncologist for my care?**
Erik Blomain, MD, PhD, Radiation Oncologist and Patient Advocate;
Naifa L. Busaidy, MD, Endocrinologist; and Sarah C. Oltmann, MD, Endocrine Surgeon.
Grand Ballroom II & Zoom [Adv,AYA,H,M,Ped,PF,SR]
- 253 Medullary thyroid cancer roundtable: Breakout rooms by disease status for informal discussions after hearing from some of the doctors.**
Bill Nelson, and Kelley Pratt, ThyCa Volunteers. *Crystal II & Zoom [M]*
- 254 Roundtable: AYA thyroid cancer and a discussion on friendships, dating, relationships, and how thyroid cancer affects them.** For people ages 18 to 39.
Kaniksha Desai, MD, ECNU, Endocrinologist; and Julia E. Noel, MD, Head & Neck Surgeon.
Crystal I & Zoom [AYA,H,M,Ped,PF,SR,VP]
- 255 The use of Thyrogen® versus T4 withdrawal to prepare for radioactive iodine treatment or scans and/or for stimulated thyroglobulin testing, with or without scans.**
Sarimar N. Agosto Salgado, MD, Oncologic Endocrinologist.
Colorado Ballroom III & Zoom [Adv,AYA,H,N,Ped,PF,SR]

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Saturday, October 14, 2023, 3:15 – 4:15 p.m. MDT

261 Immune-based therapies for follicular cell-derived thyroid cancers (or DTC/ATC).

Immunotherapy for advanced thyroid cancer – Preclinical studies.

Jena D. French, PhD, Researcher.

TSHR CART trial/preclinical data in RAI refractory metastatic thyroid cancers.

John A. Copland, III, PhD, Biologist [VP].

Grand Ballroom I & Zoom [A,Adv,AYA,H,M,Ped,PF,SR]

262 Update on treatment of anaplastic thyroid cancer.

Maria E. Cabanillas, MD, Oncologic Endocrinologist. *Grand Ballroom II & Zoom [A,SR]*

263 CAR T-cell therapy for medullary thyroid cancer: The personal story and the science.

Roger B. Cohen, MD, Medical Oncologist. *Crystal II & Zoom [M,SR,VP]*

264 When to use radioactive iodine, and how much to use.

Douglas Van Nostrand, MD, Nuclear Medicine Physician. *Crystal I & Zoom*

[Adv,AYA,H,Ped,PF,SR,VP]

265 Creative Responses to Cancer with the Arts. Rolf Stavig, LCSW, Oncology Social Worker.

Colorado Ballroom III & Zoom [All,SR]

4:45 – 5:45 p.m. MDT

271 Panel discussion: Question and answer session. We will address whatever questions have come up as the meeting has progressed.

Moderator: R. Michael Tuttle, MD, Endocrinologist.

Panelists: Sarimar N. Agosto Salgado, MD, Oncologic Endocrinologist; and

Jennifer Wang, MD, PhD, Otolaryngologist. *Grand Ballroom I & Zoom [All,SR]*

272 Immunotherapy in follicular cell-derived thyroid cancers.

Jochen J. Lorch, MD, MSc, Medical Oncologist. *Grand Ballroom II*

[A,Adv,AYA,H,M,Ped,PF,SR]

273 Future treatments, and emerging and future trials for advanced medullary thyroid cancer.

Sarah Hamidi, MD, Oncologic Endocrinologist. *Crystal II & Zoom [M,SR]*

274 Expression of Illness: Bryn Silverman will host an advanced screening of her short documentary chronicling her experience with papillary thyroid cancer.

A Q&A with Bryn and producer/caregiver Naveen Chaubal will follow. Naveen Chaubal, Producer, and

Bryn Silverman, Filmmaker and Thyroid Cancer Survivor. *Crystal I [All,IP,SR]*

275 Poorly differentiated thyroid cancer roundtable: What have we learned this weekend.

Julie Martwick, ThyCa Volunteer. *Colorado Ballroom III & Zoom [Adv,PF]*

276 Roundtable: Mindful therapeutics through art. This session will be hands on and have a limit of 30 participants because of the supplies provided/used.

Vicki Mackie, Executive Director of Sites and Insights, Inc. *Crystal III [All,IP]*

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SATURDAY EVENING EVENTS AND GET-TOGETHERS

6:00 – 9:00 p.m. MDT

ThyCa Dinner/Auction to Raise Funds for Thyroid Cancer Research.

Dinner in Grand Ballroom III and Silent Auction in Grand Ballroom IV [IP]

- Come for the dinner/auction to support thyroid cancer research from 5:30 – 9:00 p.m. (tickets required).
- Cash bar 5:30 p.m. – midnight.
- Seating for dinner begins at 7:00 p.m.
- Keynote presentation on “A decade of progress in anaplastic thyroid cancer” by **Maria E. Cabanillas, MD**, Oncologic Endocrinologist.
- Auction check-out. Pick up your auction items from 9:30 – 10:00 p.m.
- Music and dancing from 9:00 p.m. – midnight (free event, tickets not required).
- Stay and enjoy the whole evening!

Even if you don’t attend the dinner/auction, please join in the free music and dancing beginning at 9:00 p.m. MDT

9:15 – 10:00 p.m. MDT

284 Expression of Illness: Bryn Silverman will host an advanced screening of her short documentary chronicling her experience with papillary thyroid cancer. A Q&A with Bryn and producer/caregiver Naveen Chaubal will follow. Naveen Chaubal, Producer, and Bryn Silverman, Filmmaker and Thyroid Cancer Survivor.
Crystal I [All,IP,SR]

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8:30 a.m. MDT In-person registration opens in Conference Central. *Colorado Ballroom I&II*

7:30 – 9:30 a.m. MDT

300 Early morning walk at Bluff Lake. Host: Brandee Rocket, ThyCa Volunteer.
Meet Outside Crystal III [All,IP]

8:30 – 9:30 a.m. MDT Early-Bird Sessions

301 Patient advocacy issues in the era of pandemic and digital health.

Erik Blomain, MD, PhD, Radiation Oncologist and Patient Advocate.

Grand Ballroom I & Zoom [Adv,SR]

302 Roundtable: Multigenerational family communications during thyroid cancer.

Cheri Lindle, ThyCa Volunteer. *Grand Ballroom II & Zoom [All,SR]*

303 Medullary thyroid cancer roundtable: Questions as we begin day 3.

Karen Geisenberger, ThyCa Volunteer. *Crystal II & Zoom [M]*

304 Why should I attend a support group? Abby Melendez, Director of Support Groups, and Theresa Wickerham, ThyCa Volunteer. *Crystal I & Zoom [All]*

305 Let's talk about palliative care and hospice. This session will help you understand how palliative care can provide you with support and improve your quality of life and when it may be time to consider hospice. What can you do to manage the impact your illness has on your life? We will talk about physical symptoms as well as emotional and spiritual well-being.

Megan E. Rau, MD, MPH, FACP, Geriatrics and Palliative Care Physician.

Colorado Ballroom III & Zoom [All,SR,VP]

9:40 – 9:50 a.m. MDT

311 Welcome and announcements.

Gary Bloom, ThyCa Executive Director. *Grand Ballroom I & Zoom [All]*

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Sunday, October 15, 2023, 10:00 – 11:00 a.m. MDT

321 What is radiation oncology and how is it used in our thyroid cancer journey?

Ryan Lanning, MD, PhD, Radiation Oncologist. *Grand Ballroom I & Zoom [All,SR]*

322 How to be your best advocate for surgery.

Moderator: Sarah C. Oltmann, MD, Endocrine Surgeon.

Panelists: Anupam Kotwal, MD, Endocrinologist;

Kimberly A. Vanderveen, MD, Endocrine Surgeon; and James Wu, MD, Endocrine Surgeon.

Grand Ballroom II & Zoom [Adv,AYA,H,N,Ped,PF,SR]

323 Thyroid cancer roundtable: A discussion on fitness and exercise.

Aime T. Franco, PhD, Researcher. *Crystal II & Zoom [All]*

324 The role of TKIs in advanced thyroid cancer care, and the practical management of the side effects our patients experience. Brenna Newfell, NP, Nurse Practitioner.

Crystal I & Zoom [All,SR]

325 Roundtable: Learn about volunteering with ThyCa. This session will answer your questions about becoming a support group facilitator, a toll-free number volunteer, ThyCa Person-to-Person volunteer, or a social media volunteer.

Daria Jerauld, Anjali Kapoor-Davis, and Valronica Scales, PhD, ThyCa Board Members.

Colorado Ballroom III & Zoom [All,SR]

11:30 a.m. – 12:30 p.m. MDT

331 Test your cancer: Genomic cancer testing overview.

Catherine Shappley, MSN, RN. *Grand Ballroom I & Zoom [All]*

332 Healing through writing about a cancer journey. Anjali Kapoor-Davis, ThyCa Volunteer.

Grand Ballroom II & Zoom [All]

333 Caregivers' roundtable: Taking care of ourselves while taking care of our loved one.

Charlotte Bayala, ThyCa Volunteer. *Crystal II & Zoom [All]*

334 Adjusting to thyroid cancer across the cancer care continuum.

Alaina Carr, PhD, Clinical Psychologist. *Crystal I & Zoom [All,SR,VP]*

335 Combining science and art for healing.

Vicki Mackie, Executive Director Sites and Insights, Inc.

Colorado Ballroom III & Zoom [All,SR]

336 Ethanol ablation roundtable: Patients share their experiences. Daria Jerauld, and Valronica Scales, PhD, ThyCa Volunteers. *Crystal III & Zoom [Adv,AYA,H,Ped,PF]*

Session Key

A: Anaplastic Adv: Advanced Disease All: All Attendees AYA: Adolescent/Young Adult H: Hurthle/Oncocytic IP: In-person Only
M: Medullary N: Newly Diagnosed Ped: Pediatric PF: Papillary/Follicular SR: Session Recorded VO: Virtual Only VP: Virtual Presenter

Sunday, October 15, 2023, 1:00 – 2:00 p.m. MDT

341 Working with your physician to determine the best treatment for you.

Megan R. Haymart, MD, Endocrinologist. *Grand Ballroom I & Zoom* [Adv,H,PF,SR]

342 Understanding thyroid hormone replacement therapy. A discussion about preparations, dosing, monitoring and TSH targets.

Jacqueline Jonklaas, MD, PhD, MPH, Endocrinologist [VP]; and

Maria Papaleontiou, MD, Endocrinologist. *Grand Ballroom II & Zoom* [All,SR]

343 Healthy nutrition and exercise tips to help you learn how to live healthier and fitter after a cancer diagnosis.

Catalina Ovalle, BSND, Nutritionist. *Crystal II & Zoom* [All]

344 Pediatric thyroid cancer. Ask a doctor your questions about pediatric thyroid cancer, from minimally invasive to advanced disease.

Luz E. Castellanos, MD, Pediatric Endocrinologist. *Crystal I & Zoom* [Ped, VP]

345 Disparities in thyroid cancer care: Why access matters.

Debbie W. Chen, MD, Endocrinologist. *Colorado Ballroom III & Zoom* [All,SR]

2:30 – 3:30 p.m. MDT

351 The importance of lifetime follow-up. Amanda LaGreca, MD, Endocrinologist.

Grand Ballroom I & Zoom [A,Adv,AYA,H,M,Ped,PF,SR]

352 The risks of secondary cancers from radioactive iodine treatment.

Erik Blomain, MD, PhD, Radiation Oncologist and Patient Advocate.

Grand Ballroom II & Zoom [Adv,AYA,H,M,N,Ped,PF,SR]

353 Medullary thyroid cancer roundtable: Including MEN2 and familial MTC.

Mary Seemueller, ThyCa Volunteer. *Crystal II* [M]

354 Refresh and restore with guided relaxation.

Donna Sherman, MSW, LCSW, Behavioral Health Coach. *Crystal I & Zoom* [All]

355 Radioactive iodine roundtable: Discussion about management of side effects, as well as safety guidelines for after you leave the dosing center. Anupam Kotwal, MD, Endocrinologist.

Colorado Ballroom III [AYA,H,N,Ped,PF]

3:40 – 4:00 p.m. MDT

361 Conference wrap-up: Resources and next steps after the conference, your feedback on the conference, and suggestions for next year.

Gary Bloom, ThyCa Executive Director; and Colleen Dolinish, ThyCa Program Coordinator.

Grand Ballroom I & Zoom [All]

Thank you for attending! We hope to see you again next year!

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