

How To Help

- Give Thyroid Cancer Awareness brochures to your friends and relatives. Help raise awareness of thyroid cancer and the importance of early detection, treatment, and lifelong follow-up. Tell people about ThyCa's free support services, educational events, and web site.
- Become a ThyCa volunteer
- Become a ThyCa member
- Donate to our Rally for Research 2011
- Spread the word about the
14th International Thyroid Cancer Survivors' Conference
October 14-16, 2011 • Los Angeles, California
- To find out more, visit the "How To Help" section of our web site
www.thyca.org



Welcome to the **Thyroid Cancer Survivors' Midwest Workshop in St. Louis**

Saturday, April 16, 2011

FREE

8 a.m. - 5 p.m.

David C. Pratt Cancer Center, St John's Mercy Cancer Center
615 South New Ballas Road, St. Louis, MO 63123



Organized by the ThyCa St. Louis Support Group
Sponsored by:

**ThyCa: Thyroid Cancer
Survivors' Association, Inc.SM**
www.thyca.org

A national nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

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Program Schedule

Thank you to

- Our Speakers and Special Guests
- The ThyCa St. Louis Support Group Volunteers
- The “Unseen” ThyCa Volunteers around the country who helped
- David C. Pratt Cancer Center, St John’s Mercy Cancer Center

For more information about thyroid cancer and to find free support groups and one-to-one support, visit www.thyca.org

- **Visit our web site www.thyca.org** for more information about thyroid cancer treatment, research, and ThyCa's free support groups and other free support services, special events, and publications.
- ThyCa's web site has more than 650 pages, as well as links to more than 100 related medical web sites, organizations, and publications.
- More than 50 distinguished physician specialists, plus many other specialists, provide ongoing input and review for the web site’s medical information.
- Numerous free downloadable publications are available on ThyCa's web site. These include the *Low-Iodine Cookbook* (in English, French, and Spanish), thyroid cancer awareness flyers and signs, neck check cards, fact sheets about thyroid cancer in English and Spanish, plastic wallet cards, and more.



Note: In addition to our speakers, we are pleased to announce these special guests and resources, available during the day—

- **Edie Dodson**, Genzyme Representative (*Thyrogen Questions*)
- **Abbott Manufacturing Table Display**, Susan Clark & Kayla Rupert;
- **Fleming Pharmaceuticals** will provide literature on ThyroShield (potassium iodide)

7:00 a.m.-8:00 a.m. Registration

8:00 a.m.-8:15 a.m. **Welcome.** Theresa Wickerham and Tom Engle, ThyCa St. Louis Support Group Facilitators

8:15 a.m.-8:50 a.m. **Support Group Roundtables** — Get Acquainted

8:50 a.m.-9:00 a.m. Break

9:00 a.m.-10:20 a.m. **The ABC's of Thyroid Cancer.** Uzma Khan, M.D., Endocrinologist, Assistant Professor of Medicine, Cosmopolitan International Diabetes & Endocrinology Center, Columbia, MO

9:00 a.m.-10:20 a.m. **Dental Issues in Thyroid Cancer.** Christopher Wolken, D.D.S. Dentist, Wolken Family Dentistry, St. Louis MO

10:20 a.m.-10:30 a.m. Break

10:30 a.m.-12 noon. **How Much Surgery Is the Right Amount?** Mark Varvares, M.D., F.A.C.S., Chair, Department of Otolaryngology—Head & Neck Surgery; Director, St. Louis University Cancer Center, St. Louis, MO

Noon-1:00 p.m. Lunchtime Break

1:00 p.m. - 2:20 p.m. **The Top 10 Questions Patients Ask.** David Butler, M.D., Radiation Oncologist, St. Luke's Hospital, St. Louis, MO

2:20 p.m.- 2:30 p.m. Break

2:30 p.m.-3:30 p.m. **A Thyroid Cancer Survivor with Bone Mets Tells Her Story.** Marianne Kargas

3:30 p.m.-3:40 p.m. Break

3:40 p.m.-4:30 p.m. **Roundtable Discussion**

4:30 p.m.-5:00 p.m. **Closing Remarks.** Workshop Feedback and Evaluation