

Saturday, April 21, 2018 — 12th Thyroid Cancer Survivors' Midwest Workshop

Program Schedule

8:00 – 8:30 a.m.

**Registration, Resource Tables, Lobby
Gathering, Conference Room**

8:30 – 8:45 a.m.

**Welcome, Theresa Wickerham & Anita Schwartz,
ThyCa St Louis Support Group Facilitators**

8:45 – 9:15 a.m.

**Support Group Roundtables - Getting
acquainted. Roundtable: Sharing Our
Experiences.
Roundtable: Informal Discussion. Caregivers**

9:15 – 9:25 a.m. Break

9:25 – 10:35 a.m.

**Post Traumatic Growth – Is That Possible?
Kurt D. Soell, Ph.D., Psychotherapist. Mercy Hospital St. Louis**

10:35 – 10:45 a.m. Break

10:45 – 11:55 a.m.

**Treatment Protocol for Long Term (from an Endo viewpoint).
Irin E. Veronikis, M.D., Endocrinologist, Mercy Hospital St Louis**

11:55 – 12:05 p.m. Break

*Note: In addition to our speakers, we are pleased to announce
these special guests and resources, available during the day.*

** Sanofi-Genzyme provided us with their materials for display.*

** YMCA of Greater St Louis*

** Reiki from 2:00 p.m. to 4:00 p.m.*

** Box lunches will be available for purchase for \$7.00*

12:05 p.m.– 1:15 p.m. Lunch and Learn

From Cancer to Health – Managing Stress

Kelly O'Neal, M.S.W., L.M.S.W., Cancer Support Community of
Greater St Louis

1:15 – 1:25 p.m. Break

1:25 – 2:35 p.m.

The Power of Touch and Our Senses.

Oscar Barquero, L.M.T., N.C.T.M.B., – Healing Arts Center

2:35 – 2:45 p.m. Break

2:45 – 3:55 p.m.

**Musings of a Thyroid Cancer Blogger: Would I Have Done Anything
Differently**

Ruth A. Decker, M.D., Surgeon, St Luke's Hospital, Chesterfield

3:55 – 4:00 p.m. Break

4:00 – 4:15 p.m.

**Roundtable Discussion, Closing Remarks, Workshop Feedback and
Evaluation**

Thanks for attending!

Thank You to our Speakers...

- **Kurt D. Soell, Ph.D.** Psychotherapist, Mercy Hospital St Louis
- **Irin E. Veronikis, M.D.**, Endocrinologist. Mercy Hospital St. Louis
- **Kelly O'Neal, M.S.W., L.M.S.W.**,
Cancer Support Community of Greater St Louis
- **Oscar Barquero, L.M.T., N.C.T.M.B.**,
Healing Arts Center, St Louis
- **Ruth A. Decker, M.D.** Surgeon, St Luke's Hospital, Chesterfield

Thank You to our Workshop Organizers and Volunteers

- *ThyCa Support Group in St Louis, MO*, Gary Bloom (ThyCa Executive Director), Cherry Wunderlich, Theresa Wickerham, and other support group members who offered their assistance
- Plus, numerous “unseen” ThyCa Volunteers around the country who helped: Toll-Free Number Team, E-Mail Team, and more

Special Thanks to...

David C. Pratt Cancer Center • Edie Dodson at Sanofi-Genzyme • Mercy Hospital St Louis • YMCA of Greater St Louis • Reiki Instructors



How to Help — Visit www.thyca.org for details

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer — New volunteers welcome at any time
- Become a ThyCa Member — One year \$25, 2 years \$45, Lifetime \$225
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support **Thyroid Cancer Awareness Month** — each September, worldwide. Sponsored by ThyCa

Come to the

***21st International Thyroid Cancer Survivors' Conference •
October 19-21, 2018 • Chicago, IL***

Welcome to the 12th

Thyroid Cancer Survivors' Midwest Workshop – St Louis

Saturday, April 21, 2018

FREE

8 a.m. – 4:15 p.m.

David C. Pratt Cancer Center (located at Mercy Hospital St Louis) First Floor Conference Room
607 South New Ballas Road, St. Louis, MO 63141



Sponsored by

**ThyCa: Thyroid Cancer
Survivors' Association, Inc.SM**

www.thyca.org

A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

P.O. Box 1102, Olney, MD 20830-1102

Toll-Free: 1-877-588-7904 • E-mail: thyca@thyca.org