

Program Schedule

Updated as of October 11, 2010

At the conference, you will receive our **Daily Update Bulletin** with any changes.

Friday, October 15, 2010

8:00 a.m. Registration Desk Opens in Conference Central. *Grand Atrium/Cabernet Room*

- Walk-in conference attendees and registrations are welcome each day. Scholarships are available.
- Purchase tickets for Saturday Night's Dinner/Auction Fundraiser for Thyroid Cancer Research.
- Lunch is available any time between late morning through mid-afternoon. Get your food before or after "Lunch Hour" to reduce lines during the Lunch and Learn Sessions.

9:30 - 9:45 a.m.

101 Welcome and Morning Announcements. Peggy Melton, ThyCa Volunteer. *Monterey*

9:45 - 10:45 a.m. Getting To Know People with All Types of Thyroid Cancer

111 Open Mike Survivors'/Caregivers Roundtable. Christine Ciletti and Wayne Petrie, ThyCa Volunteers. *Monterey*

112 Open Mike Survivors'/Caregivers Roundtable. Michael Dubrow and Bill and Galina McClain, ThyCa Volunteers. *Chagall*

113 Open Mike Survivors'/Caregivers Roundtable. Dan and Lesley Clark, ThyCa Volunteers. *Mendocino*

114 Open Mike Survivors'/Caregivers Roundtable. Clayton and Rose Twigg, ThyCa Volunteers. *Galleria 2*

115 Open Mike Survivors'/Caregivers Roundtable. Theresa Wickerham, other ThyCa Volunteers. *Galleria 3*

116 Open Mike Survivors'/Caregivers Roundtable. Peggy Melton, other ThyCa Volunteers. *Galleria 4*

10:50 a.m. - 12:00 p.m.

121 The ABCs of Thyroid Cancer: The Meaning of Key Terms Doctors Use When Talking With Their Patients. Ildiko Lingvay, M.D., M.P.H., M.Sc., Endocrinologist. *Monterey*

122 Medullary Thyroid Cancer: Treatment Options for Aggressive, Persistent Disease. Mimi I. Hu, M.D., Endocrinologist. *Chagall*

123 Contemporary Surgical Treatment of Differentiated Thyroid Cancer and Recurrent Thyroid Cancer. Gary L. Clayman, D.M.D., M.D., F.A.C.S., Surgeon. *Mendocino*

124 Understanding Your Communication Style: A Path to Understanding by *Seeing Others through the Lens of DiSC*. Your communication style affects your relationships with your doctors, your loved ones, and everyone you encounter. Cheri Lindle, M.Ed., Trainer. *Galleria 2*

Friday ... 10:50 a.m. - 12:00 p.m.

- 125 The Impact of Pain on Mood and Quality of Life, Challenges in Communicating About Pain, and Patients' and Physicians' Beliefs about Cancer Pain.** Teresa L. Deshields, Ph.D., Psychologist. *Galleria 3*
- 126 Understanding Variants of Differentiated Thyroid Cancer (Hurthle, Tall Cell, Insular, Columnar, etc.) and Their Management Issues.** Bryan McIver, M.B., Ph.D., F.R.C.P., Endocrinologist. *Galleria 4*
- 127 Caregivers Tools for Coping with Stress and Family Communications.** Dan Clark, Lee Melton, and Louise Samuel, ThyCa Volunteers. *Dali*

12:15 - 1:00 p.m. Lunch and Learn Roundtables. Bring your lunch.

- 131 The rhTSH Story: Uses, Benefits, Challenges, and Limited Access.** Bryan McIver, M.B., Ph.D., F.R.C.P., Endocrinologist. *Monterey*
- 132 Learn About the International Thyroid Oncology Group, Its Cooperative Relationship with ThyCa, and Challenges for the Future.** Robert F. Gagel, M.D., Endocrinologist, and Dwight Vicks, ThyCa Volunteer. *Chagall*
- 133 Roundtable: Challenges of Coping with Thyroid Cancer and Handling Full Time Work, Family Responsibilities, or Both.** Fran Goodstat and Debi Walters, ThyCa Volunteers. *Mendocino*
- 134 Roundtable: Coping Skills for Dealing with Testing and Treatment Fears.** Michael Dubrow and Pat Paillard, ThyCa Volunteers. *Galleria 2*
- 135 Roundtable: Dealing with Pediatric Thyroid Cancer.** Lauri Huber, ThyCa Volunteer. *Galleria 3*
- 136 Roundtable: Anaplastic Thyroid Cancer.** Clayton Twigg and Rose Twigg, ThyCa Volunteers. *Galleria 4*

1:15 - 2:25 p.m.

- 141 Systemic Therapies for RAI-Resistant Differentiated Thyroid Cancer.** Maria E. Cabanillas, M.D., Endocrinologist. *Monterey*
- 142 Living with Medullary Thyroid Cancer.** Robert F. Gagel, M.D., Endocrinologist. *Chagall*
- 143 Surgical Treatment of Thyroid Cancer.** Shelby Holt, M.D., Surgeon. *Mendocino*
- 144 A Physician Discusses the Merits of Complementary and Alternative Medicine Options.** Jennifer Rosen, M.D., Surgeon. *Galleria 2*
- 145 Thyroid Cancer, How is the Disease Different for Young People?** Steven G. Waguespack, M.D., Endocrinologist. *Galleria 3*
- 146 An Update on Anaplastic Thyroid Cancer: Is There Any Cause for Optimism?** Bryan McIver, M.B., Ph.D., F.R.C.P., Endocrinologist. *Galleria 4*
- 147 Ask an Attorney about Legal Issues Related to Employment and Workers Compensation Issues.** Christine Neill, Esq., Attorney. *Dali*

Friday ... 2:40 - 3:50 p.m.

151 Pregnancy and Parenting Issues When Dealing with Thyroid Cancer. Rebecca Brown, M.D.,
Endocrinologist. *Monterey*

152 Medullary Thyroid Cancer: Vandetanib – Current Results and Future Directions.
Samuel A. Wells, M.D, Surgeon. *Chagall*

**153 Issues in Preparing for a Radioactive Iodine (RAI) Scan or Treatment: Inpatient or Outpatient;
Ensuring the Safety of Family Members and Others; Handling the Post-treatment Phase at Home;
and Dealing With Insurance Issues.** Peter Crane, Esq., ThyCa Volunteer, and Jim Luehman, Deputy
Director Division of Materials Safety and State Agreements, U.S. Nuclear Regulatory Commission.
Mendocino

154 Ask an Attorney about Legal Issues Related to Financial and Estate Planning.
John R. Vermillion, Esq., Attorney. *Galleria 2*

155 Thyroid Cancer, How is the Care Different for Young People? Steven G. Waguespack, M.D.,
Endocrinologist. *Galleria 3*

**156 Knowing When to say “No”: What is the Role for “Palliation”, and Why Does it Sometimes Seem Like
a Dirty Word.** Bryan McIver, M.B., Ph.D., F.R.C.P., Endocrinologist. *Galleria 4*

4:05 - 5:15 p.m.

161 Long-Term Management of Differentiated Thyroid Cancer. Rebecca Brown, M.D., Endocrinologist.
Monterey

162 Roundtable: MEN2. Vickie Baggett and Sondra Touris, ThyCa Volunteers. *Chagall*

**163 Ethanol Ablation, A Combined Session for Differentiated and Medullary Thyroid Cancer: Where,
When, Who, and Why?** Bryan McIver, M.B., Ph.D., F.R.C.P., Endocrinologist. *Mendocino*

164 The Thyroid Cancer Survivorship Clinic Model and Its Benefits for Patients.

Mouhammed A. Habra, M.D., Endocrinologist, and Sherrie Flores, R.N.C., W.H.C.N.P.-B.C. *Galleria 2*

165 Thyroid Cancer—The Invisible Cancer. Looking at the fact that patients do not look ill, yet coping with
all the same issues as other cancer patients. Lynn Waldmann, L.C.S.W., Social Worker. *Galleria 3*

166 Choosing a Clinical Trial: The Patient’s Perspective on What To Consider. Rebecca Lord, Clayton
Twigg, and Rose Twigg, ThyCa Volunteers. *Galleria 4*

5:30 - 7:00 p.m.

**171 Special Event: ThyCa Volunteer Appreciation Reception
Annual Meeting, and Informal Social Time with Refreshments.**

Free. Bring your suggestions for strengthening ThyCa’s support services! Stay for conversation, drinks,
and snacks! Refreshments courtesy of our friends at AstraZeneca and Exelixis. *Mendocino*

5:00 - 9:00 p.m. Your choice for dinner.

181 Dinner on Your Own. Enjoy dinner at the hotel or a local area restaurant with new or old friends.

182 Dinner for Medullary Families. See the Medullary Group Volunteers for details.

Saturday, October 16, 2010

8:00 a.m. Registration Desk Opens in Conference Central. *Grand Atrium/Cabernet Room*

- Walk-in conference attendees and registrations are welcome. Scholarships are available.
- Purchase tickets (by noon) for Tonight's Dinner/Auction Fundraiser for Thyroid Cancer Research.
- Lunch is available any time between late morning through mid-afternoon. Get your food before or after "Lunch Hour" to reduce lines during the Lunch and Learn sessions.

8:00 - 9:10 a.m. Early-Bird Sessions

201 Thyroid Cancer Scans and New Imaging Techniques. Donald Margouleff, M.D., Nuclear Medicine Physician. *Monterey*

202 Medullary Thyroid Cancer: MEN2 and Familial MTC. Theresa A. Rich, M.S., C.G.C., Certified Genetic Counselor. *Chagall*

203 Roundtable: Living with Thyroid Cancer and Coping with Recurrent or Persistent Disease. Christine Ciletti and Theresa Wickerham, ThyCa Volunteers. *Mendocino*

204 Roundtable: Meeting Others Dealing with Pediatric Thyroid Cancer. Lauri Huber, ThyCa Volunteer. *Galleria 2*

9:10 - 9:20 a.m.

211 Morning Announcements. Peggy Melton, ThyCa Volunteer. *Monterey*

9:25 - 10:35 a.m.

221 The Increasing Incidence of Differentiated Thyroid Cancer, and Managing It in the First Few Years After Diagnosis. Jennifer A. Sipos, M.D., Endocrinologist. *Monterey*

222 Roundtable: Medullary Thyroid Cancer. Jan Halzel, Pharm.D. *Chagall*

223 An Overview of the Many Radiological Imaging Tools. Donald Margouleff, M.D., Nuclear Medicine Physician. *Mendocino*

224 Documentary Premiere and Discussion: Differentiated Thyroid Cancer's Magic Bullet. Documentary Film about Thyroid Cancer with Patients and Experts Explaining What To Expect Before, During, and After Receiving Radioiodine. Nick Isenberg, Documentary Film Producer and Thyroid Cancer Survivor. *Galleria 2*

225 Roundtable: Coping with Side Effects When Taking New Targeted Therapy Drugs, Living With Advanced Thyroid Cancer. Rick Abrams, Rebecca Lord, and Jo Walker, ThyCa Volunteers. *Galleria 3*

Saturday ... 10:50 a.m. - 12:00 p.m.

231 Treatment of Metastatic Differentiated Thyroid Cancer: When To Treat, and Treatment Options.

Naifa L. Busaidy, M.D., Endocrinologist. *Monterey*

232 Medullary Thyroid Cancer: A Focus on Monitoring. Mira Milas, M.D., Surgeon. *Chagall*

233 Preventing and Solving Issues for Your Mouth, Salivary Glands, and Teeth from Radiation

Treatment: Differences in Issues with Radioactive Iodine and External Beam Radiation.

Mark S. Chambers, M.S., D.M.D., Oral Medicine Specialist. *Mendocino*

234 What To Do Post-Therapy as an Outpatient, as Well as Side Effects of Treatment and How To Avoid Them. Carol Anderson, M.D., Nuclear Medicine Physician. *Galleria 2*

235 Hypoparathyroidism: Issues, Research, Coping. Julie Hunsaker and Carol Sanders, Hypoparathyroidism Association, and Candy Zechmeister, ThyCa Volunteer. *Galleria 3*

236 Discussion About Anaplastic Thyroid Cancer, Including Treatment Options and Considering a Clinical Trial. Clayton Twigg and Rose Twigg, ThyCa Volunteers. *Galleria 4*

12:15 - 1:00 p.m. Lunch and Learn Roundtables. Bring your lunch.

241 Informal Discussion: Seeking a Second Opinion, When is it Time? Naifa L. Busaidy, M.D., Endocrinologist. *Monterey*

242 Roundtable: Medullary Thyroid Cancer. Jan Halzel, Pharm.D. *Chagall*

243 Patient/Physician Relationships: Effective Communication and Coordination.

Pamela Schultz, R.N., Ph.D., Research Nurse. *Mendocino*

244 Getting Involved and Volunteering for ThyCa. Michael Dubrow, ThyCa Volunteer. *Galleria 2*

245 Roundtable: Young Adults. Debi Walters, ThyCa Volunteer. *Galleria 3*

1:15 - 2:25 p.m.

251 Dosage Decisions for Radioiodine (I¹³¹) and the Utility of I¹³¹ Whole Body Scans.

Donald Margouleff, M.D., Nuclear Medicine Physician. *Monterey*

252 Medullary Thyroid Cancer: XL184. Gisela M. Schwab, M.D. *Chagall*

253 Discussion about Thyroid Cancer Surgery and Voice Issues. David Myssiorek, M.D., Otolaryngologist. *Mendocino*

254 Using New Targeted Therapy Compounds. Jochen Lorch, M.D., M.Sc., Oncologist. *Galleria 2*

255 Roundtable: for Prospective Local Support Group Facilitators. Sandy Triplett, Director of Support Groups. *Galleria 3*

256 Anaplastic Thyroid Cancer: Preliminary Results From the CA4P Clinical Trial.

Julie Ann Sosa, M.D., M.A., Surgeon. *Galleria 4*

257 Legal Issues Related to Social Security and Disability Laws. Carl Weisbrod, Esq., Attorney. *Dali*

Saturday ... 2:40 - 3:50 p.m.

261 Papillary/Follicular Thyroid Cancer: Key Issues in Initial Treatment and When There's Recurrent or Persistent Disease. Beatriz Tendler, M.D., Endocrinologist. *Monterey*

262 A Surgical Approach to Medullary Thyroid Cancer. Julie Ann Sosa, M.D., M.A., Surgeon. *Chagall*

263 Treatment Options for Targeted Therapies for Advanced Cancers, Including What Patients Can Expect From These Treatments, and What They Should Look for in Pursuing Care.

Marcia S. Brose, M.D., Ph.D., Oncologist. *Mendocino*

264 Physician-Patient Communications: Building a Strong Alliance and Teamwork. Lesley Clark and Theresa Wickerham, ThyCa Volunteers. *Galleria 2*

265 Current Concepts of Pediatric Thyroid Cancer Care. Scott A. Rivkees, M.D., Pediatric Endocrinologist. *Galleria 3*

266 Roundtable: Current Local ThyCa Support Group Facilitators. Sandy Triplett, Director of Support Groups. *Galleria 4*

267 Humor and Healing: Laughter Exercises for Everyone. Janet Adams, Humor Specialist. *Dali*

4:05 - 5:15 p.m.

272 Understanding the Biology of Medullary Thyroid Cancer. Gilbert Cote, Ph.D. *Chagall*

274 Differentiated Thyroid Cancer: Thyroglobulin Measurement, and Other Key Follow-Up Issues.

Beatriz Tendler, M.D., Endocrinologist. *Galleria 2*

275 Voice Issues: Causes, Prevention, Solutions. David Myssiorek, M.D., Otolaryngologist. *Galleria 3*

276 Survivorship: The Lifetime Journey. The transition from patient to survivor and setting in motion a life plan of coping. Lynn Waldmann, L.C.S.W. Social Worker. *Galleria 4*

277 Familial Papillary/Follicular (Non-Medullary) Thyroid Cancer. Rebecca Nagy, M.S., C.G.C., Certified Genetic Counselor. *Dali*

6:00 - 9:00 p.m.

ThyCa Dinner/Auction to Raise Funds for Thyroid Cancer Research. *Mendocino/Sonoma*

- Come for the Dinner/Auction to support Thyroid Cancer Research, and stay for the socializing, conversation, live music, and dancing!
- Dinner/Auction from 6 p.m. - 9 p.m.
- Auction check-out/items pick-up from 9 p.m. - 10 p.m.
- Socializing, and conversation 6 p.m. - midnight
- Live music, and dancing 9 p.m. - midnight
- Stay and enjoy the whole evening!

Sunday, October 17, 2010

8:00 a.m. Registration Desk Opens in Conference Central. *Grand Atrium/Cabernet Room*

- Walk-in conference attendees and registrations are welcome. Scholarships are available.
- Lunch is available any time between late morning through mid-afternoon. Get your food before or after “Lunch Hour” to reduce lines during the Lunch and Learn sessions.

8:00 - 9:10 a.m. Early-Bird Sessions

301 Managing Your Thyroid Cancer Care and Your Other Medical Care, Including Patient-Physician Communication, Care Coordination, and When and How To Seek a Second Opinion.

Uzma Z. Khan, M.D., Endocrinologist. *Monterey*

302 Roundtable: Medullary Thyroid Cancer Living with the Watchful Waiting Phase of MTC.

Jan Halzel, Pharm.D. *Chagall*

303 Understanding the Side Effects and Ways to Deal With Targeted Therapies and Side Effect

Management. Laura S. Wood, R.N., M.S.N., O.C.N., Renal Cancer Research Coordinator. *Mendocino*

304 Pregnancy and Relationship Issues After a Thyroid Cancer Diagnosis and Surviving Both Thyroid Cancer and Pregnancy. Pamela Schultz, R.N., Ph.D., Research Nurse. *Galleria 2*

305 Roundtable: Pediatric and Young People's Thyroid Cancer. Tom Engle, ThyCa Volunteer. *Galleria 3*

306 Easy Ways To Get Fit and Stay Fit through Exercise, at Any Age. C.J. Hartman, M.A., Certified USAT Coach and WSI Swim Instructor. *Galleria 4*

9:10 - 9:20 a.m.

311 Morning Announcements. Peggy Melton, ThyCa Volunteer. *Monterey*

9:25 - 10:35 a.m.

321 New Guidelines From the American Thyroid Association – Individualized Treatment and Follow-up Using Staging and Prognostic Systems. Joshua P. Klopper, M.D., Endocrinologist. *Monterey*

322 Clinical Trials for MTC – When is it Right for You? Pamela Schultz, R.N., Ph.D., Research Nurse. *Chagall*

323 Understanding the Side Effects and Ways to Deal With Targeted Therapies and Side Effect

Management. Laura S. Wood, R.N., M.S.N., O.C.N., Renal Cancer Research Coordinator. *Mendocino*

324 Getting Involved: Volunteering and Becoming Active in ThyCa. Louise Samuel, ThyCa Volunteer, and Gary Bloom, ThyCa Executive Director. *Galleria 2*

325 Voice Issues, Discussing the Survey Results, and How Future Care Will be Impacted. David Myssiorek, M.D., Otolaryngologist. *Galleria 3*

326 Roundtable: Anaplastic Thyroid Cancer, What We Learned This Weekend. Rose Twigg, ThyCa Volunteer. *Galleria 4*

327 Humor and Healing: Laughter Exercises for Everyone. Janet Adams, Humor Specialist. *Dali*

Sunday ... 10:50 a.m. - 12:00 p.m.

- 331 Thyroid Hormone Suppression Therapy: Benefits and Risks.** Joshua P. Klopper, M.D., Endocrinologist.
Monterey
- 332 Medullary Thyroid Cancer: New Drugs, New Data as They Pertain to You, the Patient.**
Douglas W. Ball, M.D., Endocrinologist. *Chagall*
- 333 Ask an Oncologist About Treatment of Radioactive Iodine-Resistant Advanced Differentiated Thyroid Cancer.** Lori J. Wirth, M.D., Medical Oncologist. *Mendocino*
- 334 Fine Needle Aspiration (FNA) of Thyroid Nodules: Usefulness, Limitations, and When To Get a Second Opinion.** Michelle D. Williams, M.D., Pathologist. *Galleria 2*
- 335 Recent research advances affecting decisions about which patients should receive radioiodine, and about frequency and type of follow-up monitoring in the first few years after treatment.**
Anita Ying, M.D., Endocrinologist. *Galleria 3*
- 336 Acupuncture and Mind-Body Approaches for Complementary Care, Based on Traditional Oriental Medicine.** Patti Carey, L.Ac., Licensed Acupuncturist. *Galleria 4*
- 337 Roundtable: Issues Experienced by Newly Diagnosed, in the First Few Years, and After Many Years.**
Peggy Melton, Janet Adams, ThyCa Volunteers, and Others. *Dali*

12:15 - 1:25 p.m. Lunch and Learn Roundtables. Bring your lunch.

- 341 Clinical Trials (What are Phase I, Phase II and Phase III Clinical Trials?), Informed Consent and What IRB's Do.** Michelle D. Williams, M.D., Pathologist. *Monterey*
- 342 Medullary Thyroid Cancer: An Endocrinologist's Perspective.** Douglas W. Ball, M.D., Endocrinologist.
Chagall
- 343 Getting Involved in the ThyCa Person-To-Person Network for One-To-One Support.** Peggy Melton, ThyCa Volunteer. *Mendocino*
- 344 Roundtable: Caregivers – Helping our Family Member, Helping Ourselves.** Dan Clark, Lee Melton, and Bob Samuel, ThyCa Volunteers. *Galleria 2*
- 345 Fundraising for Research: Moving Toward Our Dream of Cures for All Thyroid Cancer.** Gary Bloom, ThyCa Executive Director, and Sherryl Pascal, Ms. East Coast Globe 2011. *Galleria 3*

1:40 - 2:50 p.m.

- 351 Roundtable: Papillary and Follicular Thyroid Cancer.** ThyCa Volunteers. *Monterey*
- 352 Roundtable: Medullary Thyroid Cancer.** ThyCa Volunteer. *Chagall*
- 353 Roundtable: Papillary and Follicular Thyroid Cancer.** ThyCa Volunteer. *Mendocino*
- 354 Roundtable: Anaplastic Thyroid Cancer.** Clayton Twigg and Rose Twigg, ThyCa Volunteers. *Galleria 2*

3:00 - 3:30 p.m.

- 361 Conference Wrap-Up; Your Feedback and Suggestions for Next Year.** Conference Team. *Monterey*
Thank you for coming! We hope to see you in the coming year!